

INVITED KEYNOTE AND/OR PANEL ADDRESSES

1. African Youth Governance Convergence 2020, Zambia South Africa. Coach and Invited Panelist for Health and Education.(Cancelled due to COVID19)
2. Black Excellence in STEM and Health Symposium -What does it mean to be a Black Health Practitioner. Invited Panelist. Black Excellence in STEM (March, 2020).
3. Where Can I go for Leisure? Academy of Leisure Sciences Africa. Invited Panelist.Webinar Conference on Parks and Recreation Services for a Socially Justice and Equitable Community, 14 July 2020. Other presenters on Day 1 Keynote Mowatt, R., Higgins-Desbiolles, F., Cabral, J., Beniwal, A.,Fletcher,T., Sene-Harper, A., Pinckney, H., Gomez, E., Fernandez, M., & Henhawk, D.
4. Black Canadian Doctors & Trainees Summit: Sharing updates and future plans. Invited Keynote. (July, 2020).
https://us02web.zoom.us/rec/share/989fFZHU8G5JBZ3GzlnGZlc8Lpr_eaa80XMfqaUEzUhGDtUPzsYRjdA-LMnrImBW?startTime=1594477940000
5. African Youth Governance Convergence 2019, Ghana West Africa. Coach and Invited Panelist for Health and Education
6. College of Pharmacy Continuing Pharmacy Education Refresher. Invited Panelist (November 2019).
7. Analysis of Election Results and the Impact for African Canadians. Invited Keynote. East Preston Empowerment Academy (Nov, 2019).
8. Imhotep Legacy Academy Dalhousie University. Black Excellence in STEM Conference. Science Center. Presenter (May, 2019)
9. The Black Research Symposium (PLANS) Conference. Dalhousie University Presenter (May 2019).
10. Academic Freedom. Dalhousie Faculty Association 40th Anniversary Invited Panelist. Dalhousie University (November 2018).
11. Building Belonging: Racism in Institutions of Higher Education. Invited Panelist. Center for Learning and Teaching Dalhousie University. (March, 2018)
12. Experiences of Black mothers in Hospitals: Present, Past and Future. Invited Panelist. The Health Association of African Canadian Students Organization. (February, 2018)
13. Nova Scotia Health Authority African Heritage Month Celebration Central District. Invited Keynote. (February, 2018)
14. Nova Scotia Health Coalition Annual General Meeting. Invited Panelist. Discussion topic: Why the Status Quo Isn't Universal. Nova Scotia Community College Water front campus (February, 2018).
15. Facing Race: The Current Town Hall. February 16, 2018 Invited Panelist. Paul O'Regan Hall Halifax, NS.
16. Continuing the Discussion: Black Lives Matter in relation to Donald Trump's Presidency, through the lens of Martin Luther King. Invited Panelist. Martin Luther King Day. Black Student Advising Center (January, 2018).
17. African Youth Governance Conference 2018, Ghana West Africa. Coach and Panelist for Health and Education.

18. Our Children are Capable. Parent Education Summit Invited Keynote. Digby, Nova Scotian. (October 2017).
19. Africentric Conference Halifax Regional School Board invited Keynote October 2016, Invited Panelist October 2017, 2018
20. Black Educations Association of Nova Scotia. The Importance of Higher Education. Invited Panelist. (November 2016, January 2017, February 2017)
21. On Ward and Up Ward Keeping the Faith. African United Baptist Women' Convention. Invited Keynote (October, 2016) East Preston Baptist Church, Nova Scotia.
22. Pressing On: Graduation Ceremony. Invited Keynote. Cherry Brook United Baptist Church (June, 2016).
23. Facing Racism in our Schools. Africentric Professional Development Day. Invited Keynote. Cole Harbor High School Dartmouth, Nova Scotia. (October 2016)
24. Black Health Matters. Health Association of African Canadians. Invited Keynote at AGM (June, 2016)
25. We Have Come a Mighty Long Way (March 2008). Sponsored by Dalhousie University and St. Mary's University African Students Society. Invited Keynote. St. Mary's University, March, 2008.
26. Who Are We. Sponsored by Federal Government Taxation Office, Black History Month Event. Invited Keynote. February, 2008

