

FACULTY OF HEALTH

School of Health and Human Performance

Bachelor of Science (Recreation) – Therapeutic Recreation

2024-2025 Academic Year

First Year Course Planning Guide

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete degree requirements, see the Academic Calendar at www.dal.ca/calendar.

Transfer students and any student with questions about Therapeutic Recreation course selection should contact one of the HAHP advisors: **Heidi Tracey Baillie** at htb@dal.ca or **Lindsay Currie** at lindsay.currie@dal.ca

Fall	Winter
Leisure Studies (LEIS) 1127: Foundations of Recreation Lecture only	Leisure Studies (LEIS) 1130: Foundations and Concepts of Therapeutic Recreation Lecture only
HSCE 1020: Human Anatomy and Physiology I Lecture only (online)	Leisure Studies (LEIS 2296): Leadership and Group Dynamics Lecture only
Open Elective *	HSCE 1030: Human Anatomy and Physiology II Lecture only (online)
Sociology & Social Anthropology (SOSA) 1002: People and Culture: Introduction to Anthropology Lecture only	Sociology & Social Anthropology (SOSA) 1003: Introduction to Sociology Lecture only
Psychology (PSYO) 1011 or 1031: Intro to Psych and Neuroscience 1 ** Lecture and Lab	Psychology (PSYO) 1012 or 1032: Intro to Psych and Neuroscience 2 ** Lecture and Lab
Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio *** Section 02	Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio *** Section 02

***Open Elective:** This can be any course of your choice for which you are permitted to register. Students should look through many subject areas in the timetable to find a subject of interest.

**** PSYO 1011 or 1031 and 1012 or 1032:** The 1011/1012 courses are in-person while the 1031/1032 courses are online asynchronous.

***** IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 (**section 02**) every term during the degree program.

