

Curriculum Vitae

Name: Dr. Shelley Cobbett **Date:** November 2012

Current Position: Assistant Professor, Yarmouth Campus,
Dalhousie University BScN Program

EDUCATION BACKGROUND:

<u>Diploma/Degree</u>	<u>Institution</u>	<u>Completion Year</u>
Doctor of Education	Charles Sturt University, Australia	2006
Master of Nursing	Dalhousie University, N.S.	1995
Gerontology Diploma	Mount St Vincent University, N.S.	1991
Accounting Diploma	U & R Winnipeg, MB	1990
Bachelor of Nursing	Dalhousie University, N.S.	1988
Diploma in Nursing	Yarmouth Regional Hospital, N.S.	1984

EMPLOYMENT BACKGROUND:

<u>Position</u>	<u>Institution</u>	<u>Dates</u>
Assistant Professor	Dalhousie University- Yarmouth Site	1999- Present
Collaborative Associate	Dalhousie University- Yarmouth Site	1995-1999
Nursing Instructor	Yarmouth Regional Hospital	1988-1995
Staff Nurse Emergency & Obstetrics	Brooks Health Centre, AB	1984-1988

Awards/Honors:

Graduated with Distinction Marks- Doctoral Degree, CSU, 2006
Nova Scotia Registered Nurses Foundation, Scholarship for Doctoral Studies, 2002.
Honour Society Induction, Sigma Theta Ti, Dalhousie University, Halifax, NS, 1999
NCAST Certification for Research, Halifax, NS, 1998
Guest Speaker (for the final YRH Graduating Class) Graduation Ceremonies 1995
Dalhousie University Scholarship for Graduate Studies 1994
Local Chapter RNANS Scholarship 1992
Dean's List Dalhousie University 1986, 1987, 1988
Graduated with Honours & Distinction-Dalhousie University 1988

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

International

Sigma Theta Ti – Rho Rho Chapter- Member 1999 - Present
International Association of Human Caring 1995- 2002

National

C.N.A. Canadian Registered Nurse Examination Item Writing and Statistical Item Revision, September 24-28, 2012, Ottawa, Ontario.
C.N.A. Canadian Registered Nurse Examination Statistical Item Revision, September 26-30, 2011, Ottawa, Ontario.
C.N.A. Canadian Registered Nurse Examination Item Revisions, October 18 - 23, 2010 Ottawa, Ontario.
C.N.A. Canadian Registered Nurse Examination Item Writer, October 5-10, 2009, Ottawa, Ontario.
C.N.A. Canadian Registered Nurse Examination Item Writer, November 3-7, 2008, Ottawa, Ontario.
ARCASN 1996 - Present
Canadian Nurses Association 1994 – Present
Canadian Nurses Foundation 2000- 2009
Canadian Intravenous Nurses' Association 1997 - 2000
RACOURSE- Recycling & Environmental Issues in Nursing Committee, 1994-1996

Provincial

CCRNS Jurisdictional Exam Review, Halifax, N.S. 2002
RNANS- Exam Question Review, Halifax, N.S. 2001
Nurse-Midwifery Adhoc Group RNANS, Dartmouth, NS 1991-1993
Association of Nurse Educators of Nova Scotia 1991-1995
Nova Scotia Nurses Union, Shop Stewart (1990-1994), Member (1988-1994)
College of Registered Nurses of Nova Scotia, member (1984 - Present)
Registered Nurses Association of Nova Scotia- Yarmouth Chapter, past executive roles during 1991 – 1999.

