

HEALTH PROMOTION



IS HEALTH PROMOTION RIGHT FOR YOU?

If you are passionate about health and well-being and want to assist individuals and communities by promoting healthy behaviours, developing programs to support prevention of injury, illness, and disease, and informing policy that enhances health and well-being through knowledge and research, this is the program for you.

dal.ca/hahp

FACULTY OF HEALTH PROFESSIONS

SCHOOL OF HEALTH AND HUMAN PERFORMANCE

Dalhousie University

6230 South Street | PO Box 15000

Halifax, NS B3H 4R2 Canada

902.494.2152

WHAT WILL I LEARN?

The Health Promotion degree offers a variety of core courses and electives and provides students with the preparation needed for entry into the workforce or further study. A full-time internship is the final component of the program, providing students with valuable professional experience prior to graduation. Students take courses such as:

- Health Promotion Theory
- Mental Health Promotion
- Introduction to Disease Prevention
- Community Development
- Drugs and Drug Education
- Multicultural Health Promotion Research and Policy
- Human Sexuality
- Injury Prevention and Safety Education

The program also includes an honours option, to which students may apply in year three. This enriched program provides students with a valuable opportunity to gain research experience under the mentorship of a Health Promotion faculty member.

WHAT CAN I DO WITH A DEGREE IN HEALTH PROMOTION?

Graduates of the program are able to work as health promotion specialists, researchers, and consultants in various settings, including health-related organizations and agencies, medical care centers, government agencies, private industry, community health settings, health and fitness centers, consulting organizations, schools and many others. Because health promotion and prevention of illness and disease is recognized as vital to the development of healthy individuals and communities, there are plenty of opportunities for those looking to work in this field.

Many students also choose to pursue further study at the graduate level in Health Promotion or related fields.

FOR INFORMATION CONTACT:

For more detailed information on the program, curriculum, course descriptions, faculty and staff, career options, student life and more, please visit the web site at dal.ca/hahp or call **902.494.2152**.

WHY CHOOSE HEALTH PROMOTION AT DAL?

From day one, students in this limited enrolment program form close ties with professors and fellow students through small class sizes and a supportive and collaborative learning environment both inside and outside the classroom. Students also benefit from all that Dalhousie has to offer as an internationally recognized institution – a vast array of supports and services, study abroad opportunities, interprofessional health education, an incredible breadth of extracurricular activities, clubs and societies, recreational activities, and access to professionals in the field in our own community and beyond.

Upon graduation, our students are well-rounded, prepared for a meaningful career and ready to make an impact on populations both locally and globally.

WHAT ARE THE ENTRANCE REQUIREMENTS?

High School:

Completion of Nova Scotia grade 12 or equivalent with a minimum of 70% in five university preparatory courses, including English (minimum 70%) and Biology or Chemistry (minimum 70%).

Transfer Students:

A minimum GPA of 2.30 is required, along with English and Biology or Chemistry (grade 12 or university/college level), each with a minimum grade of 70.

Please note that meeting the minimum requirements does not guarantee admission to the program.

Deadline to apply: June 1

