

First-year course planning 2026-27



Bachelor of Health Promotion (BHP)

Transfer students or any student with questions about Health Promotion course selection should contact one of the HAHP advisors: Heidi Tracey Baillie at htb@dal.ca or Lindsay Currie at lindsay.currie@dal.ca

Fall 2026	Winter 2027
Health and Human Performance (HAHP) 1000: Introduction to Health Systems Lecture only	Health Promotion (HPRO) 2110: Determinants of Health Lecture only
Health and Human Performance (HAHP) 1200: Health Communications Lecture and Tutorial	Sociology & Social Anthropology (SOSA) 1003: Introduction to Sociology Lecture only
Health Promotion (HPRO) 1195: Introduction to Health Promotion Lecture and Tutorial	Health Sciences (HSCE) 1030: Human Anatomy and Physiology 2 Lecture only (online)
Health Sciences (HSCE) 1020: Human Anatomy and Physiology 1 Lecture only (online)	Open Elective **
Writing Requirement *** (may be moved to winter semester if moving an Open Elective from winter to fall semester)	Open Elective ** (may be moved to fall semester if moving the Writing Requirement from fall to winter semester)
Interprofessional Health Education (IPHE) 4900 Section 02: Inter-professional Health Education Portfolio *	Interprofessional Health Education (IPHE) 4900 Section 02: Inter-professional Health Education Portfolio *

***IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 (section 02) every term during the degree program.

****Open Elective:** This can be any course for which you are permitted to register. Students should look through many subject areas in the academic timetable to find a 1000 level course in a subject of interest.

*****Writing Requirement Course Options:** At this link – [Writing Requirement](#) - scroll down the page until you see the heading “Writing Course Requirements”. The availability of each course will vary from year to year so please check the academic timetable for availability of the courses for the 2026/27 academic year.

Note: 6 credit-hour courses in a single term are the equivalent of two courses in that term and would complete the Writing Requirement plus an Open Elective. To accommodate a 6 credit-hour writing requirement, please consult an advisor for assistance with your course plan/schedule.

Helpful Links:

[Academic Timetable](#)

[Schedule Worksheets](#)

[Dal First Year Registration 101](#)

Find advising support at dal.ca/advising