Regional

Breastfeeding Initiative Grants Committee, Yarmouth, N.S., 2009
Sharing Strengths Society- Chairperson of Research and Evaluation Committee
Chairperson, Jan/2001 - 2004
Sharing Strengths Society- Board of Director's, member, Jan/2001 - 2004
Western Regional Health Board's Sharing Strengths Project: Research & Evaluation Committee member (1998 - 2002)
RNANS Yarmouth Chapter, Secretary (1991-1994), Vice President (1995-1999)
RNANS Yarmouth Chapter, Scholarship Committee, Chairperson (1995-1997)

RNANS Yarmouth Chapter, Mentorship Program Proposal Committee,
Chairperson (1995-1996)
Yarmouth Regional Hospital Alumni, Member (1984-1995)
Yarmouth Regional Hospital A Grand Finale Reunion -Chairperson for Fund
Raising Committee (1994-1995)

Appointments to Hospital-Based Committees

Maternal Child Committee, 2010 - Present
Yarmouth Regional Hospital Information Systems Strategic Plan Project 2004 - 2005
Yarmouth Regional Hospital Perinatal Committee 1995 - 2005
Yarmouth Regional Hospital Ethics Committee 1997-1998
Nursing Quality Support Network 1995-1997

Scholarly/Research Activities

- In Progress** **Cobbett, S.,** D'Eon, P., & Lamrock, J. (2012). Received \$1500. from the Shelburne County Community Health Board. Prenatal education and support: A community perspective. Partnership between Dalhousie University School of Nursing, South West Nova District Health Authority Public Health Services and the Shelburne County Prenatal Networking Group.
- 2010-2012 Cobbett, S., Hartigan-Rogers, J., & Redmond, S. (2012). Quasi-experimental design: Examining psychometric properties of three versus four option test items in nursing education.
- 2006-2011 Langille, D.(Principal investigator), Gahagan, J., Flowerdew, G., **Cobbett, S.,** Frank, B., Dugas, B., Barbour, L., Ungaar, M. & Plaat, M. (2006). Received \$150,000.00 from the Nova Scotia Health Research Foundation, Investigating determinants of adolescent pregnancy: A study of the effects influencing youth in a rural Nova Scotia community.
- 2002- 2006 **Cobbett, S. (2006). Nursing Education Online: Pedagogical practice and professional socialization.** Doctoral Dissertation. Australia: CSU.
- 2003-2005 Amirault, M., **Cobbett, S.,** Hartigan-Rogers, J. & Muise-Davis, M. (in progress). **Clinical Reflection of Recent BScN Graduates.** ARCAUSN Funded Research: \$1000.
- 2002-2004 Rathwell, T., Butler, L., Anderson, B., **Cobbett, S.,** Pennock, M., Paterson, C. & Kiefl, P. (April, 2002- October, 2003). *Determining the impact of the population health approach in health policy by community health boards in Nova Scotia.* CPHI Funded Research: \$87,675.

- 2001-2003 Amirault, M., **Cobbett, S.**, Doherty, A., Hartigan-Rogers, J., LeBlanc, A., Muise-Davis, M. & Newell, J. **Evaluation of the Nova Scotia Health Network** (\$10 000.)
- 1998-2002 **Cobbett, S.** Chairperson, Research and Evaluation Committee. Sharing Strengths: A child and youth health strategy. Health Transition Health Canada Funded: \$458,600.
- 1997-99 Randomized Clinical Trial to Assess the Efficacy of Chlorohexidine Gluconate Swab in relation to IV Site Infections, Western Regional Health Centre, Principal Investigator. SoluMed & Provincial Medical Supplies Funded: \$8000.
- 1994-99 Perinatal Partnership Education Project. (PEPP). A partnership project with Dalhousie University, Grace Maternity Hospital and the Reproductive Care Program of Nova Scotia. Nova Scotia Department of Health Funded. \$1,110,000.
- 1999 Research Proposal submission to National Health & Research Development Program, January/99, October /99, Principal Investigator
- 1996-97 Prospective Correlational Intravenous Study, Yarmouth Regional Hospital, Coordinator
- 1995-96 Environmental Illness Study (In conjunction with Risk Management & Occupational Health) Yarmouth Regional Hospital, Data Analysis
- 1995-99 Evaluation of the Western Regional Consumer Health Information via the Internet
- 1996 Heparinized IV Dosages and its Relationship to Ptt, ICU, Yarmouth Regional Hospital
- 1995 Nurse Caring Behaviors During Labour: Perceptions of Postpartum Mothers, Masters Thesis

Presentations/Publications

Cobbett, S., Hartigan-Rogers, J., & Redmond, S. (2013). Adoption of evidence-based best practice regarding three-option multiple choice questions: It's about time! Peer-reviewed paper presented at the Western North-western Region Canadian Association of University Schools of Nursing. Edmonton, AB: February 21-23, 2013.

