



PICTORIAL
FIT-FRAIL
SCALE

HCP VERSION

For each category, choose ONE picture that is closest to your patient's USUAL state. Circle the score below that picture and transfer it to the right.

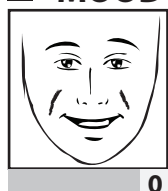
NAME: _____

DATE: _____

TOTAL SCORE

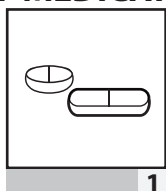
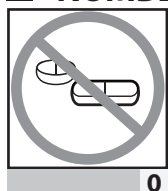


1 MOOD

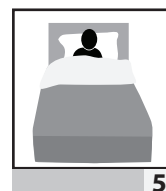
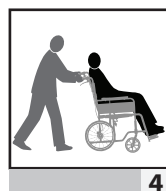


SCORE

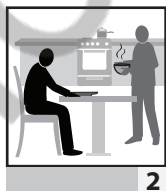
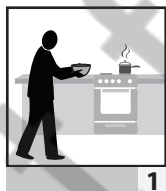
2 NUMBER OF MEDICATIONS



3 MOBILITY



4 FUNCTION



5 BALANCE



BEST

WORST

6 SOCIAL CONNECTIONS

0



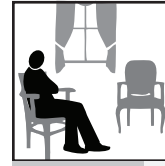
1



2



3

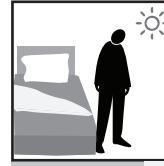


4

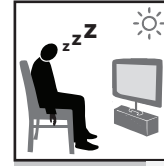
SCORE

7 DAYTIME TIREDNESS

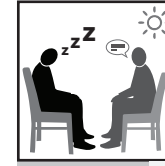
0



1



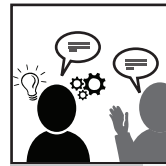
2



3



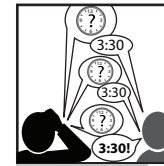
4

8 MEMORY AND THINKING

0



1



2



3



4

9 VISION (WITH GLASSES IF NEEDED)

0



1



2

SCORE

10 HEARING (WITH HEARING AID IF NEEDED)

0



1



2

11 PAIN

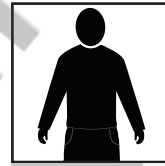
0



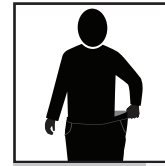
1



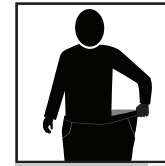
2

12 UNINTENTIONAL WEIGHT-LOSS

0

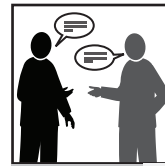


1

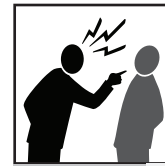


2

SCORE

13 AGGRESSION

0



1



2

14 BLADDER CONTROL

0



1



2