

## **Lori Dithurbide**

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**Date Updated:** October 2023

### **I. Appointments and Membership**

#### Current Position

Tenured, Associate Professor, Kinesiology  
School of Health and Human Performance, Faculty of Health  
Dalhousie University

#### Membership

Faculty of Graduate Studies

#### Cross-Appointments

Department of Psychology and Neuroscience, Faculty of Science, Dalhousie University  
School of Physiotherapy, Faculty of Health, Dalhousie University

### **II. Academic Degrees**

- |             |   |
|-------------|---|
| 2007 - 2011 | PhD, Kinesiology - Psychosocial Aspects of Sport & Physical Activity<br>Michigan State University<br>College of Education, Department of Kinesiology<br>Advisor: Dr. Deborah Feltz<br>Dissertation: <i>Teammate efficacy and teammate trust: An examination of team dynamics in volleyball defense</i>  |
| 2005 - 2007 | Master of Arts – Health and Physical Education<br>(Defended with Distinction)<br>Brock University<br>Faculty of Applied Health Sciences, Department of Physical Education and Kinesiology<br>Advisor: Dr. Philip Sullivan<br>Thesis: <i>Examining the mediating effects of team-referent causal attributions on the team performance and collective efficacy relationship</i> |
| 2001 - 2005 | Bachelor of Arts (First Class Honors – Psychology)<br>Saint Mary's University   |

### **III. Academic/Professional Awards**

- 2022 Commencement Speaker, Faculty of Health Fall 2022 Convocation, Dalhousie University
- 2022 Faculty of Health Excellence in Teaching Award
- 2021 School of Health and Human Performance Teaching and Mentorship Award
- 2021 School of Health and Human Performance Student Society Appreciation Award
- 2011 Research Development Fellowship, College of Education, Michigan State University, Monies (\$2500) given to graduate students to help conduct more ambitious projects, funds for material costs, travel, and incentives.
- 2010 Commencement Speaker, Ecole NDA, Cheticamp, NS, Canada,
- 2010 Additional Research Support Grant/Fellowship, College of Education, Michigan State University. Monies (\$1050) given to post-comprehensive exam students to help with the beginning stages of their dissertation.
- 2009 Kinesiology Endowed Fellowship, Michigan State University Award (\$2000) presented to graduate students who demonstrated exemplary motivation and capacity to achieve educational and professional goals, and initiative to go beyond ordinary expectations in their professional behavior and development.
- 2008 Bourse Fondation Alma & Baxter Ricard (Scholarship), Private Foundation, Scholarship (\$38,000) awarded to French-Canadians living permanently in a linguistic minority situation who show academic excellence, leadership capabilities, and civic pride. Renewable over 3 academic years, monetary amount dependent on need.
- 2008 Summer Research Fellowship, College of Education, Michigan State University, Fellowship (\$6000) awarded to doctoral student in the beginning stages of their degree to begin, continue, or complete an independent research project during the summer semesters.
- 2007 Distinguished Graduate Student Award, Brock University, Award presented to the student who receives the highest overall average in his/her program at either Fall or Spring Convocations.
- 2007 University Graduate Recruiting Fellowship, Michigan State University, Fellowship (\$1000) awarded to newly admitted full-time graduate students who show outstanding academic potential by the College of Education.

- 2007 Graduating Master's degree "with Distinction", Brock University, Awarded to students who display advanced academic achievement throughout the course of the degree including course work, teaching and research assistantships, professional development, departmental service and participation, and quality of thesis work.
- 2006 Ontario Graduate Scholarship (OGS), Brock University, Scholarship (\$15,000) awarded to students who display research promise in their area of study (2000 awards granted to graduate students in the province of Ontario each year).
- 2005 Social Sciences and Humanities Research Council of Canada (SSHRC) Canadian Graduate Scholarship (CGS), Scholarship (\$17,500.00) awarded to students in the social sciences and humanities who demonstrate a high standard of achievement in undergraduate and early graduate studies (2000 awards granted to Canadian graduate students each year).
- 2005 Inducted into Saint Mary's University President's Hall of Academic Excellence Awarded to students who have completed their undergraduate degree with distinction.
- 2001 Recipient of multiple scholarships, Saint Mary's University, 2001-2004 Awarded to students who merit Dean's List standing each academic year.

#### **IV. Employment History**

- 2022-present Tenured, Associate Professor, Kinesiology  
School of Health and Human Performance, Faculty of Health  
Dalhousie University  
Principal Investigator: Performance Psychology Lab
- 2019 - 2022 Probationary Tenure-Track, Assistant Professor, Kinesiology  
School of Health and Human Performance, Faculty of Health,  
Dalhousie University  
Principal Investigator: Performance Psychology Lab
- 2012 - 2019 Limited-Term Appointment, Assistant Professor, Kinesiology  
School of Health and Human Performance, Faculty of Health (Faculty of  
Health Professions), Dalhousie University
- 2011 Post-Doctoral Fellow, Center for the Study of Sport and Health  
Saint Mary's University
- 2011 Sessional Instructor, Division of Kinesiology  
School of Health and Human Performance, Faculty of Health Professions,  
Dalhousie University
- 2009 - 2011 Instructor, Department of Kinesiology, College of Education

Michigan State University

**V. Workload Distribution**

<b>Academic Year</b>	<b>Teaching %</b>	<b>Research %</b>	<b>Service %</b>
2012-2013	30	50	20
2013-2014	37	50	13
2014-2015	43.5	43.5	13
2015-2016	53	37	10
2016-2017	55	30	15
2017-2018	45	35	20
2018-2019	45	35	20
*2019-2020	23	57	20
**2020-2021	10	30	10
#2021-2022	20	60	20
2022-2023	40	40	20