Redmond, S., Hartigan-Rogers, J., & **Cobbett, S.** (2012). High time for a change: Psychometric analysis of multiple-choice questions in nursing. *International Journal of*

Nursing Education Scholarship. 9(1), 1- 16. doi: 10.1515/1548-923X.2487

Langille, D., Rasic, D., Kisely, S., Flowerdew, G., & **Cobbett, S.** (2012). Protective associations of school connectedness with risk of depression in Nova Scotia adolescents. *The Canadian Journal of Psychiatry*, 57(12), 759-764.

Cobbett, S. (2011). Same message, different medium: Professional socialization in online education. [Abstract]. Peer-reviewed paper presented at E-LEARN 2011--World Conference on E-Learning in Corporate, Government, Healthcare, & Higher Education. Honolulu, HI: October, 2011.

Cobbett, S. (2011). Two for One: Acquiring Research and Technological Skills. [Abstract]. Peer-reviewed poster presentation at Canadian eLearning Conference—Partnerships in Learning. Halifax, N.S.: April 2011.

Cobbett, S. (2010). Pedagogical evaluation of online courses. [Abstract]. Peer-reviewed paper presented at ED-MEDIA 2010--World Conference on Educational Multimedia, Hypermedia & Telecommunications. Toronto, ON: June 2010.

Cobbett, S. (2009). Pedagogical evaluation matrix for online courses. Paper presented at the Dalhousie University School of Nursing Research Conference. Halifax, N.S.: October, 2009.

Cobbett, S. (2007). A re-conceptualized model of good online pedagogical practices. [Abstract]. Peer-reviewed paper presented at the World Conference on E-Learning in Corporate, Government, Healthcare, & Higher Education. AACE, Quebec City, Quebec. October, 2007.

Cobbett, S. (2007). Caring for nursing students: Maximizing time and space with virtual clinical conferences. [Abstract]. Caring for Vulnerable Populations. Dalhousie University School of Nursing Research Conference. May 11, 2007.

Hartigan-Rogers, J., **Cobbett, S.**, Amirault, M. & Muise-Davis, M. (2007). Nursing graduates perceptions of their undergraduate clinical placement. International Journal of Nursing Education Scholarship, 4(1), Article 9.

Cobbett, S. (2005). Perception of the relevancy of clinical placement on nursing practice. Paper presented at McMaster University Nursing Research Day, October 12 & 13, 2005. Hamilton, Ontario.

Amirault, M., **Cobbett, S.**, Doherty, A., Hartigan-Rogers, J., LeBlanc, A., Muise-Davis, M. & Newell, J. (2005). Consumer Health Information on the Internet: An evaluation report of the Nova Scotia Health Network. Journal of the Canadian Health Sciences Library, 26(2), 41-46.

Cobbett, S. (2004). Measuring Community Capacity: A Toolkit. [Abstract]. Linking Health Promotion Research to Policy in Atlantic Canada. AHPRC: Halifax, N.S.

Cobbett, S. (2004). The Impact of the Population Health Approach by Community Health Boards in Nova Scotia. [Abstract]. Linking Health Promotion Research to Policy in Atlantic Canada. AHPRC: Halifax, N.S.

Cobbett, S. (2004). Measuring Community Capacity: A Toolkit. Paper presented at the Atlantic Health Promotion Research Forum, June 1 & 2, 2004. Moncton, New Brunswick.

Cobbett, S & Dawson, C. (2004). The Impact of the Population Health Approach by Community Health Boards in Nova Scotia. Paper presented at the Atlantic Health Promotion Research Forum, June 1 & 2, 2004. Moncton, New Brunswick.

Cobbett, S. (ed.) (2002). *Out of the mouths' of youth- a descriptive analysis of the*

sample data from the Youth resiliency Questionnaire Schedule. Wolfville, N.S.: Sharing Strengths Society.

