

FACULTY OF HEALTH PROFESSIONS

School of Health and Human Performance

First-Year Bachelor of Science (Kinesiology) Course Planning Worksheet

2019-2020 Academic Year

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the schedule worksheet to build your schedule. It is recommended you schedule your required courses first, and then choose your electives based on your interests and future goals. The Course Planning Worksheet is meant as a reflective tool to plan out your courses. For complete program requirements, see the Dalhousie Academic Calendar at www.dal.ca/calendar or ask your advisor.

Fall	Winter
Kinesiology (KINE) 1104: Foundations in Kinesiology Lecture and Lab	Kinesiology (KINE) 1102: Physical Activity and Health Lecture and Lab
Anatomy (ANAT) 1020: Basic Human Anatomy Lecture only	Kinesiology (KINE) 1106: Philosophy and Ethics for Kinesiologists Lecture and Lab
Physiology (PHYL) 1011: Human Physiology 1 Lecture only	Physiology (PHYL) 1012: Human Physiology 2 Lecture only
English (ENGL) 1100: Writing for University* Lecture section 2 and Tutorial (choose one from T05 – T09)	Kinesiology (KINE) 1108: Psychology and Physical Activity Lecture and Lab
Science Elective (see options below): Lecture and Lab	Science Elective (see options below): Lecture and Lab
Interprofessional Health Education (IPHE) 4900: Inter-professional Health Education Portfolio Lecture section 2	Interprofessional Health Education (IPHE) 4900: Inter-professional Health Education Portfolio Lecture section 2

* **ENGL1100:** Please register for section 2, and choose one tutorial from sections T05-T09.

** **IPHE 4900:** You will register for this as a course although you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Do not be concerned with any time conflicts that show between IPHE 4900 and your other courses. Students must register in IPHE 4900 (section 02) every term during the degree program.

TRANSFER STUDENTS:

Transfer students or any student with questions/concerns should contact a Health and Human Performance Advisor for course selection assistance (see contact details below).

SCIENCE ELECTIVE OPTIONS:

The science elective chosen for each term in first year must be selected from the following list – please select one course from the list for each term:

Fall

- **Biology:** BIOL 1010.03 or BIOL1020.03
- **Chemistry:** CHEM 1011.03
- **Mathematics:** MATH 1000.03 or MATH 1215.03
- **Psychology:** PSYO 1011.03

Winter

- **Biology:** BIOL 1011.03 or BIOL 1021.03
- **Chemistry:** CHEM 1012.03 (Pre-requisite CHEM 1011.03)
- **Mathematics:** MATH 1010.03 (Pre-requisite MATH 1215.03 or MATH 1000.03)
- **Psychology:** PSYO 1012.03

Questions?

Health and Human Performance Advisors:
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