Update on Spine Mechanics: Injury mechanisms and the essentials for successful load bearing

Dr. Stuart McGill

Dr. Stuart McGill is a Professor of spine biomechanics at the University of Waterloo, Ontario and the author of over 300 scientific publications and 3 textbooks that address issues such as, lumbar spine function and injury mechanisms, patient assessment, corrective exercise prescription, and performance training.

He has been featured in the popular press, including The New York Times, Macleans Magazine, and Testosterone Nation.

Dr. McGill consults for many medical management groups, governments, corporations, legal firms, and elite sports teams together with athletes from around the world. He has won numerous awards, including the Volvo Bioengineering Award for Low Back Pain Research.

Dr. McGill is one of the few scientists who are regularly referred challenging patients for consult from around the world.

Monday, March 4
12:30 PM - 1:30 PM
Room 3156
Dentistry Building