Cobbett, S. (ed.). (2002). *Healthy youth development: What is needed to promote resiliency in youth- A report of the findings of Phase 1 of a longitudinal study*. Wolfville, N.S.: Sharing Strengths Society.

Wight-Moffat, F & **Cobbett, S.** (2001). "Enhancing BScN Learners Clinical Reasoning and Critical Thinking through Use of a Maternity Course Web Site". Abstract in syllabus of Association of Womens Health, Obstetric & Neonatal Nurses (AWHONN). Convention, Charlotte, North Carolina, June 10-13, 2001.

Cobbett, S. & LeBlanc, A. (2000). Minimize IV site infection while saving time and money. Australian Infection Control Journal, 5(2), 8-14.

LeBlanc, A. & **Cobbett, S.** (2000). Traditional practice versus evidence-based practice for IV skin preparation. The Canadian Journal of Infection Control, 15(1), 9-14.

Cobbett, S. & LeBlanc, A. (1999). IV Site Infection: A Prospective Randomized Trial Comparing the Efficacy of 3 methods of Skin Antisepsis. Canadian Intravenous Nurse's Association Journal, 15, 48-52.

Cobbett, S. (1999). Skin antisepsis methods for IV site preparation. Oral presentation at the 24th Annual Canadian Intravenous Nurses Association Conference, Toronto, Ont. October 20-22, 1999.

Cobbett, S., & LeBlanc, A. (1999). IV Site Infection: A Prospective, Randomized Clinical Trial Comparing the Efficacy of 3 Methods of Skin Antisepsis: 0.5% CHG with 70% Isopropyl Alcohol, Isopropyl Alcohol Swab followed by 10% Povidon-Iodine and 10% Povidone-iodine swab followed by Isopropyl Alcohol. Working Paper. Yarmouth, NS.

Cobbett, S., & LeBlanc, A. (1999). IV Site Infection: A Prospective Randomized Trial Comparing the Efficacy of 3 methods of Skin Antisepsis. Canadian Intravenous Nurse's Association Journal, 15 (1), 48-52.

Cobbett, S. (1999). IV Site Infection - A RCT. Poster presentation at the Annual Dalhousie University School of Nursing Research Day, Halifax, NS. May, 1999.

Cobbett S. (1999). Putting a Design to your Research Question. Oral presentation at the 4th annual Health Research Networking Group, Liverpool, NS, April, 1999.

Cobbett, S. & Hartigan-Rogers, J. (1998). The Construction of a Bridge: Enabling Staff Nurses to Learn and Conduct Research. Poster presentation at the 3rd Annual Health Research Networking Group, Cornwallis, NS, June, 1998.

Cobbett, S. (1998). What is health research? Health Research Networking Group, 2 (1): 1.

Cobbett, S. (1997). Health Research Networking Group. Poster presentation at the Annual Western Region Research Conference. Yarmouth, June 11.

Cobbett, S. (1997). Nursing Quality Support Network: Joining Practice with Education to Accomplish Outcome-based Research. Paper presented at the RNANS Biannual Educational Conference. Dartmouth, May 15.

Cobbett, S. (1997). Health Research Networking Group. Poster presentation at the RNANS Annual General meeting. Dartmouth, May 14.

Cobbett, S. (1997). Nurse Caring Behaviors During Labour: Perceptions of Postpartum Mothers. A paper presented at the Joint 8th Annual COGNN and 19th Annual

IWK-Grace Health Centre Conference. Dartmouth, April 4.

Cobbett, S. (1996). Swanson's Theory of Informed Caring. A FOIDS presentation at the Grace Maternity Hospital, Halifax, Nova Scotia

Cobbett, S. (1996). Dalhousie University Opportunities Available On-Site in Yarmouth. A presentation to the Canadian Employment Centre, Yarmouth, Nova Scotia

Cobbett, S. (1996). Swanson's Theory of Informed Caring and Intrapartum Nursing Care. A paper presented at AWHONN Halifax Chapter. Halifax, Nova Scotia

Cobbett, S. (1995). Nurse Caring Behaviours During Labour: Perceptions of Postpartum Mothers. A paper presented at Reproductive Care Program of Nova Scotia Annual Regional meeting. Yarmouth, Nova Scotia.

