

# GRADUATE STUDIES IN HEALTH PROMOTION



## GLOBAL MEETS LOCAL: PROMOTING THE CONDITIONS FOR HEALTH, FOR EVERYONE

The Master of Arts in Health Promotion is a thesis-based graduate program providing students with theory, subject matter, and research expertise. Our graduates make an impact on the health and well-being of individuals and communities through processes of social change.

[dal.ca/hahp](https://dal.ca/hahp)

**FACULTY OF HEALTH PROFESSIONS**

SCHOOL OF HEALTH AND HUMAN PERFORMANCE

Dalhousie University

6230 South Street | PO Box 15000

Halifax, NS B3H 4R2 Canada

**902.494.2152**

## OUR STUDENTS

Our students are interested in important issues such as diversity and social justice. They want to make a difference locally, globally or both. Undergraduate degrees in fields as diverse as psychology, sociology, nursing, and nutrition give our students the specialized skills that they can quickly apply in our program while acquiring new research and analytical skills. Our students research topics such as: obesity, physical activity, mental health and mental illness, chronic illness, sexuality, First Nations health, drug use, and housing.

## OUR STUDENTS LEARN

Our thesis-based program offers you the opportunity to study a research topic you are passionate about with guidance and support all the way from Canadian leaders in the field of health promotion. We guide our students towards becoming the leaders, health care professionals, or researchers that they aspire to be. Through Dalhousie and its links with many institutions and organizations within Halifax and beyond, students make important connections, resulting in valuable and meaningful collaborative learning and career opportunities.

## MEET OUR GRADUATES

Our graduates make an impact in fields as diverse as research, public policy, governmental and non-governmental organizations, health care units, and administration for health promoting programs and projects. They combine theory, practice, and research in health to address issues related to diversity, social justice, chronic illness, healthy communities and other significant health issues.



**Emily Drake, MA 2010**

**Currently** – Director, Hope & Cope, Jewish General Hospital/McGill University



**Michelle Patrick, MA 2014**

**Currently** – Program Coordinator, Promoting Leadership in Health for African Nova Scotians (PLANS), Dalhousie University



**Marissa Ley, MA 2015**

**Currently** – Research Assistant 'Kungatsiajuk: Supporting the Healthy Smiles of NunatuKavut Children and Youth'

## FUNDING

You are eligible for funding if your GPA is at or over 3.7 and you apply by the deadline of January 15th. We also offer teaching assistantships which provide funding and build interpersonal, critical thinking and teaching skills. We encourage you to apply for external funding such as CIHR ([www.cihr-irsc.gc.ca](http://www.cihr-irsc.gc.ca)), SSHRC ([www.sshrc-crsh.gc.ca](http://www.sshrc-crsh.gc.ca)), or NSHRF ([www.nshrf.ca](http://www.nshrf.ca)). Additional funding opportunities are listed on the Faculty of Graduate Studies website: [www.dal.ca/faculty/gradstudies/funding.html](http://www.dal.ca/faculty/gradstudies/funding.html)

## OUR PROGRAM

Students usually complete their coursework requirements in year 1 (18 credit hours). Courses are designed to guide students in creating an achievable proposal for research on the topic they want to study. Year 2 is devoted to completing the thesis (12 credit hours). It is possible to complete our program on a part-time basis. Our students take Program Planning & Evaluation, Research Methods, Statistics, and a choice of Current Frameworks in Health Promotion or Theoretical and Scientific Bases of Health Promotion. They select their electives from a wide range of courses including courses from other allied Departments at Dalhousie.

## ADMISSION CHECKLIST

- Minimum 3.5 GPA and graduation from four-year undergraduate program
- Relevant background
- A Dalhousie Health Promotion faculty member who agrees to supervise you
- A grade of 'B' or higher in both a research methods and a statistics course
- Some experience with research (e.g. Honours degree, research assistantship, etc.)

## WE ARE HERE TO HELP YOU

Our faculty and staff welcome your questions and are always happy to hear from you.

We offer many supports to our graduate students:

- help with funding applications
- dedicated graduate coordinator in our School
- writing support
- Dalhousie support services for diversity
- affirmative action policy

## FOR INFORMATION CONTACT:

[hahpgrad@dal.ca](mailto:hahpgrad@dal.ca) | Phone: 902.494.2152 or 1.866.325.4247 | [dal.ca/hahp](http://dal.ca/hahp) | [dal.ca/academics/programs/graduate/health-promotion.html](http://dal.ca/academics/programs/graduate/health-promotion.html)