\* Course relief to begin Probationary Tenure Track Position

\*\* 6-month Sabbatical leave July 1, 2020 – December 31, 2020: “other” = 50%

# Course relief due to research buy-out for MindFrame Connect project

**VI. Teaching Responsibilities**

Summary Table of courses, years taught, and enrollment

<b>Course code</b>	<b>Course Title</b>	<b>Institution</b>	<b>Years taught</b>	<b>Number of students</b>
KIN 170	Introduction to Kinesiology (Degree requirement)	Michigan State University	2010	30
			2010 online	30
			2011	100
KIN 250	Measurement in Kinesiology (Degree requirement)	Michigan State University	2011 online	30
KIN 340	Psychosocial Aspects of Physical Activity and Sport (Elective)	Michigan State University	2009	75
			2010	75
KINE1102	Physical Activity and Health (Degree requirement)	Dalhousie University (Winter term)	2012	147
			2013	137
			2014	123
			2015	135
			2016	138
KINE1108	Psychology of Physical Activity (Degree requirement)	Dalhousie University (Winter term)	2017	131
			2018	135
			2019	139
KINE3485	Psychology of Sport and Exercise	Dalhousie University	2011	68
			2012	89

	(Elective)	(Fall term)	2013 2014 2015 2016 2017 2108 2019 2021 online 2022 2023	78 75 93 90 71 91 114 120 (waitlist) 120 (waitlist) 120 (waitlist)
		*8:35am		
		*8:35am		
KINE4108	Mind/Body Connections and Well- Being (Elective)	Dalhousie University (Winter term) *at capacity each year	2012 2013 2014 2015 2016 2017 2018 2019	32 30 30 30 30 30 30 30
KINE4707	Senior Seminar: Advanced Sport Psychology (Elective)	Dalhousie University (Fall term) (Winter term)  (Winter term) (Fall term) (Winter term) (Fall term)	2016 2017 2018 2020 2021 online 2022 online 2022 2023 2023	13 15 18 18 18 18 15 18 16
KINE4900	Honours Research & Thesis II	Dalhousie University (Winter term)	2012	12
KINE6000	Graduate Seminar in Kinesiology	Dalhousie University (Fall/Winter)	2015/2016	17

Course Descriptions (since 2012)

\*Descriptions included are from when I taught the class. Objectives, descriptions, and evaluations may have changed if I am no longer the instructor of record.

KINE1102 – Physical Activity and Health – 3 Credit Hours (plus laboratory requirement)

Format: Lecture and Labs

Overview: This course is designed to introduce students to the connection between exercise and health. The lecture portion explores how exercise affects the most prevalent diseases currently afflicting our society. The laboratory portion is designed to help students develop a progressive exercise program for themselves based on their current fitness and strength levels as well as physical activity preferences. It is also designed to help students understand physical activity,

fitness, and health assessment techniques as well as apply course material from the lectures. Evaluations included tests, in-class assignments, and laboratory assignments.

#### KINE1108 – Psychology of Physical Activity – 3 Credit Hours (plus laboratory requirement)

Format: Lecture and Labs

Overview: The objective of this course is to introduce students to the field of sport and exercise psychology, by providing a broad overview of the major topics in the area. Core concepts include the basics of psychology research, theories, personality, motivation, adherence, behaviour modification, mental skills training, and imagery. Instructional goals are to provide students with the means to enhance sport and exercise experiences/ performances for themselves and others (i.e., athletes, parents, coaches). Evaluations included tests, in-class assignments, and laboratory assignments.

#### KINE3485 – Psychology of Sport and Exercise – 3 Credit Hours

Format: Lecture

Overview: Course objectives for this class include to increase awareness and understanding of the phenomena involved in mental preparation for performance, to develop an ability to systematically analyze, investigate, and assess psychological skills, attributes and preparation in sport, physical activity and life. Further, this course aims to identify and appreciate practical implications for the people involved or affected in performance domains and to provide practical experience and develop practical leadership capabilities in students whenever possible. Evaluations include tests, in-class assignments, and a major group project.

#### KINE4108 – Mind/Body Connections and Well-Being – 3 Credit Hours

Format: Lecture/Seminar

Overview: The concept of mind/body suggests that the mind and body are inseparable, and that the interaction of our mind (thoughts, feeling, expectations) and our physical body is mutual and bidirectional. This course explores this concept as it relates to well-being. This is accomplished by examining the physiology and psychology behind these connections as well as several complementary or alternative approaches to health (i.e., medical practices, health care practices, therapeutic interventions, and activities of health promotion). Evaluations include both take-home and in-class tests, research papers, presentations, and in-class assignments and participation.

#### KINE4707 – Senior Seminar: Advanced Sport Psychology – 3 Credit Hours

Format: Seminar

Overview: Seminar courses allow students to develop a deep appreciation for advanced topics in core areas of Kinesiology. The emphasis is on student-guided learning through critical analysis and discussion. Students read, present, and discuss current published literature on topics related to sport psychology and other related performance areas. Evaluation focuses on the ability to present and organize information, and to engage in meaningful discussion with fellow students about research methodology and findings, and application of material. A major written assignment evaluates the ability to synthesize and organize information in the written modality.

#### KINE4900 – Honours Research & Thesis II – 3 Credit Hours

Format: Seminar and Independent Research

Overview: Students carry out an independent piece of original research in the respective field of expertise of their supervisor. Student become familiar with the experimental procedures involved in data collection, analysis, literature searches and scientific writing. I taught this course part way through the academic year (second half) in 2012 where students were completing their projects.

**KINE6000 – Graduate Seminar in Kinesiology – 6 Credit Hours**

Format: Seminar

Overview: This course a mandatory component of the MSc Kinesiology program and students are expected to attend. Students are required to attend a minimum of 12 academic Graduate Seminars. In addition, each student is required to present one seminar in the School of Health and Human Performance Graduate seminar series sometime during their completion of their academic program. Lastly, each student is required to make at least one oral presentation at a local, national or international meeting during the course of his/her degree. This course is graded pass/fail. At the conclusion of the formal component of the course students are encouraged and expected to continue their attendance at the seminar series to extend your knowledge base and further good professional development skills.

