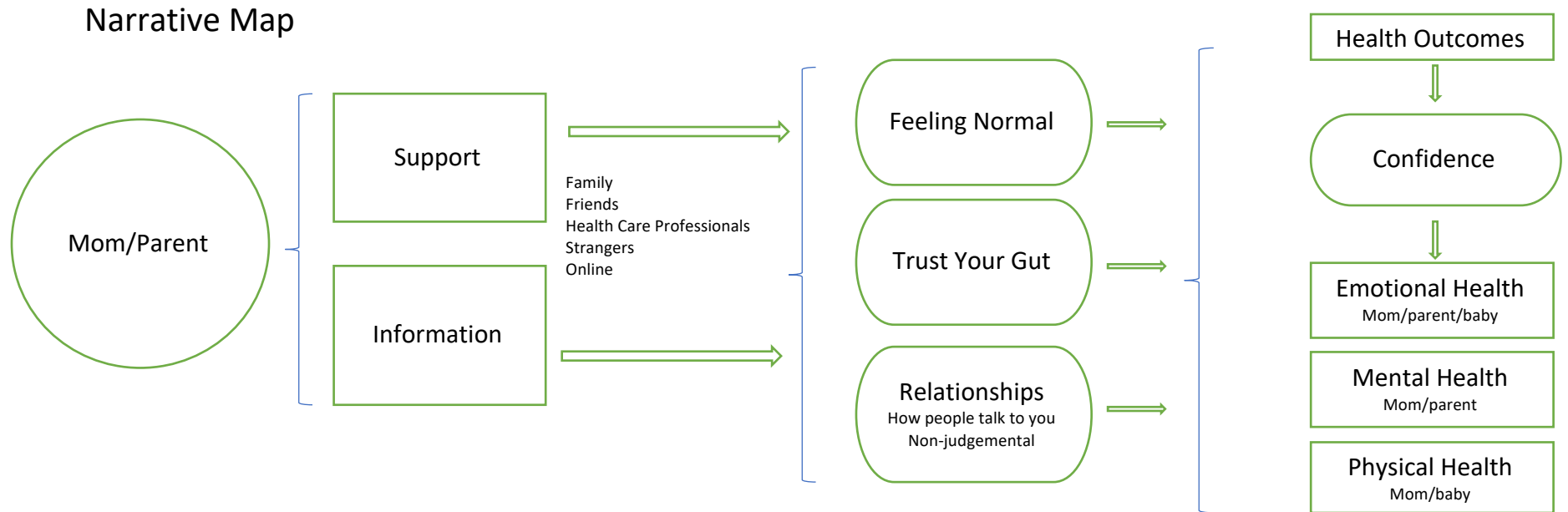


MUMs: Mapping and Understanding Mothers' Social Networks



Mothers create social networks by navigating and negotiating how they access information and support through relationships.

This narrative map demonstrates how mothers in our study across NS preferred to navigate and negotiate postpartum support and information. Relationships with health care professionals, family, friends and acquaintances both online and offline impacted postpartum health outcomes. In particular, how information was presented and how mothers felt about different interactions influenced their confidence which ultimately affected other health outcomes.

Aston and Price et al (2020)