PFFS | PICTORIAL **FIT-FRAIL** SCALE

HCP **Acute version**

For each category, choose ONE picture that is closest to your patient's CURRENT state and circle the score below that picture.

Next, choose ONE picture that is closest to your patient's USUAL state and circle the score below that picture. Transfer both scores to the right.

NAME: _____

_____
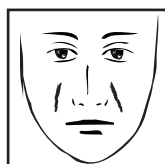
DATE: _____

	CURRENT	USUAL
TOTAL SCORE	☐	☐

BEST ◄||||||||||||||||||||||||||||||||||||||||||||||||||||||||||||||||► **WORST**

1 MOOD

CURRENT	0	CURRENT	1	CURRENT	2	CURRENT	3
USUAL	0	USUAL	1	USUAL	2	USUAL	3

2 NUMBER OF MEDICATIONS
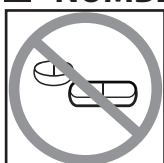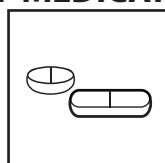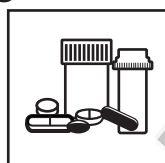
CURRENT	0	CURRENT	1	CURRENT	2	CURRENT	3
USUAL	0	USUAL	1	USUAL	2	USUAL	3

3 MOBILITY

CURRENT	0	CURRENT	1	CURRENT	2	CURRENT	3	CURRENT	4	CURRENT	5
USUAL	0	USUAL	1	USUAL	2	USUAL	3	USUAL	4	USUAL	5

4 FUNCTION

CURRENT	0	CURRENT	1	CURRENT	2	CURRENT	3	CURRENT	4	CURRENT	5
USUAL	0	USUAL	1	USUAL	2	USUAL	3	USUAL	4	USUAL	5

5 BALANCE

CURRENT	0	CURRENT	1	CURRENT	2	CURRENT	3
USUAL	0	USUAL	1	USUAL	2	USUAL	3
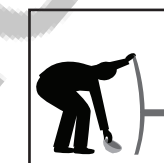
SCORE

	CURRENT	USUAL
	☐	☐
	☐	☐
	☐	☐
	☐	☐
	☐	☐

	CURRENT	USUAL
PAGE 1 **SCORE**	☐	☐

6 SOCIAL CONNECTIONS

	SCORE
	CURRENT USUAL
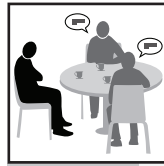
CURRENT 0	CURRENT 1	CURRENT 2	CURRENT 3	CURRENT 4
USUAL 0	USUAL 1	USUAL 2	USUAL 3	USUAL 4
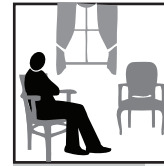
7 DAYTIME TIREDNESS
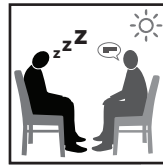
CURRENT 0	CURRENT 1	CURRENT 2	CURRENT 3	CURRENT 4
USUAL 0	USUAL 1	USUAL 2	USUAL 3	USUAL 4

8 MEMORY AND THINKING
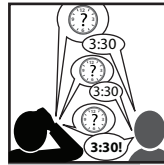
CURRENT 0	CURRENT 1	CURRENT 2	CURRENT 3	CURRENT 4
USUAL 0	USUAL 1	USUAL 2	USUAL 3	USUAL 4

9 VISION (WITH GLASSES IF NEEDED)

			SCORE
			CURRENT USUAL

CURRENT 0	CURRENT 1	CURRENT 2
USUAL 0	USUAL 1	USUAL 2

12 UNINTENTIONAL WEIGHT-LOSS
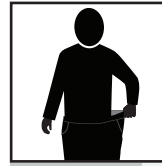
			SCORE
			CURRENT USUAL
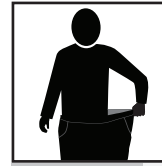
CURRENT 0	CURRENT 1	CURRENT 2
USUAL 0	USUAL 1	USUAL 2

10 HEARING (WITH HEARING AID IF NEEDED)

CURRENT 0	CURRENT 1	CURRENT 2
USUAL 0	USUAL 1	USUAL 2

13 AGGRESSION
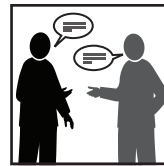
CURRENT 0	CURRENT 1	CURRENT 2
USUAL 0	USUAL 1	USUAL 2

11 PAIN

CURRENT 0	CURRENT 1	CURRENT 2
USUAL 0	USUAL 1	USUAL 2

14 BLADDER CONTROL

CURRENT 0	CURRENT 1	CURRENT 2
USUAL 0	USUAL 1	USUAL 2

	CURRENT	USUAL
PAGE 2 **SCORE**		