



PERSONAL PROGRAM GOALS

INSTRUCTIONS: This form is to be completed by all candidates. If the candidate cannot complete the form, a communication partner may provide assistance.

Communication therapy is the primary focus of the InteRACT program. Therapy goals are designed for each participant based on his/her communication needs. This can include working on speaking, listening, reading, and/or writing.

Another goal of InteRACT is to work on returning to social and leisure activities in your community. Each participant will learn strategies based on his/her interests and needs.

Participants need to demonstrate that they have specific and realistic goals for their participation in this program. We need to understand your goals to be able to develop an individualized therapy program for you.

Please answer these questions *as specifically as possible*.

1. What activities do you want to be able to do?

(For example, go to movies, go out to lunch with friends...)

2. What kinds of trouble do you have with these activities?

(For example, can't understand the movie, embarrassed by difficulty talking with friends, no programs available in my community, no transportation available...)

TURN OVER...

3. What kinds of communication situations do you have difficulty with?

(For example, group conversations, understanding in noisy settings, getting my point across, making decisions...)

4. What are your goals for communication?

(For example, be able to read the newspaper, be able to write my own checks, be able to talk to family members, be able to understand TV programs, be able to talk in a group conversation, be able to answer the telephone...)