Because of its nature both as a public institution and as a political icon, the Canadian health care system is an inherently political institution which cannot be understood without a clear comprehension of both its composition and its relationship to the broader political landscape in Canada. This class will provide a survey of the political and theoretical debates within the area of health care in Canada, including discussions of funding, federalism, and governance. The class will also include a comparative survey of health care systems in other countries.

By the end of this class, students should be able to understand how the Canadian health care system works and to identify the key policy debates and political issues surrounding the provision of health care. Students should be able to describe various policy options and to analyze the advantages and disadvantages of each. The final goal is to understand the political context underlying these policy alternatives, and to comprehend how political obstacles can undermine constructive policy objectives.
**Covid-19 class: online only for 2020**

The University has mandated that classes for Fall 2020 will be offered in an online-only format regardless of the size of the class. While this is obviously sub-optimal for a small seminar, needs must. Consequently, the format for this seminar will be as follows:

- Each week is a separate module. There will be a lecture posted for each week’s topic for you to view in your own time.
- We will meet synchronously on Microsoft Teams for approximately 90 minutes of the regularly-scheduled class time (1-2.30 pm each Wednesday). You are expected to have completed the readings and to have viewed the lecture.
- You will also be responsible for one live presentation (as noted below). A sign-up sheet for this will be posted on Brightspace.

**Texts**

1. Primary text: K. Fierlbeck, *Health Care in Canada* (available as hard or electronic copy)
2. Secondary readings are linked on Brightspace in each module. Additional reading may be noted in your outline.

![Image](image.png)

**Assignments**

- Class presentation: 20% (synchronous or asynchronous)
- Book review 20% (either written or asynchronous presentation)
- Policy brief 20% (due Nov 5th)
- Research paper: 30% (due Dec 9th)
- Attendance and participation: 10%
Please see the “Assignments” tab on Brightspace for more detailed information regarding assignments. Graduate students should read “additional information for graduate students,” also on Brightspace.

ASSIGNMENTS

1. Class presentation (20% - use the signup sheet on Brightspace)

   For your in-class assignments, you are asked to present a book review to the class in real time. This can be done live, and you do not have to submit written material. Alternatively, you can record a presentation, and upload it to the website. You have approximately 15-20 minutes, and you may use slides or prezzies if you like, although you are not obliged to do so. Your presentations should include:

   • a succinct account of what the book is about
   • a clear account of the underlying politics or power relationships presented by the author (why/how is this topic “political”)?
   • an analysis of the author’s solution to the problem s/he presents
   • a critical evaluation of the book’s strengths and weaknesses

2. Book review (due October 14th)

   Your second book review can also be a presentation, as above, but posted to the website rather than presented live. OR, it can be a written book review. The submission tab for both is “Second Book Review”. The review should be around 300-400 words. There is a sample book review posted on the website to give you a sense of what a well-written book review is like.
For both assignments, the books you may choose from are:

