

**NAME:** \_\_\_\_\_

**ID#: B** \_\_\_\_\_

| <u>YEAR ONE</u>   | Year  | Grade |
|---|-------|-------|
| <b>LEIS 1127 (03)</b><br><i>Foundations of Recreation</i>   | _____ | _____ |
| <b>SOSA 1002 (3)</b><br><i>People and Culture</i>   | _____ | _____ |
| <b>SOSA 1003 (3)</b><br><i>Introduction to Sociology</i>  | _____ | _____ |
| <b>PSYO _____ / _____ (06)</b><br><i>Introductory level Psychology</i><br><i>(note: completion of both halves of intro PSYO with a B- or better is required for entry into PSYO 2220 in year 2)</i> | _____ | _____ |
| <b>PHYL 1010 (06)</b><br><i>Human Physiology</i>  | _____ | _____ |
| <b>ANAT 1020 (03)</b><br><i>Basic Human Anatomy</i>   | _____ | _____ |
| <b>Open Electives (06) *</b><br>_____<br>_____  | _____ | _____ |
| <b>IPHE 4900 (00) **</b><br><i>Interprofessional Health Education Portfolio</i>   | _____ | _____ |

| <u>YEAR TWO</u>  | Year  | Grade |
|--|-------|-------|
| <b>HAHP 2000 (03)</b><br><i>Human Growth &amp; Development</i>                     | _____ | _____ |
| <b>LEIS 2127 (03)</b><br><i>Leisure Theory</i>                                     | _____ | _____ |
| <b>LEIS 2130 (03)</b><br><i>Foundations and Concepts of Therapeutic Recreation</i> | _____ | _____ |
| <b>LEIS 2296 (03)</b><br><i>Leadership and Group Dynamics</i>                      | _____ | _____ |
| <b>LEIS 2361 (03)</b><br><i>Program Planning</i>                                   | _____ | _____ |
| <b>LEIS 2384 (03)</b><br><i>Leisure and Individuals with Disabilities</i>          | _____ | _____ |
| <b>STAT 1060 (03)</b><br><i>Introduction to Statistics</i>                         | _____ | _____ |
| <b>PSYO 2220 (03)</b><br><i>Abnormal Behaviour</i>                                 | _____ | _____ |
| <b>Open Electives (06) *</b><br>_____<br>_____                                     | _____ | _____ |
| <b>IPHE 4900 (00) **</b><br><i>Interprofessional Health Education Portfolio</i>    | _____ | _____ |

| <u>YEAR THREE</u>   | Year  | Grade |
|---|-------|-------|
| <b>HAHP 3000 (03)</b><br><i>Community Development</i>   | _____ | _____ |
| <b>HAHP 3100 (03)</b><br><i>Introduction to Research Methods</i><br><i>(if applying for honours, this course <u>must</u> be completed in fall term)</i> | _____ | _____ |
| <b>LEIS 3127 (03)</b><br><i>Leisure Education</i>   | _____ | _____ |
| <b>LEIS 3426 (03)</b><br><i>Techniques in Therapeutic Rec Service Delivery</i>  | _____ | _____ |
| <b>LEIS 3492 (03)</b><br><i>Counselling for Health and Well-being</i>   | _____ | _____ |
| <b>LEIS Elective (03) *</b><br>_____  | _____ | _____ |
| <b>Designated Elective (03) *</b><br>_____  | _____ | _____ |
| <b>Open Elective (09) *</b><br>_____<br>_____<br>_____  | _____ | _____ |
| <b>IPHE 4900 (00) **</b><br><i>Interprofessional Health Education Portfolio</i>   | _____ | _____ |

| <u>YEAR FOUR</u>  | Year  | Grade |
|---|-------|-------|
| <b>LEIS 4365 (03)</b><br><i>Administrative Concepts in Therapeutic Recreation</i> | _____ | _____ |
| <b>Therapeutic Rec. Specialization (03) *</b><br>_____                            | _____ | _____ |
| <b>Therapeutic Rec. Specialization (03) *</b><br>_____                            | _____ | _____ |
| <b>Open Elective (06) *</b><br>_____<br>_____                                     | _____ | _____ |
| <b>CPR/First Aid (must be completed prior to internship)</b>                      |       |       |
| <b>LEIS 4598 (15)</b><br><i>Internship</i>  | _____ | _____ |
| <b>IPHE 4900 (00) **</b><br><i>Interprofessional Health Education Portfolio</i>   | _____ | _____ |

