



***Primary Palliative Care
Research Group.
Strategic growth***

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www.chs.ed.ac.uk/gp/research/ppcrg.php

Values

- Equity of care according to need
- More care in the community
- Value spiritual aspects

How to achieve

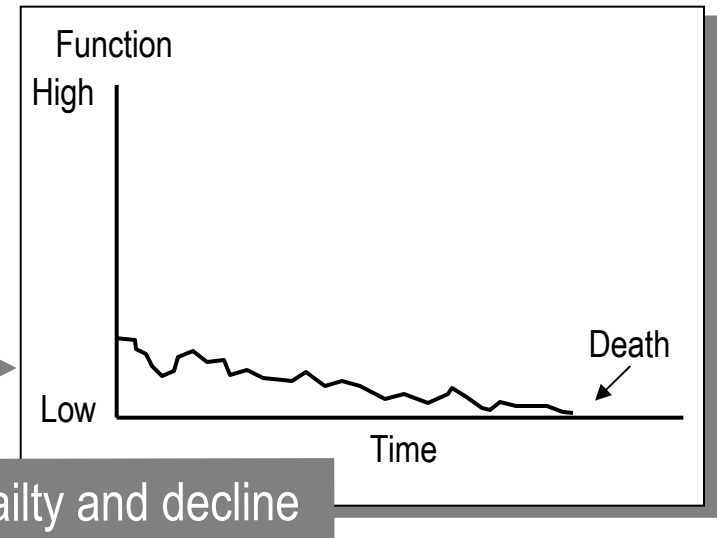
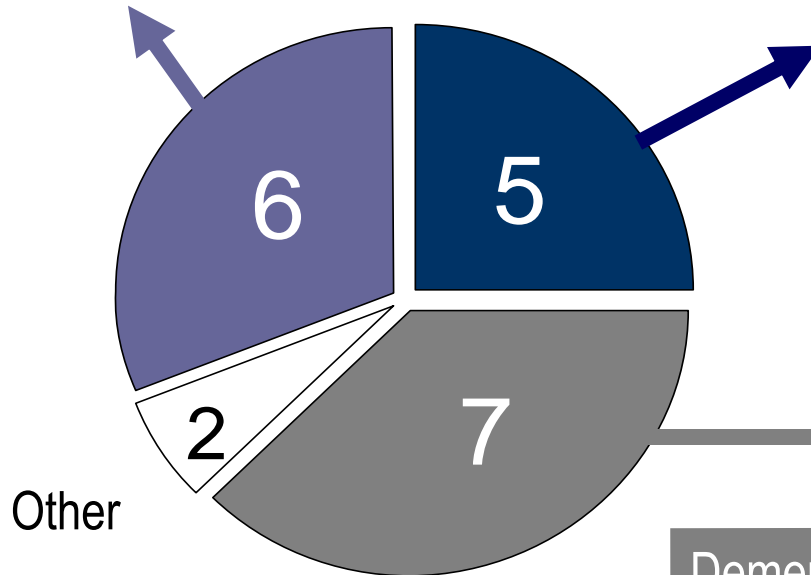
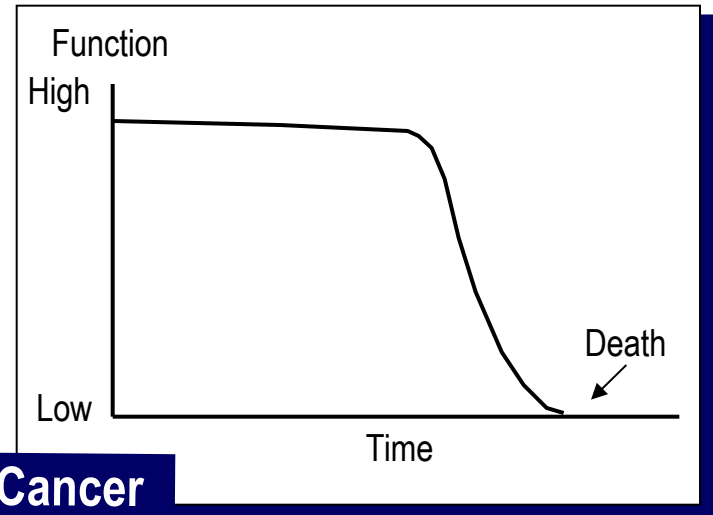
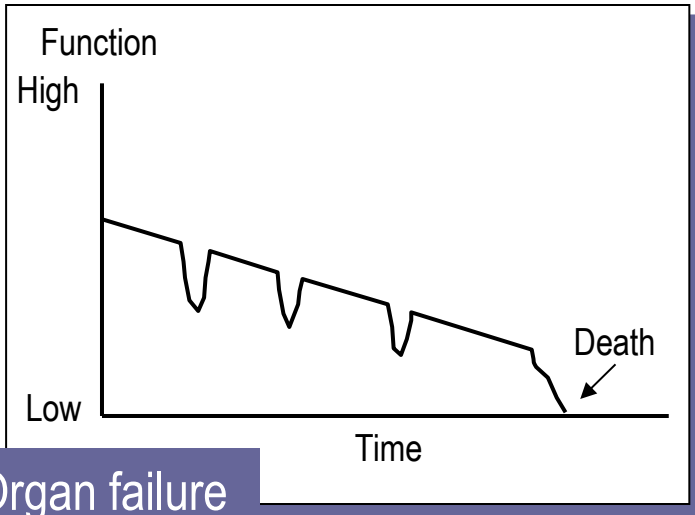
- Select strategic topic
- best method(s)
- Recruit best staff..be bold
- Value all members
- Clinical relevance