Directed/Independent Studies (Undergraduate = 8; Graduate = 15)

<b>Course code</b>	<b>Course name</b>	<b>Course topic</b>	<b>Year</b>	<b>Student(s)</b>
PSYO3001	Directed Research in Psychology	Sport and Recreation is Associated with Greater Happiness, and More so Than Other Leisure Activities. *published in peer-reviewed journal	2015 (Winter)	Daniel Conacher
PSYO3001	Directed Research in Psychology	Student resiliency	2017 (Summer)	Lucy MacLeod
PSYO3001	Directed Research in Psychology	Mental Health of Elite Coaches: A pilot study	2019 (Winter)	Trent Lynds
PSYO4000	Senior Seminar	Clinical Sport Psychology	2018 (Winter)	Lucy MacLeod
KINE4801	Directed Study	The Role of Self-Efficacy in Coaching	2013 (Summer)	Ellen Parsons
KINE4801	Directed Study	The influence of self-efficacy on physical activity and functional limitations in middle-aged and older adults.	2017 (Fall)	Leanne Marriott

KINE4801	Directed Study	African-American Women and Physical Activity	2018 (Fall)	Deborah Sanni
KINE4801	Directed Study	Teamwork in Sports	2019 (Winter)	Ben McCarthy
KINE5601	Independent Study (Graduate)	Qualitative Methods in Advanced Sport Psychology	2013 (Fall)	Krystal Soucy Bryce Tully
KINE5601	Independent Study (Graduate)	The Psychology of Sport Motivation	2015 (Fall)	Brogan Bailey Jenna Shaddock
KINE5601	Independent Study (Graduate)	Advanced Applied Sport Psychology	2017 (Fall)	Tina DeRoo
KINE5601	Independent Study (Graduate)	Teamwork in Sport	2018 (Fall)	Jamie Swinimer
KINE5601	Independent Study (Graduate)	Trust in the Military: A pilot study	2019 (Winter)	Tessa O'Donnell
KINE5601	Independent Study (Graduate)	Psychosocial Factors Predicting the Usage of Technology by Golfers	2022 (Winter)	Ben Rittenberg
KINE5601	Independent Study (Graduate)	Exploring the Mental Health and Well-Being of Community Sport Coaches	2022 (Winter)	Kelsey Hogan
KINE5601	Independent Study (Graduate)	Health Behaviour Change Programs	2022 (Winter)	Julia Koppernaes
KINE5602	Independent Study (Graduate)	Advanced Applied Sport Psychology	2014 (Winter)	Bryce Tully
KINE5602	Independent Study (Graduate)	Program Evaluation in Sport and Physical Activity	2016 (Winter)	Jenna Shaddock
KINE5602	Independent Study (Graduate)	Measurement Development in Sport	2016 (Winter)	Brogan Bailey
KINE5602	Independent Study (Graduate)	Qualitative Research in Advanced Sport Psychology	2018 (Winter)	Tina DeRoo
KINE5602	Independent Study (Graduate)	Advanced Applied Sport Psychology	2019 (Winter)	Jamie Swinimer



KINE5602	Independent Study (Graduate)	Advanced Applied Sport Psychology	2022 (Summer)	Kelsey Hogan
PHYT6202	Scientific Inquiry II	The Coach-Athlete-Clinician Relationship and its Effect on Sports Rehabilitation Adherence	2018-2019 (XY course)	Rebecca Chapman Cara McCallum Cody Peddle

Undergraduate Honours Supervisions (N = 13 + 4 co-supervision)

<b>Student</b>	<b>Thesis</b>	<b>Year</b>	<b>Note</b>
Malcolm Muir		2024	Co-supervised with Dr. Heather Neyedli
Matt Smith		2024	Co-supervised with Dr. Barb Hamilton-Hinch
Lisa Sleptova	After-school Providers' Perceptions of Outdoor Loose Parts Play in Relation to Children's Fundamental Movement Skills: A case-study Approach.	2023	Co-supervised with Dr. Michelle Stone
Shannon Fitzharris	Autism and Sport: A Scoping Review	2023	
William Johnson	A Preliminary Inquiry into Life Skills of Nova Scotian Scouts	2021	Enrolled in Graduate Program at Dalhousie University
Ben Rittenberg	Experience-Related Variables That Affect Golf Coaches' Use and Trust in Technology	2021	SSHRC-CGS; Completed MScKINE Spring 2023 under my supervision. Dalhousie Medical School Class of 2027
Maxime McLean	Timing is Everything: An Analysis of Self-Talk in Endurance Athletes	2019	Graduate program at University of Calgary
Erica McLean	Exploring the Correlation between Role Ambiguity and Athlete Satisfaction	2018	SSHRC-CGS; Completed Master's degree at Laurier University
Jamie Swinimer	Influence of Compressive Knee Wraps on Squat Self-Efficacy	2018	Completed MScKINE under my supervision; beginning Schulich School of Law 2021
Jamie MacFarlane	"That yardage can't be right?": Trust in Golf GPS in Non-Users	2018	Study included in published manuscript in Frontiers 2021

Kristen Allen	Team Cohesion, Team Trust, and Team Performance in Competitive Athletes	2018	Completed School of Physiotherapy, Dalhousie University
Marita Alfieri	Athletic Identity of Recreational Athletes Based on Playing History	2017	
Yasmine Mucher	Assessment of Prevalence of Eating Disorders in Professional and Semi-Professional Circus Aerialists in North America	2017	
Jasmine Proulx	Modality and its Relationship with Global Self-Esteem and Physical Self-Concept	2016	Dalhousie University Medical School
Beth Taylor	The Relationship between Physical Activity and Mood in University Students	2015	PhD program at University of Bath (UK)
Emily McCallum	The Effect of Teammate Trust on Athlete Satisfaction in Varsity Athletes: Additive and Interdependent Sports	2014	Awarded SSHRC-CGS and Killam graduate scholarships (declined). Current Psychiatry Resident at NSHA
Jordan Steele	Anxiety and Injury Occurrence in Varsity and Club Level Athletes: A Prospective Study	2014	Co-Supervised with Dr. Melanie Keats

