Instructions: This scale is intended to assess your CURRENT and USUAL states in different categories using pictures ordered from best to worst.

For each category, choose ONE picture that is closest to your CURRENT state. Mark X below that picture (first row). Next, choose ONE picture that is closest to your USUAL state. Mark X below that picture (second row). There is no right or wrong answer.

Example: If your CURRENT vision is closest to the second picture and your USUAL vision is closest to the first picture, mark as shown.

If your current and usual state are the same, both X marks will be under the same picture.
For each category, mark **ONE BOX** for your **CURRENT** state and **ONE BOX** for your **USUAL** state.

**3. MOBILITY**

**4. FUNCTION**

**5. BALANCE**
For each category, mark **ONE BOX** for your CURRENT state and **ONE BOX** for your USUAL state.

### 6 SOCIAL CONNECTIONS

- **BEST**
  - CURRENT
  - USUAL
- **WORST**
  - CURRENT
  - USUAL

### 7 DAYTIME TIREDNESS

- **BEST**
  - CURRENT
  - USUAL
- **WORST**
  - CURRENT
  - USUAL

### 8 MEMORY AND THINKING

- **BEST**
  - CURRENT
  - USUAL
- **WORST**
  - CURRENT
  - USUAL
For each category, mark **ONE BOX** for your **CURRENT** state and **ONE BOX** for your **USUAL** state.

**9  VISION (WITH GLASSES IF NEEDED)**

**10  HEARING (WITH HEARING AID IF NEEDED)**

**11  PAIN**

**12  UNINTENTIONAL WEIGHT-LOSS**

**13  AGGRESSION**

**14  BLADDER CONTROL**