WE ASKED OUR STUDENTS

"I really enjoyed learning about the social impacts to health and how to evaluate and implement interventions to address these issues. I also liked the mandatory internship. I was already going to Dalhousie for a science degree but wanted to do something different."

Why Health Promotion

"I was interested in health for society and liked the many available elective credits"

"I liked how the program offered a mix of social science and sciences courses for flexibility to figure out my direction in the health field"

" I wanted to help with intervention before the onset of illness"

I took a class in Sociology of Health and Illness at SMU and loved it! I decided to transfer to Dalhousie for this program to dive deeper"

What Is the Best Part of the Program?

"The professors! The courses! The support!"

"The diversity in the courses"

"Lots of opportunities outside the classroom through honours, internships, relationships with the professors and the Health Promotion Society"

"Connecting with like-minded people and getting to know all of the professors and students since the program is very small"

Favourite Classes

Health Promotion Policy Introduction to Health Promotion Introduction to Health Communications

Post HPRO Plans

Work in Health Promotion / Harm Reduction
Grassroots/NGO work
Masters in Health Promotion
Masters in Epidemiology and Applied Health Sciences
Masters in Health Administration
Juris Doctor/ Law School
Med School/Nursing School/ RT School/ PA School

Niches in Health Promotion

Mental Health
Harm Reduction
Environmental Health
Minority Health
Indigenous Health
Health Policy
Intervention Evaluation

Unique things to do during your program

Student Health and Wellness Peer-Well Being Team Summer Research Projects Honours Thesis Independent Study Health Promotion Society // SAHHPer Society Conferences DMCRT Volunteer Work

What skills or characteristics have helped me become an HPRO Student? What should skills should students develop throughout the program?

Teamwork

Respectful
Compassionate
Organization

Altrusistic

Open-mindedness