Needed to understand illness experience

- Qualitative expertise
- Social worker
- Pall med spec
- Chaplain
- Cardiologist
- nursing

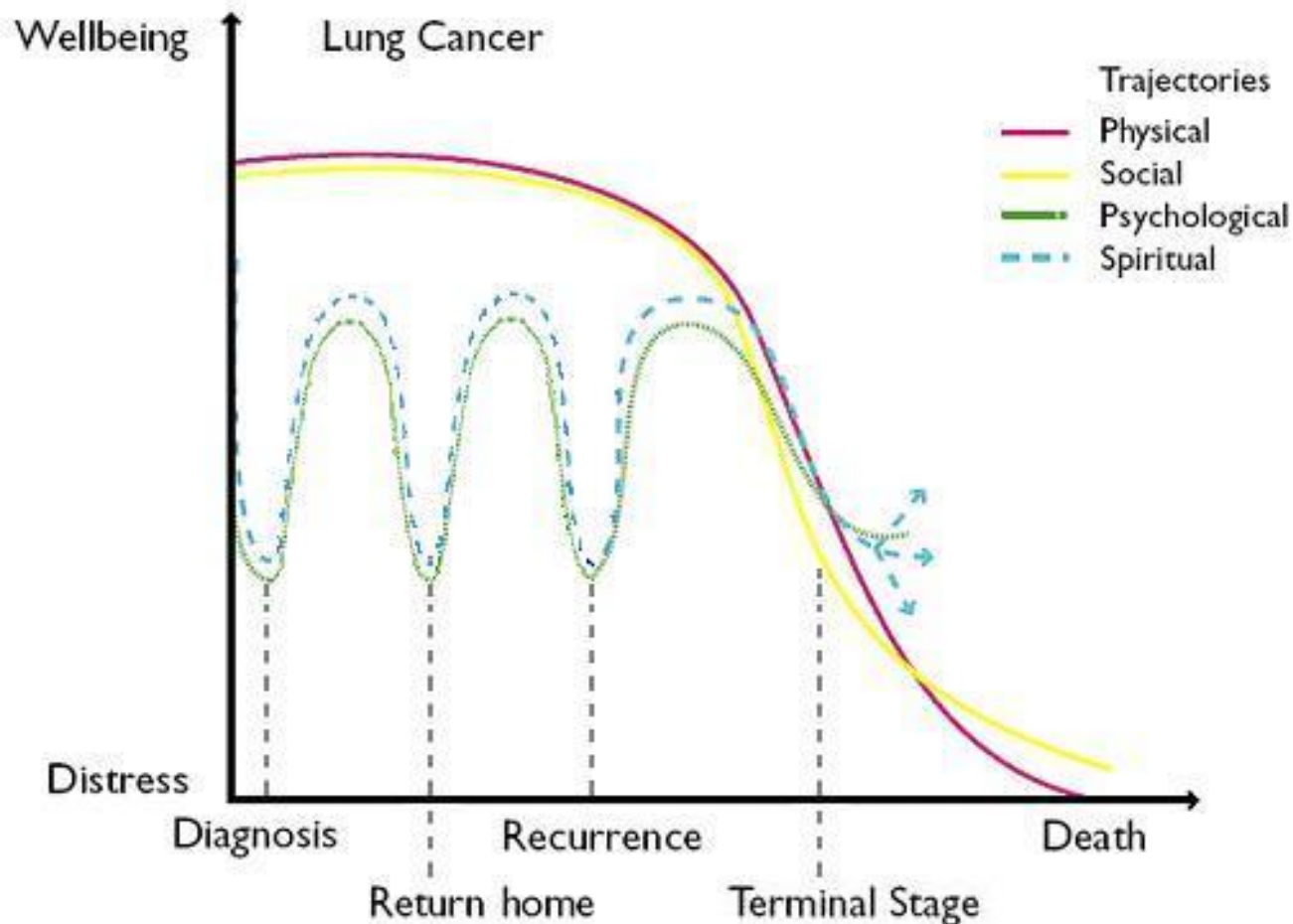
Vision for Palliative Care:

