

First-year course planning 2026-27



Bachelor of Science (Recreation) – Therapeutic Recreation

Transfer students or any student with questions about Therapeutic Recreation course selection should contact one of the HAHP advisors:

Heidi Tracey Baillie at htb@dal.ca or Lindsay Currie at lindsay.currie@dal.ca

| Fall 2026 | Winter 2027 |
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| Leisure Studies (LEIS) 1127: Foundations of Recreation Lecture only | Leisure Studies (LEIS) 1130: Foundations and Concepts of Therapeutic Recreation Lecture only |
| Health Sciences (HSCE) 1020: Human Anatomy and Physiology 1 Lecture only (online) | Health Sciences (HSCE) 1030: Human Anatomy and Physiology II Lecture only (online) |
| Sociology & Social Anthropology (SOSA) 1002: People and Culture: Introduction to Anthropology* Lecture only | Sociology & Social Anthropology (SOSA) 1003: Introduction to Sociology * Lecture only |
| Psychology (PSYO) 1011 or 1031: Intro to Psych and Neuroscience 1 ** Lecture and Lab | Psychology (PSYO) 1012 or 1032: Intro to Psych and Neuroscience 2 ** Lecture and Lab |
| Open Elective *** | Open Elective *** |
| Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio. **** | Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio. **** |

* For the **SOSA** courses, it is possible to do SOSA 1003 in the fall term and SOSA 1002 in the winter term.

** **PSYO 1011 or 1031 and 1012 or 1032:** The 1011/1012 courses are in-person while the 1031/1032 courses are online asynchronous. It is possible to do 1011 + 1032 or 1031 + 1012.

*** **Open Elective:** This can be any course of your choice for which you are permitted to register. Students should look through many subject areas in the timetable to find a subject of interest.

**** **IPHE 4900:** Register for this like you would a course but when the semester begins, you will not attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 (**section 02**) every term during the degree program.

Helpful Links:

[Academic Timetable](#)

[Schedule Worksheets](#)

[Dal First Year Registration 101](#)

Find advising support at dal.ca/advising