- **Harvey Lazar et al**, *Paradigm Freeze: Why It Is So Hard to Reform Health-Care Policy in Canada*
- **Gerard Boychuk**, *National Health Insurance in the US and Canada: Race, Territory, and the Roots of Difference*
- **Elisabeth Rosenthal**, *An American Sickness*
- **Steven Brill**, *America’s Bitter Pill*
- **Shannon Brownlee**, *Overtreated: Why Too Much Medicine Is Making Us Sicker and Poorer*
- **Jeanne Lenzer**, *The Danger within Us: America’s Untested, Unregulated Medical Device Industry and One Man’s Battle to Survive It*
- **David Wootton**, *Bad Medicine: Doctors Doing Harm Since Hippocrates*
- **Richard Harris**, *Rigor Mortis: How Sloppy Science Creates Worthless Cures, Crushes Hope, and Wastes Billions*
- **Harriet Brown**, *Body of Truth: How Science, History, and Culture Drives Our Obsession with Weight*
- **Wendy Mitchinson**, *Fighting Fat*
- **Nina Teicholz**, *The Big Fat Surprise: Why Butter, Meat, and Cheese Belong in a Healthy Diet*
- **Anthony Warner**, *The Bad Chef: Bad Science and the Truth about Healthy Eating*
- **Meredith Wadman**, *The Vaccine Race*
- **Vinay Prasad and Adam Cifu**, *Ending Medical Reversal*
- **Marc Lewis**, *The Biology of Desire: Why Addiction is Not a Disease*
- **Joel Lexchin**, *Private Profits vs Public Policy*
- **Joel Lexchin**, *Doctors in Denial*
- **Sharon Batt**, *Health Advocacy, Inc.: How Pharmaceutical Funding Changed the Breast Cancer Movement*
- **Ruth Whipman**, *America the Anxious*
- **Edward Shorter**, *How Everyone Became Depressed*
- **Courtney Davis and John Abraham**, *Unhealthy Pharmaceutical Regulation: Innovation, Politics, and Promissory Science.*
- **Joanna Moncrieff**, *The Myth of the Chemical Cure: A Critique of Psychiatric Drug Treatment*
- **Allen Frances**, *Saving Normal: An Insider’s Revolt against Out-of-Control Psychiatric Diagnosis, DSM-5, Big Pharma, and the Medicalization of Ordinary Life*
- **Peter Gotzsche**, *Deadly Medicines and Organized Crime: How Big Pharma Has Corrupted Health Care*
- **Arthus A. Daemmrich**, *Pharmacopolitics: Drug Regulation in the US and Germany*
- **David Healy**, *Pharmageddon*
- **Robert Whittaker**, *Anatomy of an Epidemic*
- **Jacob Stenenga**, *Care & Cure: An Introduction to Philosophy of Medicine*
- **Ben Goldacre**, *Bad Pharma*
- **Light and Matura**, *Good Pharma*
- **Carolyn Hughes Tuohy**, *Remaking Policy: Scale, Pace, and Political Strategy in Health Care Reform* (because of the length of this book, it counts towards *both* book reviews)
Please use the sign-up sheet on your Brightspace website. There is a limit of one person per book (first come, first serve).

2. Policy Brief (20% - due November 5th)

Topics:

1. The Minister of Health in [select province] wants to know whether the province should promote private health insurance for publicly insurable services. What would be the advantages and disadvantages of such a strategy? What kinds of obstacles would the province face in attempting to facilitate private health insurance?

2. The provincial Minister of Health wants to know whether the province should ignore the Canada Health Act and follow its own health care priorities. What do you advise?

3. The federal Minister of Health wants to know whether the government should overhaul the Canada Health Act. What is your recommendation?

4. You are asked to present a brief on reforming the province’s Long Term Care system (including home care and nursing care) for seniors.

5. In 2009 a writ was filed with the British Columbia Supreme Court by a number of private clinics (most of whom had already been given intervenor status in the 2005 Chaoulli case). Their position is that the 2005 judgment should be applicable in British Columbia, and that the province’s Medicare Protection Act violates the Section 7 rights of those who wish to purchase private health insurance where health care is not provided in a timely manner. You represent the plaintiffs. Present a brief outlining your case to the BC Supreme Court.

6. The province is concerned that the incoming Minister of Health is a bit naïve on the way in which pharmaceutical companies may be targeting him/her through their lobbying and other means of influence. Write a document explaining to the new Minister how pharmaceutical companies may attempt, directly or indirectly, to influence health policy in the province.

7. The Minister of Health for [select jurisdiction] wants to know what the best way to address the physician shortage would be, both in the short term (~1 year) and in the longer term (10+ years).
8. The province wants to tackle the problem of diabetes. You have been asked to address this issue using non-medical determinants of health. Explain how you would design this project. Include obstacles (social, political, economic, technological, etc) that you would encounter, and strategies for dealing with these obstacles.

9. The opioid epidemic is rising in your province. At the same time, a sizable number of those suffering from chronic pain are worried that their condition may not be adequately addressed if opioids are restricted too severely. What is the best way to find a balance?

10. The provincial Minister of Health wants a briefing note to understand what s/he should know about health care in the African-Nova Scotia communities (the Prestons, Cherry Brook, Lake Loon), what kinds of policies should be undertaken, and what the politics surrounding such policy reform would be.

11. The Canadian Mental Health Association (CMHA) has asked you to advise them on the best way to address mental health care in rural areas. What are the particular problems facing these regions, and what is the best strategy to address it?