Master's Student Supervisions (N = 9)

<b>Student &amp; Degree</b>	<b>Thesis</b>	<b>Year Completed</b>	<b>Note</b>
Benjamin Rittenberg MScKINE	A Preliminary Investigation of the Implicit Theories in Sport Coaches	June 2023	Enrolled in Dalhousie Medical School (2027)
Kelsey Hogan MScKINE	Exploring the Experiences of First-Time Ultramarathon Athletes	June 2023	Completing CMPC certification Professional Ultra-marathon runner
Jamie Swinimer MScKINE	A Longitudinal Examination of Collective Efficacy Dispersion in Sport Teams	August, 2020	Enrolled in Dalhousie Schulich School of Law
Tessa O'Donnell MScKINE	A Qualitative Examination of the Trust Relationship between Athletes and Physiotherapists	December, 2020	Enrolled in University of Prince Edward Island PsyD
Tina DeRoo MScKINE	Private Instant Message Groups, Cohesion and Performance in Female Sport	June, 2019	Currently employed at YMCA and Mental

			Performance Consultant
Brogan Bailey MScKINE	Development and Validation of a Measure of Trust in Sport	June, 2018	Current High Performance Director – Hockey New Brunswick
Jenna Shaddock MScKINE	Evaluation of Girls Rock: An Intervention Program for Girls in Grades 4, 5 and 6	August, 2017	Dalhousie Schulich School of Law – 2020 Practicing Attorney
Krystal Soucy MScKINE	Personality Profiles and Injury Occurrence in a Population of Varsity Athletes	December, 2017	Currently pursuing further education in mental health
Bryce Tully MScKINE	Exploring Visually and Hearing Precluded Free Throw Trials Among Elite Basketball Players: A Practical Training Method?	December, 2015	Current Founder Innerlogic

Doctoral Student Supervision/Committees (N = 2)

<b>Student &amp; Degree</b>	<b>Role</b>	<b>Project</b>	<b>Year</b>
Lara Pomerleau Fontaine Ph.D. Sport Psychology Université de Sherbrooke	Ph.D. Supervisory Committee Member (external) (Supervisor: Dr. Véronique Boudreault)	Mental Health of Developmental Athletes	2021-current (Comps completed 2023)
Burgundy Thiessen Ph.D. Applied Health Sciences Brock University	Ph.D. Supervisory Committee Member (Supervisor: Dr. Philip Sullivan)	TBD	2021-current (Comps completed 2023)
Theresa Gaughan Ph.D. Health Dalhousie University	Ph.D. Supervisory Committee Member (Supervisor: Dr. Shaun Boe)	Motor Imagery in Stroke Rehabilitation	2021-current (Comps completed 2022)
Christopher DeWolfe Ph.D. Clinical Psychology Dalhousie University	Comprehensive Exam Supervisor (project supervision, not a member of supervisory committee)	Beware of the Blues: Mental Wellness of Coaches and Support Staff Throughout the Olympic Games	2019-2021

Undergraduate Honours Reader (N = 13)

<b>Student/Supervisor</b>	<b>Thesis</b>	<b>Year</b>
Caitlyn Macrae Dr. Sara Kirk	EB Chandler Active at School Project	2023
Mary Russell Dr. Janice Moreside	How Does the COVID-19 Pandemic Affect the Mental Health of Athletes?: A Scoping Review	2021
Grace Barnhart Dr. Heather Neyedli	Interpersonal and Human-automation Trust in an Underwater Mine Detection Task	2020
Deborah Sanni Dr. Sherry Huybers Dr. Barbara Hamilton-Hinch	An Examination of the Psychosocial and Sociocultural Factors that Prevent Women of African Descent from Engaging in Exercise	2020
Alyssa Larade Dr. Scott Grandy	The Effect of Yoga Duration on Perceived Levels of Stress	2018
Alyssa Neville Dr. Melanie Keats	The Effect of Yoga Duration on Mood and Cognitive Function	2018
Kate Robertson Dr. Melanie Keats Dr. Scott Grandy	A Comparison of Stress Reduction Responses to Yoga and Light to Moderate Aerobic Activity in an Insufficiently Active University Population	2015
Erica Abraham Dr. Melanie Keats Dr. Scott Grandy	The Effects of a Yoga Intervention on the Stress-Response to Work-Related Emails	2015
Julianna Tan Dr. Melanie Keats	The Impact of an Individually Tailored and Structured Strength Training program on the Self-Efficacy of Women Diagnosed with Breast Cancer	2014
Adam Mayo Dr. Melanie Keats Dr. Derek Kimmerly	Comparison of Exercise Performance as an Effect of Three Extrinsic Motivational Scenarios	2013
Skye Wilton Dr. Melanie Keats	Perceived Enjoyment and Confidence in Novice Zumba Participants	2013
Chauntelle Melong Dr. Melanie Keats	Comparing the Effect of a Novel and Traditional Exercise Balance Training Program	2013

Graduate Student Thesis Committees & External Examiner  
(Thesis committee = 18; External Examiner = 6)

<b>Student &amp; Degree</b>	<b>Thesis</b>	<b>Role &amp; University</b>	<b>Year &amp; Supervisor</b>
Jessica Hils MSc-Kine		Committee Member Dalhousie University	In progress

