

FACULTY OF HEALTH

School of Health and Human Performance

Bachelor of Health Promotion (Kuwait Pathway)

2024-2025 Academic Year

First Year Course Planning Guide

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete program requirements, see the Academic Calendar at www.dal.ca/calendar.

Transfer students or any student with questions about Health Promotion course selection should contact one of the HAHP advisors: **Heidi Tracey Baillie** at htb@dal.ca or **Lindsay Currie** at lindsay.currie@dal.ca

Fall	Winter
Health and Human Performance (HAHP) 1000: Introduction to Health Systems Lecture only	Health Promotion (HPRO) 2110: Health Promotion Theory Lecture only
Health and Human Performance (HAHP) 1200: Health Communications Lecture and Tutorial	Sociology & Social Anthropology (SOSA) 1003: Introduction to Sociology Lecture only
Health Promotion (HPRO) 1195: Introduction to Health Promotion Lecture and Tutorial	Writing Requirement *** Choose from any ENGL course listed as a writing requirement (see note below)
Physiology (PHYL) 1011: Human Physiology 1 Lecture and Tutorial	Physiology (PHYL) 1012: Human Physiology 2 Lecture and Tutorial
Chemistry (CHEM) 1011: Concepts in Chemistry 1 Lecture and Lab	Chemistry (CHEM) 1012: Concepts in Chemistry 2 Lecture and Lab
Interprofessional Health Education (IPHE) 4900 Section 02: Inter-professional Health Education Portfolio *	Interprofessional Health Education (IPHE) 4900 Section 02: Inter-professional Health Education Portfolio *

* **IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 (section 02) every term during the degree program.

****Open Elective:** This can be any course of your choice for which you are permitted to register. Students should look through many subject areas in the academic timetable to try to find a 1000 level course in a subject area of interest.

*** **Writing Requirement Course Options:** To ensure the course fulfills the writing requirement and also fulfills a required ENGL course needed for eligibility for Pharmacy, please select any of the following ENGL courses offered in winter semester: ENGL 1005, ENGL 1015, ENGL 1025, ENGL 1040, or ENGL 1100.