Dry Needling Level 1 Course
NEW SESSION HOSTED BY THE DALHOUSIE PHYSIOTHERAPY CLINIC | HALIFAX, NS

Acupuncture Canada’s Dry Needling Level 1 - with Chris Misener, June 21-23, 2019

Dry needling often achieves quick results and complements other treatments such as active exercise programs, acupuncture, and joint mobilization/manipulation. The Dry Needling Level 1 course presents the concepts and theories regarding myofascial trigger points with a self-guided online component, followed by a 3-day onsite session that teaches hands-on skills and techniques for a variety of muscles. Safety guidelines are emphasized throughout. Acupuncture Canada’s program uses the trigger point approach.

Course Objectives:
Dry Needling Level 1 addresses low back pain, piriformis syndrome, hip dysfunction, rotator cuff pathology, lateral epicondylitis, groin strain and other common conditions. Learning outcomes include:
1. Identifying referred pain patterns for specific muscles.
2. Identifying contraindications and precautions to dry needling.
3. Developing needle handling skill and competency.

Course Details and Fee:
- Three-day onsite includes practical exam, with online resources prior to the start of the course (written test online).
- Acupuncture and/or needling experience is not required to register for the Dry Needling Program, however, registrants must always confirm requirements for practice with their regulatory bodies before registering.
- Course Fee: $1395.00 plus tax ($1395 + 209.25 HST = $1604.25).
- This Halifax course is hosted by Dalhousie Physiotherapy Clinic.
- Dry Needling Certification will be awarded to participants who successfully complete both Level 1 and Level 2 training.

To register: Contact the Dalhousie Physiotherapy Clinic at ptcclinic@dal.ca or call 902-494-1502. Cheques and credit cards are accepted.

For more information on the course visit: www.acupuncturecanada.org