

First-year course planning 2026-27



Bachelor of Science (Kinesiology) BScK

Transfer students or any student with questions about Kinesiology course selection should contact one of the HAHP advisors: Heidi Tracey Baillie at htb@dal.ca or Lindsay Currie at lindsay.currie@dal.ca

Fall 2026	Winter 2027
Kinesiology (KINE) 1104: Foundations in Kinesiology Lecture and Lab	Kinesiology (KINE) 1102: Physical Activity and Health Lecture and Lab
Anatomy (ANAT) 1020: Basic Human Anatomy Lecture only (online)	Kinesiology (KINE) 1106: Philosophy and Ethics for Kinesiology Lecture and Tutorial (tutorial is in an online format)
HAHP 1200: Health Communications Lecture and Tutorial	Kinesiology (KINE) 1108: Psychology and Physical Activity Lecture and Lab
Physiology (PHYL) 1011 or 1001: Human Physiology 1* Lecture (1011 or 1001) and Tutorial (only for 1011)	Physiology (PHYL) 1012 or 1002: Human Physiology 2* Lecture (1012 or 1002) and Tutorial (only for 1012)
Science Elective (see options below) *** Lecture and Lab or Tutorial (if required)	Science Elective (see options below) *** Lecture and Lab or Tutorial (if required)
Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio. **	Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio. **

***PHYL 1011 or 1001 and 1012 or 1002:** If registering for 1011 and 1012, students must register for a tutorial and a lecture. If registering for 1001 and 1002, it will be lecture only and when the course starts, you may then sign up for Teaching Assistant led tutorials. We recommend students take PHYL 1011/1012 with the required tutorial, if possible. It is also possible to complete PHYL 1001 + 1012 or 1011 + 1002.

****IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 ([section 02](#)) every term during the degree program.

*****Science Electives:** The science elective chosen for each term in first year must be selected from the following list – please select one course from the list for each term:

FALL

- **Biology:** [BIOL 1010.03](#) or [BIOL1020.03](#)
- **Chemistry:** [CHEM 1011.03](#)
- **Mathematics:** [MATH 1000.03](#) or [MATH 1215.03](#)
- **Psychology:** [PSYO 1011.03](#) or [PSYO 1031.03](#)

WINTER

- **Biology:** [BIOL 1011.03](#) or [BIOL 1021.03](#)
- **Chemistry:** [CHEM 1012.03](#) (Pre-requisite CHEM 1011.03)
- **Mathematics:** [MATH 1010.03](#) (Pre-requisite MATH 1215.03 or MATH 1000.03)
- **Psychology:** [PSYO 1012.03](#) or [PSYO 1032.03](#)

Helpful Links:

[Academic Timetable](#)

[Schedule Worksheets](#)

[Dal First Year Registration 101](#)

Find advising support at dal.ca/advising