12. The federal Minister of Health wants to know whether the regulatory reforms brought in by Vanessa’s Law are sufficient, or whether Canada ought to do more to address pharmaceutical regulation in Canada.

13. The federal Minister of Health is interested in the idea of a national pharmacare system, but is worried that it may too expensive. Is she right?

14. Design an information session for medical students explaining what they should know about pharmaceutical companies and conflicts of interest.

15. The provincial health minister wants to know if there is a "high performing health care system" that the province would do well to emulate. What would you suggest, and what caveats would you offer?

16. The First Ministers’ Conference will be discussing whether Canada should introduce a system of health insurance based upon the concept of “social insurance.” Prepare a briefing document, based on the experiences of France and Germany.

For more information on format, deadlines, and how to write a policy brief, see your "Policy Brief" folder on Brightspace.
3. Research Paper (30% - due December 9th)

Topics (please note – you must choose a topic that is different from the one selected for your policy paper):

1. Evaluate how public health (not “the public health system”) has been addressed at the federal or provincial level since 2003 (ie, in the wake of SARS). Were we ready for the COVID-19 pandemic? Why or why not?

2. To what extent could Canada have a better system of health care if the provinces cooperated more across provincial boundaries? What are the political barriers to such cooperation?

3. Do a critical analysis of primary health care in a province of your choice. Explain what the problems are, why these problems (structural and political) exist, what can be done about them, and what the cost (financial or otherwise) of such solutions would be.

4. Is non-face-to-face (ie, “virtual”) health care here to stay? What are the political and administrative barriers to NF2F care?

5. Evaluate LTC in the province. What are the biggest problems facing LTC reform, and what are the obstacles to change?

6. Is one amalgamated health board at the provincial level better than several discrete health districts?

7. Why is it so difficult to integrate all the different health care “silos” (primary, acute, emergency, mental health, LTC, etc)?

8. Evaluate the provincial health data system. What works well? What doesn’t? Why?

9. Ought there to be more private funding of health care in Canada? If so, what form should it take?

10. To what extent does constitutional responsibility over health care rest legally with the provinces? What responsibility (if any) should Ottawa have regarding health care in Canada?
11. Can traditional approaches to aboriginal health care be reconciled with evidence-based medicine?

12. Are the implications of the Chaoulli decision generally positive or generally negative?

13. Describe the Cambie case still before the courts, and explain what is at stake in the decision.

14. Ought health care to be governed by Charter rights? (ie, should we have a “right” to health care?)

15. If the social determinants of health are so important, why is there so little policy progress in this area?

16. Are doctors in Canada more or less politically powerful than they were 20 years ago?

17. If “patient-oriented health care” is important, then does it matter how patients are selected?

18. Evaluate the role that health care played in the 2017 provincial election in Nova Scotia. How important will it be in the next provincial election?

19. Evaluate how the government of NS handled the COVID-19 pandemic in the province. Be sure to include epidemiological and political arguments. To what extent is there a conflict between the two?

20. How do the politics of mental health care reform differ from the politics of general health care reform?

21. Which regulatory agency is doing the best job: the FDA, the EMA, or Health Canada?

22. Evaluate the attempts over the past decade to increase transparency and accountability in the pharmaceutical industry.
23. To what extent should we worry about conflicts of interest in medicine?

24. Australia has just ordered an inquiry into the relationship between antidepressant use and teen suicide. Others claim that there was evidence of such a link for years. To what extent has Canada investigated this link?

25. Why is Canada one of the few countries without a national pharmacare system? How likely is it that we will ever have one?

26. Why do drugs cost so much in Canada? What can be done to address this?

27. To what extent can we depend on technological advances to improve health care systems?

28. Evaluate federal health policy in the US under the Trump administration.

29. What are the lessons that Canada can learn from the health care system of another country [choose one]?

30. Explain the EU health care “system”. To what extent is giving Brussels more authority over the health care of member states a good or bad thing?

For more information on format, requirements, and deadlines, please see the "Specifications" document in the "Research Paper" folder on Brightspace.

4. Attendance and Participation (10%)

Students are expected to attend seminars and to arrive in class having read each week’s readings and listened to each week’s asynchronous lecture. Those who do not come to class, or who come to class unprepared, will lose grades.
CLASS OUTLINE

WEEK ONE (9 September, 1pm): Introduction & discussion of class format; getting to know the Nova Scotia health care system; how is health care “political”?
*Note: there is no recorded component for this week, but please ensure you have done the readings and are ready to discuss them.