**Please see reverse for additional degree requirement information.....**

## \* Elective Information

**Designated Electives:** Electives chosen from the Subject Groupings: Language and Humanities (see degree requirements section in academic calendar), Health Professions or Social Sciences.

**Open electives:** 12 credit hours of the 27 credit hours must be above the 1000 level.

**LEIS Elective** – any LEIS course not already required in the TR degree

**TR Specialization Electives** are offered in alternate years in the fall term only – students must register in the courses being offered at the time they are eligible to enroll in the TR Electives.

2018/2019 2020/2021 2022/2023 2024/2025

**LEIS 4512 (03)** Therapeutic Recreation Specialization – Physical and Developmental Disabilities

**LEIS 4482 (03)** Therapeutic Recreation Specialization – Youth at Risk

2019/2020 2021/2022 2023/2024 2025/2026

**LEIS 4540 (03)** Therapeutic Recreation Specialization – Addiction and Mental Illness

**LEIS 4563 (03)** Therapeutic Recreation Specialization – Aging and Lifestyle

## \*\*IPHE 4900 – Interprofessional Health Education Portfolio

Students in the Faculty of Health Professions **must register for IPHE 4900 each term while registered in their respective degree program**. This is a non-credit requirement that has no course fee. Students will take part in interprofessional collaborative learning experiences that will be outlined by the School each year.

**First Aid /CPR – Please note** that students must ensure they have a minimum of Standard First Aid and Level C CPR current certification **prior to going on internship**. Students are responsible for obtaining this certification on their own and a copy of certification will be required prior to obtaining internship approval.

**Honours** - Students may apply for honours by **November 15<sup>th</sup>** of the year before their final year of the program. If accepted, students will proceed by taking LEIS 4101 in the subsequent winter term and LEIS 4102 in the fall of their final year. Both courses can count toward electives.

To be eligible for honours, students must complete HAHP 3100 before or in the fall term the application is due. A grade of B or better in this course is required, as is a cumulative GPA of 3.70 over the previous 45 credit hours and a grade of B or better in a course most related to the proposed thesis topic. To apply for honours, please see a HAHP academic advisor.

**GPA Requirement for Internship** – students must have a minimum cumulative GPA of 2.00 or higher prior to the enrolling in LEIS 4598.15 (internship).

**Other Notes:** Students should refer to the National Council for Therapeutic Recreation Certification ([www.nctrc.org](http://www.nctrc.org)) for information on Therapeutic Recreation certification. It is each student's responsibility to stay up to date on certification standards and eligibility requirements as well as any proposed and/or upcoming changes.

Note that **effective January 1, 2022**, all applications submitted to NCTRC on or after Jan 1, 2022 will be required to meet the new standard of 18 credit hours of courses in Therapeutic Recreation content. Any changes to the Certification Standards affect applications that are submitted after the change date, therefore if a student applies to NCTRC prior to January 1, 2022 and is granted professional eligibility from NCTRC, they do not need to meet the new standard of 18 credits or 6 courses in TR. If a student applies after that date, they will need to meet the new standards. When a student is granted professional eligibility, it is for a five year period and will remain active as long as the student pays the annual professional eligibility fee. If the student does not take and pass the exam within that five year period and the professional eligibility expires, they will need to reapply to NCTRC and meet the standards that are in effect at the time of reapplication.