

# HEALTH PROMOTION



## IS HEALTH PROMOTION RIGHT FOR YOU?

The Bachelor of Health Promotion is a four-year undergraduate degree program that received accreditation from the International Union for Health Promotion and Education (IUHPE) in 2021. Health Promotion involves planning initiatives to improve and support

the health and wellbeing of populations and communities. The Bachelor of Health Promotion program is guided by principles of respect, inclusion, equity, sustainability, and social justice.

[dal.ca/hahp](https://dal.ca/hahp)

## FACULTY OF HEALTH

SCHOOL OF HEALTH AND HUMAN PERFORMANCE

Dalhousie University

6230 South Street | PO Box 15000

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902.494.2152

### WHAT WILL I LEARN?

The Health Promotion program guides students in attaining knowledge, skills, and practices necessary to support the health and wellbeing of populations and reduce health inequities. After graduation, students will be prepared for a professional career in the field of Health Promotion or for advanced study and/or research in Health Promotion or other health-related fields.

A **full-time internship** is required in the final semester of the program, providing students with valuable professional experience prior to graduation. Students take courses such as:

- Mental Health Promotion
- Determinants of Health
- Community Health Promotion Strategies
- Multicultural Health Promotion Research and Policy
- Human Sexuality
- Introduction to Health Systems
- Substance Use, Drug Policy and Harm Reduction
- Environmental Health
- Injury Prevention and Safety Education

The program also includes an **honours option**, to which students may apply in year three. This enriched program provides students with a valuable opportunity to gain research experience under the mentorship of a Health Promotion faculty member.

### FOR INFORMATION CONTACT:

For more detailed information on the program, curriculum, course descriptions, faculty and staff, career options, student life and more, please visit the web site at [dal.ca/hahp](http://dal.ca/hahp) or call **902.494.2152**.

### WHAT CAN I DO WITH A DEGREE IN HEALTH PROMOTION?

Graduates of the program are able to work as health promotion specialists, researchers, and consultants in various settings, including health-related organizations and agencies, government agencies, private industry, community health settings, and many others.

Core competencies for Health Promotion practitioners include enabling change, advocating for health, mediating partnerships, communication, and leadership. Through these competencies, those in the field will assess needs and assets of populations and communities, plan and implement health promotion interventions, and conduct evaluation and research.

Many students also choose to pursue further study at the graduate level in Health Promotion or related fields.

### WHY CHOOSE HEALTH PROMOTION AT DAL?

From day one, students in this limited enrolment program form close ties with professors and fellow students through **small class sizes** and a **supportive and collaborative learning environment** both inside and outside the classroom. Students also benefit from all that Dalhousie has to offer as an internationally recognized institution.

This includes a vast array of supports and services, study abroad opportunities, interprofessional health education, an incredible breadth of extracurricular activities, clubs and societies, recreational activities, and access to professionals in the field in our own community and beyond.

Upon graduation, our students are well-rounded, prepared for a meaningful career and ready to make an impact on populations both locally and globally.

### WHAT ARE THE ENTRANCE REQUIREMENTS?

#### High School:

Completion of Nova Scotia grade 12 or equivalent with a minimum of 70% in five university preparatory courses, including English (minimum 70%).

#### Transfer Students:

A minimum GPA of 2.00 is required, along with English (grade 12 or university/college level), with a minimum grade of 70.

Please note that meeting the minimum requirements does not guarantee admission to the program.

**Deadline to apply: June 1**