PROFESSIONAL AND COMMUNITY PRESENTATIONS

1. IWK Lunch and Learn Invited Keynote. African Heritage Month Celebration. My Health: Healthy Communities Ties that Binds. February 2020
2. BEA's Education Town Hall "Envision Your Education: We Are Not Done Yet. Invited Panelist (June, 2020) Facebook: <https://www.facebook.com/bccnsmuseum>
3. Black Women and Health. Invited Keynote. Nova Scotia Black Men's Health League along with Nova Scotia Black Women's Alliance (May 28, 2020).
4. The Black Community and Coronavirus. Invited Panelist. Health Association of African Canadians and the Black Cultural Center of Nova Scotia. (April, 2020)
5. CTV National News. The Undecided Voter September 2019-October 2019. Special Live Panelist during the election (October, 2019).
6. Association of Black Social Workers Annual Harambee Celebration: Harambee co narrator (September 2018, 2019)
7. Black Educations Association of Nova Scotia. The Importance of Higher Education. Invited Panelist. (November 2017, January 2018, February 2018)
8. Naming of Street on Sexton Campus to DeCosta Lane (Involved in name presentation and invited presenter at the ceremony September, 2019)
9. Africentric Learning Institute TV. Moderator (February, 2018)
10. Women's Day Panel "Her Story" Halifax City Hall (March 2017). Invited Panelist

11. Africentric Learning Institute TV. Invited Panelist. (February, 2017)
12. History of Blacks in Nova Scotia and Sierra Leone. Halifax Regional School Board (Sir John A. MacDonald High School, Graham Creighton Jr. High School, Shannon Park Elementary, Beechville Lakeside Timbelea Elementary, Oxford Jr. High, Auburn High School, Portland Estates, Joseph G. Gilles) (1999-2020) Invited Keynote
13. History of Blacks in Nova Scotia and Sierra Leone. Invited Keynote Annapolis Valley Regional School Board. (February, 2012)
14. The Best Job of Your Life. Motivation Speaker for Halifax Parks and Recreation Management Staff (May 2010)
15. Models of Africentricity in the Community. Invited Panelist. Lord Nelson Hotel (July 2009)
16. Creative Responses to Racism. Invited Panelist. Black Cultural Centre of Nova Scotia for a course taught in the School of Social Work, Dalhousie University (February 2008).
17. Advocacy in The Black Community. Invited Panelist North Branch Library, Halifax Nova Scotia. (February 2007).
18. Multiculturalism and Anti-Racism Education. Invited Panelist Nova Scotia Teachers Union for MECNS. (April 2005).
19. Empowering African Parents and Children. Invited Panelist. St. Patrick's Alexandra School, Halifax, Nova Scotia. (February 2005).
20. Learning How to Effectively Balance Your Life. Invited Keynote. Victoria Road United Baptist Church. (June 2005).
21. The Impact of the Parent/Guardian on the Development of the Child. Invited Panelist Council on African Canadian Education-Parent Summit. (May 2005).
22. Is Halifax Ready for A Democracy School. Invited Keynote Halifax, Nova Scotia (June 2004).
23. Creating a Healthy Balance between School, Work and Home. Invited Keynote Dartmouth North Community Centre, Nova Scotia. (April 2004, 2005, June 2005).
24. Understanding the Role of the Church in Relation to Leisure Experiences. Invited Keynote Dartmouth, Nova Scotia. (May 2004).
25. The Role of a Democracy School in Teaching Acceptance. Invited Keynote. Toronto, (March 2004).
26. The Importance of Post-Secondary Education, Racism Cross Cultural and Human Rights. Invited Keynote Halifax Regional School Board. (February, 2004).
27. How to Develop an Inclusive Recreation Programs. Invited Keynote George Dixon Community Recreation, Halifax, Nova Scotia. (June 2004).
28. The Role of the Older African Nova Scotian Woman in the African Nova Scotian Community. Invited Keynote Halifax, Nova Scotia. (June 2004).
29. Creating Partnerships CUSO and CTA. Invited Keynote Halifax, Nova Scotia (August 2004).
30. Halifax and Democracy. Invited Panelist Montreal, Quebec. (August 2004)