			Dr. Melanie Keats
Charlotte Revell MKin & Phys. Ed.	The Intersection of Proactivity Behaviours and Socialization Tactics on Athletes' Perceptions of Group Cohesion and Role Clarity	External Examiner Wilfred Laurier University	August, 2022 Dr. Mark Eys
Devan Pancura MSc – Rehabilitation Research	Investigating the Effect of Manipulating Effector Load on Corticospinal Excitability during Motor Imagery	Committee Member Dalhousie University	August, 2022 Dr. Shaun Boe
Brent Martindale M.A. Health Promotion	Masculinity and Well-Being in Competitive Men's University Sport: A Poststructural Analysis	Committee Member Dalhousie University	August, 2021 Dr. Rebecca Spencer
Burgandy Thiessen MSc	Personality and Choking Susceptibility in Student-Athletes Using an Online Pressure-Inducing Task	Committee Member Brock University	December, 2021 Dr. Philip Sullivan
JungWoo Lee MSc- Rehabilitation Research/ Clinical Combined	Probing Motor Simulation Theory by Examining the Role of the Supplementary Motor Area in Effort Perception During Motor Imagery	Committee Member Dalhousie University	Current Dr. Shaun Boe
Caroline Frost MSc-KINE	A Qualitative Inquiry on Competitive Figure Skaters' Perceptions of Concussion Risk and Injury Prevention	Committee Member Dalhousie University	May, 2022 Dr. Melanie Keats
Karina Branje MSc-KINE	The Impact of an Outdoor Loose Parts Intervention on the Physical Literacy of Nova Scotian Preschoolers.	Committee Member Dalhousie University	March, 2020 Dr. Michelle Stone
Shala Knocton MSc-KINE	Trust in Automatic Target Recognition for Underwater Mine Detection	Committee Member Dalhousie University	June, 2020 Dr. Heather Neyedli
Jack Sampson MA-Applied Health Sciences	The Effects of Motivational and Instructional Self-talk on Cross-training Exercise Performance	External Examiner Brock University	June, 2019 Dr. Philip Sullivan

Brendan Blenkharn MA-LEIS	Wanting to Sweat Together: The Relationship between Community and CrossFit	Committee Member Dalhousie University	May, 2018 Dr. Karen Gallant
Elyse Gorrell MSc-KINE	The Impact of Social Media on Athletes' Self-Efficacy	Committee Member Brock University	August, 2018 Dr. Philip Sullivan
Beth Taylor MSc-KINE	Does Children's Physical Literacy Mediate the Relationship between Age and Sedentary Behaviour?	Committee Member Dalhousie University	April, 2018 Dr. Michelle Stone
Amy Fortin- Barrette MSc- Rehabilitation Research	Balancing a Fine Line: Decision-Making by Sub- Elite Athletes About Playing Through Pain: A Focused Ethnography of Gymnasts, Rowers and Speed Skaters	External Examiner Dalhousie University	March, 2017 Dr. Katherine Harman
Patrick Wright MA-LEIS	Mental Health of University Club Rugby Players Following Injury: Identifying Risk and Protective Factors	Committee Member Dalhousie University	July, 2017 Dr. Susan Hutchinson
Ben MacAskill MSc-KINE	Heads Up Hockey: Training Upward Gaze While Stickhandling	Committee Member Dalhousie University	March, 2016 Dr. David Westwood
Kerry McInnes MSc- Rehabilitation Research	MTBI Chronically Impairs Cognitive Function in More First-Time Concussed Individuals than Previously Established: A Systematic Review	External Examiner Dalhousie University	July, 2016 Dr. Shaun Boe
Justin Hiltz MSc-KINE	The Effect of Predictable Refixation of Inhibition of Return	Committee Member Dalhousie University	June, 2015 Dr. David Westwood
Amy Heffernan MSc-KINE	The Generalizability of Dual N-Back training in Younger Adults	Committee Member Dalhousie University	November, 2014 Dr. David Westwood
Alicia Gionfriddo MSc- Rehabilitation Research	Quantifying the Patterns of Functional Connectivity within the Brain during Imagined and Overt movement of a Functional Task in Non-Disabled Systems	Committee Member Dalhousie University	August, 2014 Dr. Shaun Boe
Hillary Woodside MSc-KINE	Impact of Yoga on Quality of Life for Adolescent and Young Adult Non-Curative	Committee Member Dalhousie University	July, 2014 Dr. Melanie Keats

	Cancer Patients: A Pilot Study		
Sarah Ditmar MA-Applied Health Sciences	The Relationship between Self-Efficacy, Collective Efficacy and Sport Performance in Men's and Women's Ice Hockey Goaltender Teams	External Examiner Brock University	July, 2013 Dr. Philip Sullivan
Timothy Harris MA-Atlantic Canada Studies	Toward a National Championship: Charlottetown Junior Hockey Development 1930-34	External Examiner Saint Mary's University	August, 2012 Dr. Colin Howell

## VII. Research Activities

(\* indicates student under my primary supervision)

### Publications

*Publications in Refereed Journals (N = 19)*

1. \*Hogan, K., Vierimaa, M., & **Dithurbide, L.** (in press). Exploring the mental health and well-being of community sport coaches. *International Sport Coaching Journal*.  
*Role: Lead Researcher & First Author Supervisor*
2. Hwang, S., Sedabres, K., **Dithurbide, L.**, & Feltz, D. (in press). Efficacy beliefs and motivational dynamics in early-season collegiate swimming relays. *International Journal of Sports Science & Coaching*  
*Role: Co-Author*
3. Thiessen, B., Sullivan, P., Gammage, K., & **Dithurbide, L.** (2023). Choking susceptibility and the Big Five personality traits. *The Open Psychology Journal*, 16(1), doi: 10.2174/18743501-v16-e230116-2022-75  
*Role: Co-Author*
4. \*Rittenberg, B., Barnhart, G., Neyedli, H., Young, B., & **Dithurbide, L.** (2023). Psychological factors predicting the usage of technology by golfers. *International Journal of Sports Science & Coaching, OnlineFirst*.  
<https://doi.org/10.1177/174795412211487>  
*Role: Senior Researcher and supervisor of First Author*
5. \*DeWolfe, C. & **Dithurbide, L.** (2022). Beware of the blues: Mental Wellness of coaches and support staff throughout the Olympic Games. *International Journal of Sports Science & Coaching*, 17, 1243-1257.  
<https://doi.org/10.1177/17479541221116880>  
*Role: Senior Researcher and project supervisor of First Author*

