

# FACULTY OF HEALTH

# School of Health and Human Performance

## Bachelor of Health Promotion

2022-2023 Academic Year

## First Year Course Planning Guide

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete program requirements, see the Academic Calendar at [www.dal.ca/calendar](http://www.dal.ca/calendar).

Transfer students or any student with questions about Health Promotion course selection should contact one of the HAHP advisors: **Heidi Tracey Baillie** at [htb@dal.ca](mailto:htb@dal.ca) or **Lindsay Currie** at [lindsay.currie@dal.ca](mailto:lindsay.currie@dal.ca)

Fall	Winter
<b>Health and Human Performance (HAHP) 1000:</b> Introduction to Health Systems Lecture only	<b>Health Promotion (HPRO) 2110:</b> Health Promotion Theory Lecture only
<b>Health and Human Performance (HAHP) 1200:</b> Health Communications Lecture only	<b>Sociology &amp; Social Anthropology (SOSA) 1003:</b> Introduction to Sociology Lecture only
<b>Health Promotion (HPRO) 1195:</b> Introduction to Health Promotion Lecture and Tutorial	<b>Health Sciences (HSCE) 1030:</b> Human Anatomy and Physiology 2 Lecture and Tutorial
<b>Health Sciences (HSCE) 1020:</b> Human Anatomy and Physiology 1 Lecture only	<b>Open Elective **</b>
<b>Writing Requirement ***</b> (It may be possible to move this to winter semester and to shift one Open Elective listed in winter to the fall semester)	<b>Open Elective **</b> (It may be possible to move this to fall semester and to shift the Writing Requirement from fall to winter semester)
<b>Interprofessional Health Education (IPHE) 4900 Section 02:</b> Inter-professional Health Education Portfolio *	<b>Interprofessional Health Education (IPHE) 4900 Section 02:</b> Inter-professional Health Education Portfolio *

\* **IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 (section 02) every term during the degree program.

\*\***Open Elective:** This can be any course of your choice for which you are permitted to register. Students should look through many subject areas in the academic timetable to try to find a 1000 level course in a subject area of interest.

### \*\*\* Writing Requirement Course Options:

- **English:** ENGL/CRWR 1030.06 (single term)\*; or: ENGL1005.03, ENGL 1015.03, ENGL 1025.03, ENGL1040.03, ENGL 1050.03, ENGL 1100.03
- **German:** GERM 1026.03, GERM 1027.03
- **History:** HIST 1022.03, HIST 1023.03 or HIST 1510.06 (single term)\*
- **Journalism:** JOUR 1002.03, 1003.03
- **Oceanography:** OCEA 1001.03, 1002.03
- **Performance:** PERF 1000.03, 1001.03, 1002.03
- **Philosophy:** PHIL 1810.03, 1820.03
- **Political Science:** POLI 1001.03, 1002.03
- **Russian Studies:** RUSN 1020.03, 1070.03
- **Sustainability:** SUST 1000.06 (single term)\*

**Note:** \* 6-credit-hour courses in a single term are the equivalent of two courses in that term and would complete the Writing Requirement plus an Open Elective. To accommodate a 6 credit-hour writing requirement in the fall term (SUST 1000, HIST 1510, or ENGL/CRWR 1030), please consult an advisor for assistance with your course plan/schedule.

Some courses in the Writing Requirement list above may have pre-requisites - please check before selecting your course. For example, OCEA 1002 cannot be taken unless OCEA 1001 has been completed so if looking to do OCEA for the writing requirement, a student would need to select OCEA 1001 in the fall semester.