Readings:

Additional Readings:

Questions for discussion:
What do we want from a health care system?
How should political scientists approach the study of health care policy and systems?
How does Nova Scotia’s health care system work?

WEEK TWO (September 16): What are the component parts of health care systems? What explains policy change and health care reform?

Readings:
2. Caroline Hughes Tuohy. Remaking Policy: Scale, Pace, and Political Strategy in Health Care Reform, Chapter Two: Defining the scale and pace of policy change. (UTP, 2018)
Additional Readings:


Questions for discussion:

How should we classify health care systems?
Are health care systems converging or diverging?
Why and how do health care systems change?
Why is it so difficult to change some systems?

WEEK THREE (23 September): The debate over funding

Readings:
1. Health Care in Canada, chapter 1
2. Nova Scotia: A Health System Profile, chapter 3

Additional Readings:

Questions for discussion:

What is meant by “private” and “public”?
What are some examples of privately-funded and publicly-funded health care in Canada?
What are the advantages and disadvantages of public and private funding models?
Explain the relationship between funding models and political interests (who benefits from what kind of system? why?)
**WEEK FOUR (30 September): Health Care Federalism**

**Readings:**
1. *Health Care in Canada*, chapter 2
2. Fierlbeck and Lahey, eds. *Health Care Federalism in Canada* (MQUP 2013), Chapter 3 (Fierlbeck), 8 (Boessenkoel), and 9 (Marchildon)

**Additional readings:**

**Questions for discussion:**

*To what extent does federalism impact health care?*

*Should provinces be more responsible for health care funding, or should the federal government play a larger role?*

*How does federalism affect the delivery of health care to indigenous peoples?*

*How does federalism impact public health governance during a pandemic?*

**WEEK FIVE (7 October): Health Administration and Governance**

**Readings:**
1. *Health Care in Canada*, chapter 3
Additional readings:
1. *Nova Scotia: A Health System Profile*, chapter 7

Questions for discussion:
Why did all provinces move to a system of regionalized governance? Why are so many now moving to a single provincial health board?
What are the advantages and disadvantages of a regionalized or amalgamated system of governance?

WEEK SIX (14 October): Health Care and the Courts

Readings:
1. *Health Care in Canada*, chapter 4

Additional readings:

Questions for discussion
To what extent are “human rights” a useful framework within which to discuss health care?

WEEK SEVEN (21 October): Public Health and Health Promotion

Readings:
1. *Health Care in Canada*, chapter 5
Questions for discussion:

What are the political dynamics that make health promotion so difficult to operationalize?

Discuss the relationship between the agri-food industry and provincial/federal governments in Canada (or other countries). How do the interests of this industry undermine health promotion goals?

To what extent does the wider political environment (eg, economic polarization) affect a nation’s health?

To what extent do the “disease surveillance” and “health promotion” functions of public health conflict?

WEEK EIGHT (28 October): Health Human Resources and Primary Health Care

Readings:
1. Health Care in Canada, chapter 6
2. Nova Scotia: A Health System Profile, chapter 5

Additional readings:

**Questions for discussion:**

- Evaluate the political power of Canadian physicians.
- Should some of the traditional duties of doctors be transferred to other health care professions (nurse practitioners, pharmacists, midwives, paramedics, etc)?
- What determines whether ”collaborative care” works or not?
- Is our current model of primary care obsolete? What should replace it? What are the political barriers to change?

**WEEK NINE (4 November): Mental Health Care**

**Readings:**

1. *Health Care in Canada*, chapter 8

1. **Additional readings:**

**Questions for discussion:**

- Why is mental health sometimes called the ”orphan cousin“ of health policy?
- What are some examples of mental health strategies that seem to work well (especially at a local or provincial level)? What are the barriers to expanding these programs more widely?
- What are the power dynamics underlying the diagnosis and treatment of mental illness?
To what extent does the diagnosis of mental illness depend on a highly subjective framework? Are there relations of power inherent in the process of determining what constitutes a mental illness?

What are some reasons that mental health services seem to be consistently underfunded in most jurisdictions?