Cobbett, S. (1995). Nurse Caring Behaviours During Labour: Perceptions of Postpartum Mothers. Thesis Research presented in Bluenose Conference Room (Western Regional Health centre).

Presentations related to various computer applications (Windows =95, WP 6.1, Pegasus E-mail), Sept. & Oct., 1995; Feb, April & May, 1996, Yarmouth, Nova Scotia.

Book Chapters and Educational Material

Cobbett, S. (2013). Chapter PowerPoint Presentations: Maternal Child Nursing Care in Canada (1st ed.). Toronto, ON: Elsevier.

Cobbett, S. (2013). Electronic Test bank: Maternal Child Nursing Care in Canada (1st ed.). Toronto, ON: Elsevier.

Cobbett, S. (2013). (Adapted). Nursing Management: Sexually transmitted infections. In Goldsworthy, S. and Barry, M. (Eds.). Medical-Surgical nursing in Canada: Assessment and management of clinical problems (3rd ed.). Toronto, ON: Elsevier.

Cobbett, S. (2013). (Adapted). Nursing Management: Male reproductive problems. In Goldsworthy, S. and Barry, M. (Eds.). Medical-Surgical nursing in Canada: Assessment and management of clinical problems (3rd ed.). Toronto, ON: Elsevier.

Cobbett, S. (2013). Self-management: Stress and time. In P. Yoder-Wise and L. Grant (Ed.). Leading and Managing in Nursing, First Canadian Edition. (In Press). Toronto ON: Elsevier.

Cobbett, S. (2013). (Adapted). Cancers of the female reproductive tract. In Chow, J. (Ed.). Canadian Maternity and Pediatric Nursing. Philadelphia: Lippincott Williams Wilkins.

Cobbett, S. (2012). Chapter PowerPoint Presentations. In M. Wilk & R. Newmaster, R. (Eds.). Mosby's Canadian Textbook for the Support Worker. (3rd ed.). Toronto, ON: Elsevier.

Cobbett, S. (2012). Electronic Key Chapter Points. In V. Boscart & L. McCleary (Eds.). Ebersole & Hess' Gerontological Nursing & Health Aging, First Canadian

Edition. Toronto ON: Elsevier.

Cobbett, S. (2011). (Adapted). Stanhope's Community Health Nursing in Canada: Electronic Testbank (2nd ed.). Toronto, ON: Elsevier.

Cobbett, S. (2011). (Adapted). Medical-Surgical nursing in Canada: Assessment and management of clinical problems Test Bank (2nd ed.). Toronto, ON: Elsevier.

Cobbett, S. (2011). (Adapted). Nursing Management: Sexually transmitted infections. In Goldsworthy, S. and Barry, M. (Eds.). Medical-Surgical nursing in Canada: Assessment and management of clinical problems (2nd ed.). Toronto, ON: Elsevier.

Cobbett, S. (2011). (Adapted). Nursing Management: Male reproductive problems. In Goldsworthy, S. and Barry, M. (Eds.). Medical-Surgical nursing in Canada: Assessment and management of clinical problems (2nd ed.). Toronto, ON: Elsevier.

Cobbett, S. (2006). (Adapted). Nursing Management: Sexually transmitted infections. In Goldsworthy, S. and Barry, M. (Eds.). Medical-Surgical nursing in Canada: Assessment and management of clinical problems, (pp. 1392-1407). Toronto, ON: Elsevier.

Cobbett, S. (2006). (Adapted). Nursing Management: Male reproductive problems. In Goldsworthy, S. and Barry, M. (Eds.). Medical-Surgical nursing in Canada: Assessment and management of clinical problems, (pp. 1443-1470). Toronto, ON: Elsevier.

Book Reviewer

LoBiondo-Wood, G., Haber, J., Cameron, C., & Singh, M. (2012). Nursing research in Canada (2nd ed.). Part 2 & 3 (Chapters 7 – 11). Toronto, ON: Elsevier.