6. **Dithurbide, L.**, Boudreault, V., Durand-Bush, N., Macleod, L., & Gauthier, V. (2022). The impact of the COVID-19 pandemic on Canadian national team athletes' mental performance and mental health: The perspectives of Mental Performance Consultants and Mental Health Practitioners. *Frontiers in Psychology*, <https://doi.org/10.3389/fpsyg.2022.937962>  
*Role: Lead Researcher*
  
7. \*Rittenberg, B., Neyedli, H., Young, B., & **Dithurbide, L.** (2022). The influence of coaching efficacy on trust and usage of technology in golf instruction. *International Journal of Sports Science & Coaching*, *17*, 713-721, <https://doi.org/10.1177/17479541211061703>  
*Role: Senior Researcher and supervisor of First Author*
  
8. **Dithurbide, L.**, Neyedli, H.F., \*Swinimer, J., & \*MacFarlane, J. (2021). Automation use and dis-use in golf: The impact of distance measuring devices on trust in technology and confidence in determining distance. *Frontiers in Psychology*, *12*(655387). doi: 10.3389/fpsyg.2021.655387  
*Role: Lead Researcher*
  
9. Knocton, S., Hunter, A., Connors, A., **Dithurbide, L.**, & Neyedli, H.F. (2021). The effect of informing participants of the response bias of an automated target recognition system on trust and reliance behavior. *Human Factors*, published online June 2, 2021, <https://doi.org/10.1177/00187208211021711>  
*Role: Co-investigator*
  
10. **Dithurbide, L.**, & Neyedli, H.F. (2019). Hit me with your best shot: Trust in self and automation in golf. *International Journal of Golf Science*, *7*(1). <https://www.golfsciencejournal.org/article/7408-trust-in-distance-measuring-devices-dmds-automation-in-golf>  
*Role: Lead Researcher*
  
11. Guillen, F., Feltz, D., Gilson, T., **Dithurbide, L.** (2019). Psychometric properties of the Spanish version of the Referee Self-efficacy Scale (REFS). *Revista de psicología del Deporte/Journal of Sport Psychology*, *28*, 15-24.  
*Role: Co-investigator*
  
12. Sullivan, P.J., Ragogna, M., & **Dithurbide, L.** (2019). An investigation into the Dunning-Kruger Effect in sport coaching. *International Journal of Sport and Exercise Psychology*, *17*, 591-599. doi: 10.1080/1612197X.2018.1444079  
*Role: Co-investigator*
  
13. Kraeutner, S.N., McWhinney, S.R., Solomon, J.P., **Dithurbide, L.**, & Boe, S.G. (2018). Experience modulates motor imagery-based brain activity. *European Journal of Neuroscience*. *47*, 1221-1229. doi:10.1111/ejn.13900



*Role: Co-investigator*

14. Balish, S., \*Conacher, D., & **Dithurbide, L.** (2016). Sport and recreation are associated with greater happiness across countries. *Research Quarterly for Exercise and Sport*, 87, 382-388.

*Role: Senior Researcher; co-authors were students*

15. Fransen, K., Kleinert, J., **Dithurbide, L.**, Vanbeselaere, N., & Boen, F. (2014) Development and validation of the Observational Collective Efficacy Scale for Sports (OCESS). *International Journal of Sport Psychology*, 45, 121-137.

*Role: Co-investigator*

16. **Dithurbide, L.** & Flett, M.R. (2014). Teammate trust and teammate efficacy: A qualitative analysis. *International Journal of Coaching Science*, 8, 27-44.

*Role: Lead Researcher*

17. Myers, N., Guillen, F., Feltz, D., & **Dithurbide, L.**, (2012). The Refficacy Scale: A preliminary investigation to develop a referee efficacy scale. *Journal of Sport and Exercise Psychology*, 34, 737-765.

*Role: Co-investigator*

18. Cameron, J.E., Cameron, J.M., **Dithurbide, L.**, & Lalonde, R.N. (2012). Personality traits and stereotypes associated with ice hockey positions. *Journal of Sport Behavior*, 35, 109-124.

*Role: Lead Research Assistant*

19. **Dithurbide, L.**, Sullivan, P.J., & Chow, G.M. (2009). Examining the influence of team-referent causal attributions and team performance on collective efficacy: A multilevel analysis. *Small Group Research*, 40, 491-507.

*Role: Lead Researcher*

#### *Chapters in edited books (N = 5)*

1. **Dithurbide, L.**, DesCouds, P., McNeill, K., Durand-Bush, N., \*DeRoo, C., & Christie, S., Sport Psychology. In Norris, M. E. (Ed.). (2019). *The Canadian Handbook for Careers in Psychological Science*. Kingston, ON: eCampus Ontario. Retrieved from <https://ecampusontario.pressbooks.pub/psychologycareers/chapter/sport-psychology/>. Licensed under a Creative Commons Attribution 4.0 International License.

*Role: Lead Author*

2. Russell, H.C., Dutove, J., & **Dithurbide, L.** (2017). "Playing like a girl": Women in competition in sport and physical activity. In M.L. Fisher (Ed). *The Oxford Handbook of Women and Competition*. Oxford: Oxford University Press.