3 trajectories of decline, 4 dimensions of need, and in 4 settings



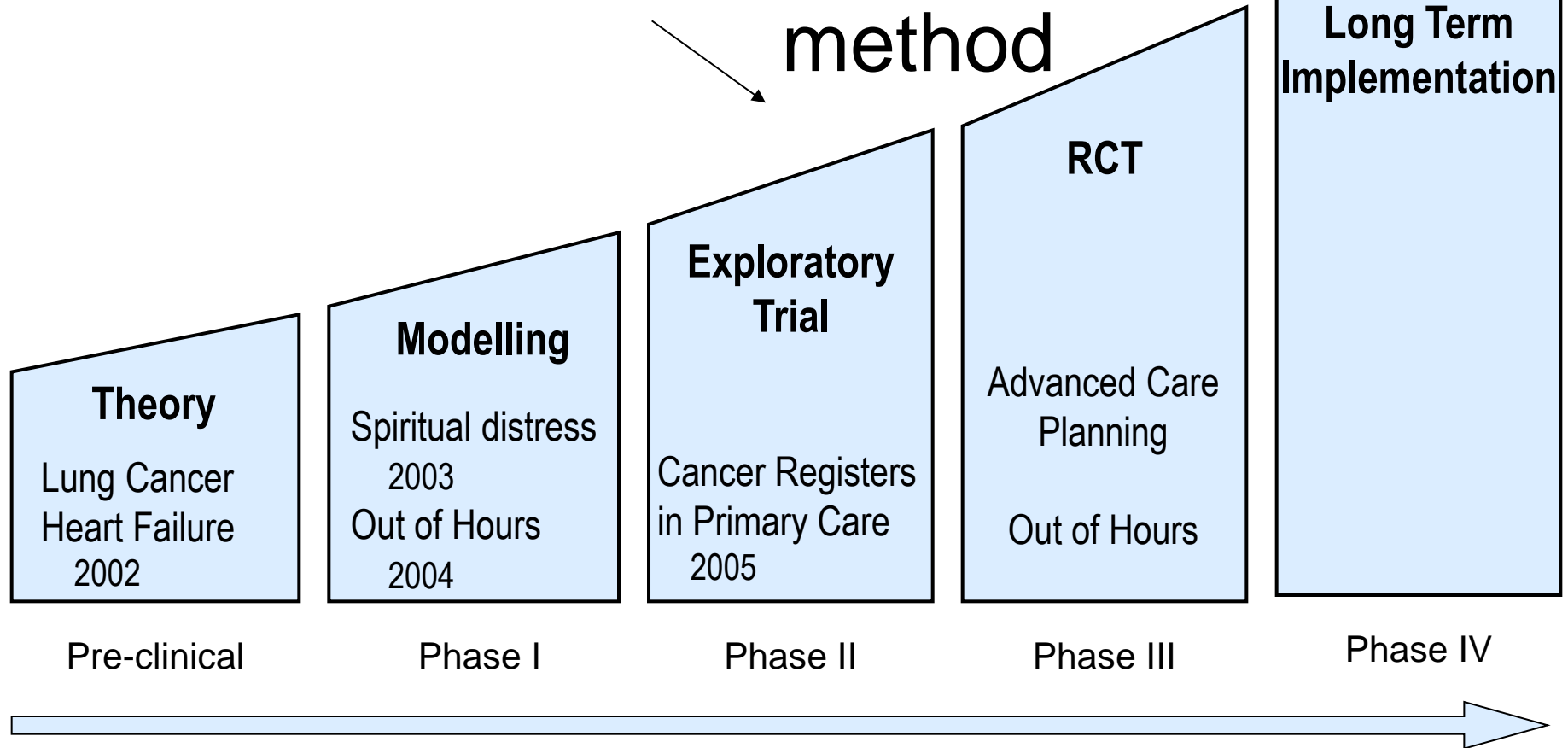
- Lung cancer - physical and social trajectories interrelated, while psychological and spiritual distress tends to increase at four specific transitions.

Figure 1: Physical, social, psychological and spiritual wellbeing in the last year of life



Aim of the Primary Palliative Care Research Group

To understand the experiences of patients with life-limiting illnesses and their carers, and to develop and test best models of care.



MRC Framework for evaluation of complex interventions



**NHS Cancer Centre
Palliative Medicine WGH
Anaesthetics**

**St Columba's Hospice
Marie Curie Hospice
Palliative Medicine RIE
Primary care
Cardiologists
Nursing studies
Social scientists
SCAN
Public Health & Primary
Care Research Centre**

**Our research
group**

**Cancer Research Centre
Psychiatry, Psychology**

A vertical stack of logos for various organizations. From top to bottom: the Medical Research Council (MRC) logo; the Arthritis Research Campaign (arc) logo with the phone number 0870 850 5000 and website www.arc.org.uk; the National Cancer Research Institute (NCRI) logo; the British Heart Foundation logo; and the Cancer Research UK logo.

National and international

Proposed activities

Research: intervention studies

- Advanced care planning at practice level: a cluster RCT.
 - Improving services for people with advanced heart failure
- Campbell NC et al. Designing and evaluating complex interventions to improve health care. *BMJ*. 2007; **334**: 455-459.

Teaching

- Undergraduate:
- Postgraduate: research training, PhDs, MSc modules

Impact on service development

- More and better care in the community by generalists