Perry, S., Hockenberry, M., Lowdermilk, D., & Wilson, D. (2012). Maternal child nursing care, 1st Cdn Ed. Units 4 -6 (Chapters 15 – 28). Toronto, ON: Elsevier.

Peer reviewer for Nurse Education Today (2011).

Teaching Activities: Dalhousie University

1999- Present N2250: Foundations of

Contemporary Nursing Practice

Introductory course for Post-RN's delivered online

N3260 Nursing Practice:

A 3-credit course addressing the content of *Mothers, Infants & Childbearing Families*

N3030 Nursing Research:	A 3-credit introductory course to Nursing Research; taught on-site and via distance.
Guest Lecturer in N2090	Pathophysiology in Nursing.
2008- Present N3290 Nursing Practice III:	Six week intersession that is based in the hospital
2008 N3310 Health Informatics	A 3-credit online course focusing on the acquisition and application of informatics systems in health care.
2007 N4030 Collaborative Leadership:	A 3-credit course focusing on leadership concepts and theories; taught on-site and via distance.

Summary of Teaching Activities: Yarmouth Regional Hospital School of Nursing

Teaching responsibilities included classroom and clinical teaching. In the Classroom I taught Anatomy and Physiology, Pharmacology, Microbiology, Adult Medical/Surgical Disorders, Pathophysiology, Maternity Nursing (antepartum, intrapartum, postpartum & neonatal content). My clinical teaching areas included Postpartum, Nursery and Caseroom.

University School of Nursing Committees

2010 – Present	Undergraduate Curriculum Committee, Chairperson
2010 - 2011	Project lead: CASN Accreditation Self-Study Report: Yarmouth Campus BScN Program and POST-RN Program
1995 - Present	Full Faculty Committee, Member
1995 - Present	Undergraduate Program Committee, Member
2006 – 2010	Research Committee, Member
2006 – 2008	Undergraduate Curriculum Committee, Member
2002 – 2005	Distance Education Committee- Chairperson
2000 – 2003	International Distance Nursing Education Committee, Member
1997 - 2002	Distance Education Committee, Member
1996 - 2000	Clinical and Learning Resources Committee, Member
1996 - 2000	Perinatal Education Partnership Project Provincial Advisory Committee
1997 - 1999	Committee on Studies, Member

Other Committees

- 2010 – Present** SWNDHA Maternal Child Committee, Member
- 2002- Present** Faculty of Health Professions Distance Education Committee Member [*Committee now a committee of the university rather than only the Health Professions*].
- 1996 – 2004** Yarmouth Regional Hospital Perinatal Committee
- 1996 - 2002** Health Research Networking Group
- 1995 - Present** Yarmouth Faculty Committee Member
- 1989 - Present** Lake Vaughn Volunteer Auxiliary: Co-Chair of Annual Festival

Professional Work

- 2009-2011 CNA: CRNE Item Writing/Revising/Reviewing Committee (annually)
- 2008 CRNNS: Jurisdictional Competency Review Committee Member, CRNE
- 2008 Pedagogical Evaluation of Online Courses for the Interprofessional Psychosocial Oncology Theory and Practice Online Course Team, Health Canada.
- 2003 CRNNS: Jurisdictional Review Committee Member, CRNE
- 2002 CRNNS: Jurisdictional Review Committee Member, CRNE
- 2000 Focus Group Leader for CNA Code of Ethics (Draft Review), Yarmouth, Nova Scotia
- 1998 Yarmouth Site Nursing Department Computer Systems Coordinator
- 1995 Founding member of the Health Research Networking Group, Western Region, Nova Scotia

Conferences Attended/Courses Completed (Included under presentations for conferences attended; if no presentation then conference attendance is noted here)

