



Preliminary Heats

Monday, March 23, 2026

11 a.m. to 1 p.m.

Riverview Room, Jenkins Hall
Dalhousie Agricultural Campus
40 Horseshoe Crescent, Truro, NS



About 3MT

What is Three Minute Thesis?

The Three Minute Thesis (3MT®) is a skills development activity that challenges participants to explain their thesis or project to a non-specialist audience in just three minutes.

What are the rules?

- A single static slide is permitted, presented from the beginning of the oration.
- No additional electronic media or props are permitted.
- Presentations are to be spoken word.
- Presentations have commenced when the presenter starts their presentation through movement or speech.
- Presentations are 3 minutes and competitors exceeding 3 minutes are disqualified.
- The decision of the adjudicating panel is final.

What are the prizes?

3MT heat participants who move forward in the competition will have the chance to win the following prizes during the finals:

- **First place:** \$1,000 and eligible participants have the opportunity to represent Dalhousie at the Eastern Regional 3MT Competition
- **Second place:** \$500
- **Third place:** \$250
- **People's Choice Award:** \$500 (in addition to any other prize money received)

Judging criteria

What are the judges looking for?

At every level of the competition, each competitor will be assessed on the judging criteria listed below. Each criterion is equally weighted and has an emphasis on audience.

Comprehension and content

- Presentation provided clear motivation, background, and significance to the research question;
- Presentation clearly described the research strategy/design and the results/findings of the research; and
- Presentation clearly described the conclusions, outcomes and impact of the research.

Engagement and communication

- The oration was delivered clearly, and the language was appropriate for a non-specialist audience;
- The PowerPoint slide was well-defined and enhanced the presentation; and
- The presenter conveyed enthusiasm for their research and captured and maintained the audience's attention.

Schedule of competitors

Heat 1 | 11 a.m. to 12 p.m.

Kapeeran Venkatesan, Plant, Food and Environmental Sciences

Prakhar Talwar, Engineering

Sukhjinder Singh, Engineering

Kavindya Samarakoon, Plant, Food and Environmental Sciences

Msughter Guusu, Engineering

Sahil Sahil, Engineering

Heat 2 | 12 to 1 p.m.

Tanya Vijay Singh, Engineering

Caitlin McCavour, Plant, Food and Environmental Sciences

Dinushi Gamage, Plant, Food and Environmental Sciences

Emma Stainforth, Plant, Food and Environmental Sciences

Subhiksha Jayakumar, Engineering

Min Zhou, Plant, Food and Environmental Sciences

Schedule of judges

Heats 1 & 2 | 11 a.m. to 1 p.m.

Glen Dsouza

Engineering

Lord Abbey

Engineering

Jaclyn Chambers Page

Libraries

Natalie Diether

Animal Science and Aquaculture

Rebecca Meagher

Animal Science and Aquaculture

Thank you to our supporters!

Dalhousie Copyright Office

Jaclyn Chambers Page, Copyright Services Specialist

Dalhousie Libraries

Lindsay McNiff, Learning & Instruction Librarian

Dalhousie Office of Commercialization and Industry Engagement

Annette Rushton, Managing Director, Commercialization & Licensing

Dalhousie Writing Centre

Janice MacDonald Eddington, Associate Director Student Academic Success

Dr. Adam Auch, Writing Advisor

Dr. Brendan Wright, International Student Writing Advisor

Writing Centre tutors

Dalhousie Studying for Success Program

Studying for Success coaches

Dalhousie International Centre

Erika Sommerville, University & Community Transition Officer

NATIONAL Public Relations

Iain Deans, Senior Counsel, Creative Strategy

Kristan Hines, Senior Vice President, Public Affairs

Rachel Cunningham, Senior Consultant

Previous Finalists as Coaches

Ahmed Ramadan (PhD Candidate, Biomedical Engineering)

Cédric Blais (PhD Candidate, Biochemistry and Molecular Biology)

Dr. Sharon Vogel (PhD, English)

Join us for the 3MT Finals!

Tuesday, March 31, 2026

6 to 9 p.m. | Reception included

McInnes Room

2nd Floor, Student Union Building

6136 University Ave, Halifax

dal.ca/grad/3MT

Free admission • All are welcome!