WEEK TEN (18 November): Drug Policy and the Politics of the Pharmaceutical Industry

Readings:
1. Health Care in Canada, chapter 7
3. Light, Lexchin, and Darrow, "Institutional corruption of pharmaceuticals and the myth of safe and effective drugs." Journal of Law, Medicine, and Ethics (Fall 2013), 590-600.

Additional readings:

Questions for discussion:
Can we afford to have a National Pharmacare Program? Can we afford not to?
Are drugs approved too quickly? Does this present a safety hazard?
What are the ways in which pharmaceutical industries get approval for, and continue to market, drugs that are either ineffective, or cause serious adverse events?
What are the different types of conflict-of-interest involving pharmaceuticals that exist in health care systems?
WEEK ELEVEN (25 November): Comparative Health Care Systems I: Beveridge and Bismarck Models

Readings:
1. Health Care in Canada, chapters 9 and 10

Additional readings:

Questions for discussion:
What are the most pressing issues facing health care in the UK? To what extent are these issues specific to the UK, and to what extent are all countries grappling with them?
What are the advantages and disadvantages of a social insurance system?
France and Germany both have a social insurance system, which places them in a similar category. What are the key differences between France and Germany?
How important is the funding system of a state when attempting to address other structural problems in health care?

WEEK TWELVE (2 December): Comparative Health Care Models II: The EU and the US

Readings:
1. Health Care in Canada, chapter 11
Additional readings:


Questions for discussion:

*What has the ACA accomplished, and what has it not accomplished?*

*Map out the power interests in US health care.*

*Why is the US so different from all the other OECD countries on health care?*

*How has the Trump administration shaped health care in the US?*
Academic integrity is a commitment to the values of learning in an academic environment. These values include honesty, trust, fairness, responsibility, and respect. All members of the Dalhousie community must acknowledge that academic integrity is fundamental to the value and credibility of academic work and inquiry. We must seek to uphold academic integrity through our actions and behaviours in all our learning environments, our research, and our service.

Academic Integrity [http://www.dal.ca/dept/university_secretariat/academic-integrity.html](http://www.dal.ca/dept/university_secretariat/academic-integrity.html)

At Dalhousie University, we are guided in all of our work by the values of academic integrity: honesty, trust, fairness, responsibility and respect (The Center for Academic Integrity, Duke University, 1999). As a student, you are required to demonstrate these values in all of the work you do. The University provides policies and procedures that every member of the university community is required to follow to ensure academic integrity. (read more: [https://www.dal.ca/content/dam/dalhousie/pdf/dept/university_secretariat/Syllabus_Statement_(Aug%202015).pdf](https://www.dal.ca/content/dam/dalhousie/pdf/dept/university_secretariat/Syllabus_Statement_(Aug%202015).pdf))

Accessibility
The Advising and Access Services Centre is Dalhousie's centre of expertise for student accessibility and accommodation. The advising team works with students who request accommodation as a result of: a disability, religious obligation, or any barrier related to any other characteristic protected under Human Rights legislation (NS, NB, PEI, NFLD). (read more: [https://www.dal.ca/campus_life/academic-support/accessibility.html](https://www.dal.ca/campus_life/academic-support/accessibility.html))

Student Code of Conduct
Everyone at Dalhousie is expected to treat others with dignity and respect. The Code of Student Conduct allows Dalhousie to take disciplinary action if students don’t follow this community expectation. When appropriate, violations of the code can be resolved in a reasonable and informal manner — perhaps through a restorative justice process. If an informal resolution can’t be reached, or would be inappropriate, procedures exist for formal dispute resolution. (read more: [https://www.dal.ca/campus_life/safety-respect/student-rights-and-responsibilities/student-lifepolicies/code-of-student-conduct.html](https://www.dal.ca/campus_life/safety-respect/student-rights-and-responsibilities/student-lifepolicies/code-of-student-conduct.html))

For fall term classes, the last day to drop fall term courses with no financial implications is September 18; the last date to drop a fall-term class without a W appearing on the transcript is October 2nd; and the last day to drop a fall-term class with a W is November 2nd.

University grading policy [https://www.dal.ca/dept/university_secretariat/policies/academic/grading-practices-policy.html](https://www.dal.ca/dept/university_secretariat/policies/academic/grading-practices-policy.html)