- 2012 Ten Years since the Romanow Report: Retrospect and prospect. November 9, 2012: Fairmont Royal York, Toronto, ON. Webinar Forum.
- 2010-2011 Certificate: French- Conversation Beginner, University Ste. Anne
- 2010 BLS-C Course Re-certification, Yarmouth
- 2009 Certificate: French- Beginner 4, University Ste. Anne
- 2008 Introduction to Excel, Yarmouth Regional Hospital
- 2008 Certificate: French- Beginner 3, University Ste. Anne
- 2007 Certificate: French- Beginner 2, University Ste. Anne
- 2007 Tri-County Health Promoting Schools Conference, Yarmouth, N.S.
- 2007 Certificate: Introductory French- Beginner 1, University Ste. Anne

- 2007 BLS-C Course, Yarmouth
- 2006 Pediatric Pain. Workshop Bluenose Conference Room, Yarmouth Regional Hospital. Presented by Dr. Allen Finely and Paula Forgeron. May 23, 2006.
- 2006 Doctoral Degree- Charles Sturt University, Wagga Wagga, Australia.
- 2005 CRNNS Workshop- Fundamentals for Practice. Yarmouth, N.S.
- 2004 Registered Nurses Professional Development Center. Provincial Preceptor Program Workshop. Yarmouth, N.S.
- 2004 AHPRC Conference. Linking Health Promotion to Policy in Atlantic Canada. Moncton, NB. June, 2004.
- 1999 CINA Annual Conference. Change & Challenge = Opportunity. Toronto, Ontario. October, 1999.
- 1999 4th Annual Health Research Networking Group Conference. Liverpool, Nova Scotia, April, 1999.
- 1999 Annual Dalhousie University School of Nursing Research Day, Halifax, Nova Scotia, May, 1999.
- 1999 Breastfeeding Workshop, Yarmouth Regional Hospital, Yarmouth Nova Scotia
- 1998 Heart & Stroke Foundation of Nova Scotia, Basic Life Support Course B CPR, Yarmouth, Nova Scotia
- 1998 Annual ARCAUSN Conference, Building Bridges: Linking Theory, Practice and Research. Charlottetown, Prince Edward Island.
- 1998 Health Research Networking Group. Community Based Research For Enhanced Community Health. Greenwood, Nova Scotia
- 1997 RNANS, Annual General Meeting & Education Conference, Dartmouth Nova Scotia
- 1997 Nursing Research Retreat, Dalhousie University School of Nursing, Halifax, Nova Scotia
- 1997 Health Research Networking Group, Building Research Capacity: Partnerships & Linkages.

- 1997 IWK Grace Health Centre. Nurses, Women and Families: How are we Making a Difference? The Joint 8th Annual COGNN and the 19th Annual IWK-Grace Health Centre Conference, Dartmouth, Nova Scotia
- 1997 Critical Thinking Workshop, FLIDS Presentation, Halifax, Nova Scotia
- 1997 Department of Health, Breastfeeding: Discovering Nature's Gift, Yarmouth, Nova Scotia
- 1996 Health Research Networking Group. Research Awareness Day, Yarmouth, Nova Scotia
- 1996 Grace Maternity Hospital Annual Nursing Conference, Dartmouth, Nova Scotia
- 1996 Yarmouth Regional Hospital, Pegasus Workshop (E-mail), Yarmouth, Nova Scotia
- 1996 Joint Nursing Education/Practice Forum, Western Regional Health Centre, Yarmouth, Nova Scotia
- 1995 Grace Maternity Hospital. Nursing Childbearing Families: Providing Culturally Sensitive Care, 17th Annual Maternity-Neonatal Nursing Conference, Intrapartum Care, Greenwood, Nova Scotia
- 1995 Reproductive Care Program of Nova Scotia Annual Regional Conference, Intrapartum Care, Greenwood, Nova Scotia
- 1995 Dalhousie University Grading Workshop, Grace Maternity Hospital, Halifax, Nova Scotia
- 1995 Windows =95 Workshop, Nova Scotia Community College, Burr ridge Campus, Yarmouth, Nova Scotia
- 1995 Word Perfect 6.1 Workshop, Western Regional Health Centre, Yarmouth, Nova Scotia
- 1994 Nova Scotia Department of Health. Exploring the Realities of Postpartum Depression. Bluenose Conference Room, Yarmouth Nova Scotia