1. **2020- Escaping Stereotypes: An Escape Room Experience of Breaking Stereotypes to Advance Interprofessional Collaboration**

   Co-Principal/Creator,  
   Target Stakeholder: Health Professional Students

   This interprofessional (IPE) mini-course will utilize an innovative “escape room” game format as a natural problem solving environment to address negative stereotypes within the health professions that may serve as a barrier to collaboration.

   Funding- Dalhousie Faculty of Health Mini-Course

2. **2019- Discover Physiotherapy: Endless Possibilities**

   Co-Principal/Creator,  
   Target Stakeholder: Healthcare Personnel; Secondary and Post-Secondary Students; Public

   This career choice and recruitment video ([https://f.io/5C9Q3YzT](https://f.io/5C9Q3YzT)) was designed in response to our professional socialization research among health profession students that highlighted the need to challenge profession specific stereotypes while presenting the diversity of career opportunities within physiotherapy. In addition to celebrating diversity in career options and professional development opportunities within the field of physiotherapy, the video aims to promote interprofessional collaboration.

   Funding- Canadian Institutes of Health Research

3. **2019 Title: Healthcare on the Move: Making the Invisible Risks of Mobile Health Workers, Visible, compilation video for knowledge mobilization**

   Co-Principal/Creator,  
   Target Stakeholder: Healthcare Personnel; Employers; Unions; Public

   This awareness video is responsive to the findings of our SSHRC funded research on employment related geographic mobility among health care professionals and paraprofessionals which highlight the need to create an awareness for all stakeholders on the rewards and risks associated with mobile work. The video emphasizes the need for policies and practices that ensure the safety of mobile heath workers and the importance of caring for those who care for others.

   Funding- Social Sciences and Humanities Research Council

4. **2019 Title: Mommy Dialogues**

   Co-Principal Creator,  
   Target Stakeholder: New Mothers/Parents; Health Care Professionals; Public
This educational video and workshop (www.mumns.ca) was created to share the experiences of new mother’s in the first year post-partum and provide an engaging forum for mothers to speak about their own experiences searching for information and support; which may or may not challenge the institutional and social constructions of mothering.

Funding: NSHRF Knowledge Sharing Support Award

5. 2017- This is Nursing: Celebrating Diversity in Career Options and Opportunities

Co-Principal/Creator, Target Stakeholder: Healthcare Personnel; Secondary and Post-Secondary Students; Public

This recruitment and retention video (https://www.youtube.com/watch?v=DiN8P3eV_rg&feature=youtu.be) was launched during the CNA 2017 Nursing Week Campaign, aligning with the theme #Yes. This is Nursing. The video aims to celebrate diversity in career options and professional development opportunities within the nursing profession- highlighting roles from the military, to community, from the operating room to executive suite.

Funding- Nova Scotia Health Authority and IWK Health Centre


Co-Principal Creator, Target Stakeholder: Health Care Professionals; Students; Public

Mindful Matters is an educational video (https://vimeo.com/163234949) and a series of health professional training workshops about caring for children with intellectual disabilities (ID). Based on research conducted at the IWK we present real experiences of children with ID, their parents and nurses who cared for them. Their stories are personal, powerful and focus on stigma, building positive relationships and working together to share information.

Funding: NSHRF Knowledge Sharing Support Award

7. 2015- Promoting Career Choice in Mental Health and Addictions Nursing

Co-Principal/Creator, Target Stakeholder: Healthcare Personnel; Secondary and Post-Secondary Students; Public

This recruitment video series (https://vimeo.com/138320153) is informed by the Principal’s longitudinal research exploring new nursing graduates’ professional socialization and is responsive to recruitment priorities within the field of mental health and addictions nursing. This research-based video series also seeks to challenge stereotypes, stigma and bias related to both mental illness and the mental health/addictions clinical setting. These videos will be used to promote career choice within the mental health and addictions field and showcase the diversity of professional roles within this specialty.

Funding: Mental Health Program, CDHA.
8. **2014- IWK New Graduate Transition Support Video and Virtual Support Network**

   Co-Principal/Creator,
   Target Stakeholder: Healthcare Personnel; Health Educators

   The new graduate support video and support network
   ([https://www.youtube.com/watch?v=sSbgnhGkbto](https://www.youtube.com/watch?v=sSbgnhGkbto)) is based on the Principal’s longitudinal research exploring new nursing graduates’ professional socialization. This project is responsive to the need for peer supports using social media and web-based applications and also disseminates the importance of professional transition support within employment agencies. The intent of this dissemination strategy is to facilitate new graduate support; educated health professionals about the needs of new graduates and to create a virtual new graduate support network.

   **Funding:** Provincial Nursing Strategy Funds and IWK Health Centre.

9. **2013 - Be a Nurse Videos, Vignettes and Social Media Campaign**

   Principal/Creator
   Target Stakeholder: Healthcare Personnel; Secondary and Post-Secondary Students; Public

   The "Be a Nurse" ([www.beanurse.ca](http://www.beanurse.ca)) social media campaign and career choice videos are based on the Principal’s research exploring Millennial nurses’ career choice experiences. These videos depict the career choice narratives of Millennial nursing students. The dissemination of this research is intended to support students’ career choices, enhance recruitment, challenge negative stereotypes, promote diversity within the nursing profession and enhance interprofessional collaboration.

   **Funding:** Canadian Institutes of Health Research; Nova Scotia Health Research Foundation (NSHRF)

10. **2013- Behind the Scenes- Interprofessional Health Education Workshop**

    Co-Principal/Creator, Research Uptake Strategies
    Target Stakeholder: Healthcare Personnel; Health Educators

    "Behind the Scenes" ([https://youtu.be/KXq-BGePK8w](https://youtu.be/KXq-BGePK8w)) is a CIHR-funded series of interprofessional health education (IPHE) workshops developed based on the "Balancing the Scales" research project-funded by Nova Scotia Health Research Foundation. These 3-hour workshops are currently being delivered to diverse health professional students across Atlantic Canada as part of an interactive IPHE workshop. Using the dramatic script from the "Balancing the Scales" project, participants view a live play and then work collaboratively to rewrite the script of how health professionals work with each other and clients to manage obesity and other chronic diseases. This approach to IPHE has received very positive reviews and evaluation results on the innovative, engaging and effective nature of the learning activity.

    **Funding-** Canadian Institutes of Health Research; NSHRF

11. **2012- Balancing the Scales- An Artistic Representation using Live Drama**

    Co-Principal/Creator
    Target Stakeholder: Healthcare Personnel; Health Policy Makers; Public
"Balancing the Scales: Promoting Healthy Weight Management without Blame or Shame" (http://archcanada.ipower.com/?page_id=929) is based on research that explored perspectives on obesity management from individuals living with obesity, health care professionals and policy-makers across Nova Scotia. The findings provided insight into how clients and health care providers related to each other through different meanings, beliefs, values and practice. The findings have been developed into a dramatic script and artistic representation (live theatre) of the perspectives of both the individual living with obesity and the health care professionals treating them. Videos have also been created that outline the research and the dramatic play (https://youtu.be/KXq-BGePK8w).

Funding: NSHRF