WORKSHOPS DESIGNED AND FACILITATED

1. Centering Black Health Inter-professional Mini Course Dalhousie University (January 2018, 2019, 2020)
2. Health Team Challenge (Focus on Africville) Faculty of Health. Helped Design and Facilitate (March, 2019)
3. Dalhousie University Senior Leadership Retreat (Helped Design and Facilitate with African Nova Scotia Strategy at Dalhousie University)
4. Belong Forum with Craig Wilder. Facilitator. March 28th, 2018. Dalhousie Student Union Building, Halifax Nova Scotia
5. Recreation for Mental Health Inter-professional Mini Course. Dalhousie University (January 2018)
6. Leadership Development Workshop for Physical Activity Promotion Course (May, 2017)
7. Dealing with Grief and Loss (March 2017-present)
8. Putting Unity in Community Recreation Department—(May 2016)
9. Support Youth From Diverse Backgrounds. Gender and Sexuality Alliance Conference. Dalhousie University McCain Building (May 21-22, 2016)
10. Meeting the Needs of Our Community. Dalhousie University Student Union Staff orientation (August 2003-2015)
11. Recreation and Mental Health Symposium (May, 2013). (Member Organizing Team) Debert, N.S.
12. Facilitator for Black Canadians and the War of 1812 Conference. Coordinated by the James Robinson Johnson Chair (Dr. Afua Cooper). (November 2012)
13. Whose Problem is it? For Dalhousie University for fulltime staff entitled Employment Equity Initiative, Dalhousie University, Halifax, Nova Scotia. (2004 – 2008)
14. Get in the Game! Co-designed and facilitated two disparity workshops (with Laurene Rehman) for Recreation Nova Scotia (June 2010)
15. Understanding Culture and Diversity. For The Nova Scotia College of Art and Design. (July 2009).
16. Using our Five Senses. For SuperNova Staff (May 2007-2010)
17. The Strength of the Woman. For Truro Women's Prison, Truro Nova Scotia (February 2007)
18. Promoting Diversity at Home. For the Tatamagouche Centre, Nova Scotia. (November 2003/July 2004/October 2004/May 2005/January 2006)
19. What's Next? For Youth Partnership. For Clean Nova Scotia, East Preston, Nova Scotia. (May 2005, 2006).
20. Effective Communication for Beechville Baptist Church, Halifax, Nova Scotia (February, 2006)
21. Exploring Diversity Through the Years for Dalhousie University Open House targeted at High School Guidance Counselors and Parents of High School students, Halifax, Nova Scotia. (October 2005)
22. Welcome Home. For Shannon Park Elementary School, Dartmouth, Nova Scotia. (February 2005)

23. Really Dalhousie Has ALL that!!! For the Dalhousie University Housing and Conference Services, Halifax, Nova Scotia. (August 2005-2008)
24. Understanding Differences. (2004). For all part-time and full-time staff at the Dalhousie University Dalplex. (Delivered four times in 2004)
25. What is Diversity? For the Diversity Council Dalhousie University Student Union (2004)
26. Why Diversify your Enterprise. For Enterprise Car-Rentals Halifax Nova Scotia (2004)
27. What's the Difference? For National Vision and Agenda Parks and Recreation, Halifax, Nova Scotia (2004)

GUEST LECTURES

1. School of Communication Sciences and Disorders. African Heritage Month Panelist February 2017, 2018, 2019, 2020
2. Presentation to Board of Governors 5.2 Belong April 2019
3. Working in Diverse Communities-Doing No Harm. School of Physiotherapy (February , 2019)
4. Graduate Student Seminar Leisure Studies. Use of Critical Race Theory and Black Feminist Thought in Research (November 2019).
5. The Impact of Racism on Women of African Ancestry. Gender and Women's Studies. Dalhousie University (February, 2018)
6. Is there a Difference?