

2025/2026

Bachelor of Science (Recreation) Therapeutic Recreation

School of Health and Human Performance www.dal.ca/hahp

NAME:	ID#: B
YEAR ONE	YEAR TWO
LEIS 1127 (03)	HAHP 2000 (03)
Foundations of Recreation	Human Growth & Development
LEIS 1130 (03)	LEIS 2127 (03)
Foundations and Concepts of Therapeutic Recreation	Leisure Theory
LEIS 2296 (03)	LEIS 2361 (03)
Leadership and Group Dynamics	Program Planning
HSCE 1020 (03)	LEIS 2385 (03)
Human Anatomy and Physiology I	Inclusive Recreation Service Delivery
HSCE 1030 (03)	LEIS 2492 (03)
Human Anatomy and Physiology II	Counselling Techniques in Therapeutic Recreation
SOSA 1002 (03)	PSYO 2220 (03)
People and Culture	Adult Psychopathology
SOSA 1003 (03)	STAT 1060 (03)
Introduction to Sociology	Introduction to Statistics
PSYO 1011 (03)	EDIA Elective (03)
Intro to Psych and Neuroscience 1	
PSYO 1012 (03)	Open Electives (06) *
Intro to Psych and Neuroscience 2	Open Electives (00)
(note: completion of both halves of intro PSYO with a B- or	
better is required for entry into PSYO 2220 in year 2)	
Open Electives (03) *	
	IPHE 4900 (00) **
IPHE 4900 (00) **	Interprofessional Health Education Portfolio
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YEAR THREE	YEAR FOUR
HAHP 3000 (03)	
Community Development	LEIS 4365 (03)
HLTH 3010 (03)	Administrative Concepts in Therapeutic Recreation
Introduction to Research Methods	
(if applying for Honours, this course <u>must</u> be completed in	Therapeutic Rec. Specialization (03) *
fall term)	
LEIS 3127 (03)	
Leisure Education	Therapeutic Rec. Specialization (03) *
LEIS 3426 (03)	
Assessment/Planning/Documentation in TR Service Delivery	
LEIS 3427 (03)	Open Elective (06)*
Therapeutic Recreation Facilitation, Implementation, and	
Evaluation	
1 EIC 4EC3 (03)	

Open Elective (09) *

Aging and Lifestyle

LEIS Elective (03)*

IPHE 4900 (00) **

Interprofessional Health Education Portfolio

* Elective Information

Open Electives: 12 credit hours of the 24 credit hours must be above the 1000 level.

EDIA Elective: Any course from the following list:

ASSC 3150 GWST 1015 HPRO 3360 KINE 3200 CANA 3052 HLTH 2000

HSCE 3000 KINE 3384 DISM 3010 HLTH 2201 INDG 2052

<u>LEIS Elective</u> – any LEIS course not already required in the TR degree

TR Specialization Electives - current offerings for the TR specialization courses are listed below. These are subject to change, but any changes will be communicated to students in advance.

LEIS 4512 (03) Therapeutic Recreation Specialization – Physical and Developmental Disabilities

LEIS 4540 (03) Therapeutic Recreation Specialization – Addiction and Mental Illness

**IPHE 4900 - Interprofessional Health Education Portfolio

Students in the Faculty of Health Professions must register for IPHE 4900 each term while registered in their respective degree program. This is a non-credit requirement that has no course fee. Students will take part in interprofessional collaborative learning experiences that will be outlined by the School each year.

Honours - Students may apply for honours by **November 15**th of the year before their final year of the program. If accepted, students will proceed by taking LEIS 4101 in the subsequent winter term and LEIS 4102 in the fall of their final year. Both courses can count toward electives. Students must obtain a minimum grade of B in 4101 to be eligible to continue in 4102.

To be eligible for honours, students must complete HLTH 3010 before or in the fall term in which the application is due. A grade of B or better in this course is required, as is a cumulative GPA of 3.70 over the previous 45 credit hours. To apply for honours, please see a HAHP academic advisor.

Certificates – Students may want to consider adding a certificate to the degree. For more information on certificates available at Dal, please see the <u>Academic Calendar</u>. Important to note is that not all certificates are available to all students at Dal and depending on certificate requirements, it may not be possible to fit requirements for all certificates into the 120 credit hours needed for the TR degree. To discuss further, please contact an advisor.

First Aid /CPR – **Please note** that students must ensure they have a minimum of Standard First Aid and Level C CPR current certification **prior to going on internship**. Students are responsible for obtaining this certification on their own and a copy of certification will be required prior to obtaining internship approval.

GPA Requirement for Internship – students must have a minimum cumulative GPA of 2.00 or higher prior to the enrolling in LEIS 4598.15 (internship).

Other Notes: Students should refer to the National Council for Therapeutic Recreation Certification (www.nctrc.org) for information on Therapeutic Recreation certification. It is each student's responsibility to stay up to date on certification standards and eligibility requirements as well as any proposed and/or upcoming changes.