



Jean Hughes, BN, MSc, PhD
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Education

- BN – Dalhousie University
- MSc, Clinical Nurse Specialist,
Psychiatric Nursing and Community Mental Health – Boston University
- PhD, Nursing Research - McGill University

Appointments

Dr. Hughes has appointments with Dalhousie University (Nursing), and the IWK Health Centre (Research Scientist, Psychiatry). She is Research Mentor for Peer 126, Horizon Health, St. John, NB, – a strength-based early intervention initiative for youth with mental illness - as part of the Canadian Foundation of Healthcare Improvement, She also sits on the Advisory Committee for the Peer Mentor Program of the Student Union for Dalhousie University. In addition, she is Senior Editor (Publications) for the *Canadian Journal of Community Mental Health*.

Research

Dr. Hughes's research concentrates on marginalized populations with a mental health focus (e.g., young families struggling to get by, homeless youth), is community-based, includes expertise from a range of disciplines and sectors, and integrates diverse research designs to enable a holistic exploration of phenomena.

Knowledge Dissemination

In addition to traditional academic publications in scholarly journals, Dr. Hughes also employs knowledge dissemination approaches involving both community venues (e.g., *Café Scientifique* – cafe conversations with the community) and creative artistic avenues (e.g., *Walking Through Wonderland* – short animated film on homeless youth on YouTube).

Advocacy

Throughout her career Dr. Hughes's research has been closely linked to her advocacy work at the provincial and national levels with professional regulatory boards, the Canadian Mental Health Association, Laing House, Nova Scotia Mental Health Coalition, and a number of other community organizations.