*Role: Senior Author*

3. Sullivan, P.J., Feltz, D. & **Dithurbide, L.** (2016) Applying social psychology to sports teams. In F.W. Schneider, Gruman, J.A., & Coutts, L.M. (Eds.). *Applied Social Psychology: Understanding and addressing social and practical problems (3<sup>rd</sup> ed)*. Thousand Oaks, CA: Sage.  
*Role: Co-author*
4. **Dithurbide, L.** & Feltz, D.L. (2012). Self and collective efficacy. In G. Tenenbaum, Eklund, R., & Kamata, A. (Eds.). *Handbook of Measurement in Sport and Exercise Psychology*. Champaign, IL: Human Kinetics.  
*Role: Lead Author*
5. Sullivan, P.J., Feltz, D.L., & **Dithurbide, L.** (2011). Applying social psychology to sports teams. In F.W. Schneider, Gruman, J.A., & Coutts, L.M. (Eds.). *Applied Social Psychology: Understanding and addressing social and practical problems (2<sup>nd</sup> ed)*. Thousand Oaks, CA: Sage.  
*Role: Co-author*

*Published Conference Abstracts/Proceedings (N = 38)*

1. Chubala, C.M., Hunter, A., **Dithurbide, L.**, & Neyedli, H.F. (2023). Building situation awareness and team cohesion through effective information sharing in a distributed team-based command and control scenario. *Proceedings of the Human Factors and Ergonomics Society Annual Meeting 0(0)*. <https://doi.org/10.1177/21695067231192866>  
*Role: Co-author*
2. Barnhart, G., Knocton, S., Hunter, A., **Dithurbide, L.**, & Neyedli, H.F. (2023). Interpersonal and human-automation trust in an underwater mine detection task. *Proceedings of the Human Factors and Ergonomics Society Annual Meeting 0(0)*.  
*Role: Co-author*
3. McGuire, C., **Dithurbide, L.**, Martin, L.J. (2023). “It’s allowing space for vulnerability”: Exploring athlete experiences with trust in interdependent sport. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference, 54(1)*.  
*Role: Co-author*
4. \*Hogan, K. & **Dithurbide, L.** (2023). Exploring the experiences of first-time ultramarathon athletes. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference, 54(1)*.  
*Role: Graduate Supervisor of first author (presenter at conference)*
5. \*Rittenberg, B., & **Dithurbide, L.** (2023). A preliminary investigation of mindsets in sport coaches. *Journal of Sport and Exercise Psychology, 45 (suppl)*. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Toronto, ON.

*Role: Graduate Supervisor of first author*

6. \*Hogan, K., Vierimaa, M., Rittenberg, B., & **Dithurbide, L.** (2022). Examining predictors of mental health and well-being in community sport coaches. *Journal of Sport and Exercise Psychology, 45 (suppl)*. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Toronto, ON.  
*Role: Lead Researcher & Graduate Supervisor of first author*
7. \*Rittenberg, B., Barnhart, G., Neyedli, H., Young, B., & **Dithurbide, L.** (2022). Psychological factors predicting the usage of technology by golfers. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference, 53(1)*.  
*Role: Lead Researcher*
8. \*Hogan, K., Vierimaa, M., Rittenberg, B., & **Dithurbide, L.** (2022). Exploring the mental health and well-being of community sport coaches. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference, 53(1)*.  
*Role: Lead Researcher & Graduate Supervisor of first author*
9. Rittenberg, B., Neyedli, H., Young, B., & **Dithurbide, L.** (2021). The influence of coaching efficacy on trust and usage of technology in golf instruction. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference (virtual), 52(1)*.  
*Role: Lead Researcher & Graduate Supervisor of first author*
10. **Dithurbide, L.**, Sedabres, K., Hwang, S., Taylor, S., & Feltz, D. (2021). Efficacy beliefs, indispensability and motivation gains in swimming relays. *Journal of Sport and Exercise Psychology, 43 (suppl)*. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Virtual Conference.  
*Role: Lead Researcher*
11. **Dithurbide, L.**, & Neyedli, H. (2019). Trust in golf distance measuring devices in users. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference, 51(1)*.  
*Role: Lead Researcher*
12. \*DeRoo, T., & **Dithurbide, L.** (2019). Private instant message groups, cohesion and performance in sport: A mixed-methods case study. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference, 51(1)*.  
*Role: Graduate Supervisor of first author*
13. \*McLean, E.J., & **Dithurbide, L.** (2018). Exploring the correlation between role ambiguity and athlete sport satisfaction. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology*

(SCAPPS) Annual Conference, 50(1). Retrieved from:  
<https://www.scapps.org/jems/index.php/1/article/view/1862>  
Role: Honours supervisor of first author

14. **Dithurbide, L.**, \*MacFarlane, J., & Neyedli, H. (2018). "That yardage can't be right?" Trust in golf DMDs in non-users. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 50(1). Retrieved from:  
<https://www.scapps.org/jems/index.php/1/article/view/1818>  
Role: Lead Researcher
15. \*Bailey, B., & **Dithurbide, L.** (2018). Development and validation of a trust in sport questionnaire. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 50(1). Retrieved from:  
<https://www.scapps.org/jems/index.php/1/article/view/1803>  
Role: Graduate Supervisor of first author
16. \*Swinimer, J., & **Dithurbide, L.** (2018). Influence of compressive knee wraps on squat self-efficacy. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 50(1). Retrieved from: <https://www.scapps.org/jems/index.php/1/article/view/2015>  
Role: Honours supervisor of first author
17. \*Bailey, B.M., & **Dithurbide, L.** (2017). Development and validation of a trust in sport questionnaire. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 49(1). Retrieved from:  
<https://www.scapps.org/jems/index.php/1/article/view/1562>  
Role: Graduate Supervisor of first author
18. \*Shaddock, J., & **Dithurbide, L.** (2017). Evaluation of Girls Rock: An intervention program for girls in grades 4, 5 and 6. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 49(1). Retrieved from:  
<https://www.scapps.org/jems/index.php/1/article/view/1696>  
Role: Graduate Supervisor of first author
19. **Dithurbide, L.**, & Neyedli, H. (2017). Hit me with your best shot: trust in self and automation in golf. *Journal of Sport and Exercise Psychology*, 39 (suppl). Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. San Diego, CA.  
Role: Lead Researcher
20. Sullivan, P., Ragogna, M., & **Dithurbide, L.** (2016). Testing the Kruger-Dunning effect with coaches: Are incompetent coaches unaware of their incompetence? *Journal of*

*Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 48(1). Retrieved from <http://www.scapps.org/jems/index.php/1/article/view/1391>

*Role: Co-author*

21. Shields, C., Pitter, R., & **Dithurbide, L.** (2016). All about tsn (the social networking): Parents' perspectives on youth sport in an era of specialized sport opportunities. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 48(1). Retrieved from <http://www.scapps.org/jems/index.php/1/article/view/1386>

*Role: Co-author*

22. Hoar, S., Goss, J., & **Dithurbide, L.** (2016). Creating meaningful research and innovation partnerships in high performance sport: An overview. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 48(1). Retrieved from <http://www.scapps.org/jems/index.php/1/article/view/1354>

*Role: Co-author*

23. **Dithurbide, L.** (2016). A day in the life of a mental performance practitioner working in the Canadian Olympic and Paralympic Sport Institute Network (COPSIN). *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 48(1). Retrieved from <http://www.scapps.org/jems/index.php/1/article/view/1332>

*Role: Lead Author*

24. Hoar, S., Goss, J., & **Dithurbide, L.** (2016). Future directions for building meaningful research and innovation partnerships for applied sport psychology in high performance sport. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 48(1). Retrieved from <http://www.scapps.org/jems/index.php/1/article/view/1352>

*Role: Co-author*

25. \*Proulx, J., & **Dithurbide, L.** (2016). Exercise modality and its relationship with global self-esteem and physical self-concept. *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 48(1). Retrieved from <http://www.scapps.org/jems/index.php/1/article/view/1466>

*Role: Honours Supervisor of first author*

26. \*Tully, B., & **Dithurbide, L.** (2015). Exploring visually and hearing precluded free throw trials among elite basketball players: A practical training method? *Journal of Exercise, Movement, and Sport: Proceedings from the Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS) Annual Conference*, 47(1). Retrieved from <http://jps.library.utoronto.ca/index.php/jems/article/view/25408>

*Role: Graduate Supervisor of first author*

27. **Dithurbide, L.** Chow, G., & Feltz, D. (June, 2013). The effects of teammate trust on perceptions of backing-up behaviors in sport. *Journal of Sport and Exercise Psychology*, 34 (suppl), S82. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. New Orleans, LA.  
*Role: Lead Researcher*
28. **Dithurbide, L.**, & Howell, C. (Eds.). (2013). *Putting it on ice: Proceedings of the 2012 Hockey Conference*. Retrieved from <http://www.smu.ca/campus-life/putting-it-on-ice-proceedings.html>  
*Role: Lead author*
29. **Dithurbide, L.**, Sullivan, P., Chow, G., Feltz, D., & Campbell, T. (May, 2012). Efficacy dispersion and team performance in a tug-of-war task. *Canadian Psychology*, 53(2a), 98. Presented at the Annual Convention of the Canadian Psychological Association. Halifax, NS.  
*Role: Lead Researcher*
30. **Dithurbide, L.**, Chow, G.M., Feltz, D.L., & Sullivan, P.J. (2011, June). Collective efficacy magnitude and dispersion: The effects on Tug-of-War group performance. *Journal of Sport and Exercise Psychology*, 32 (suppl), S142. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Burlington, VT.  
*Role: Lead Researcher*
31. **Dithurbide, L.**, Sullivan, P.J., Feltz, D.L., & Chow, G.M. (2010, June). Collective efficacy dispersion: A preliminary rugby lab study. *Journal of Sport and Exercise Psychology*, 33 (suppl), S156-S157. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Tucson, AZ.  
*Role: Lead Researcher*
32. Osborn, K.A., **Dithurbide, L.**, Feltz, D.L., & Kerr, N.L. (2010, June). Testing the weak link: Motivation gains of inferior relay members. Paper presented in D.L. Feltz (chair) *Examining the Köhler motivation gain effect in exercise and sport groups*. *Journal of Sport & Exercise Psychology Supplement*, 32 (suppl), S28-S30. Symposium conducted at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Tucson, AZ.  
*Role: Co-author*
33. Holmes, M.E., Sutton, D., **Dithurbide, L.**, & Pivarnik, J.M. (2010, June). Physical activity moderates the anxiety-adiposity relationship in high school-aged youth. *Medicine & Science in Sport & Exercise*, 42(5), 100. Presented at the Annual Meeting of the American College of Sport Medicine. Baltimore, MD.  
*Role: Co-author*

34. Chow, G.M., **Dithurbide, L.**, Maleté, L. & Feltz, D.L. (2009, June). The influence of character building competency and coaching efficacy on athlete level moral variables in Botswana youth soccer. *Journal of Sport and Exercise Psychology*, 31 (suppl), S113. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Austin, TX.  
*Role: Co-author and Presenter*
35. Chow, G.M., **Dithurbide, L.**, & Feltz, D.L. (2009, June). Going beyond level of analysis: Examining dispersion as a team-level construct. *Journal of Sport and Exercise Psychology*, 31 (suppl), S113. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Austin, TX.  
*Role: Co-author*
36. **Dithurbide, L.**, Chow, G.M., & Sullivan, P.J. (2008). Predicting collective efficacy through team-referent causal attributions: A multilevel analysis. *Journal of Sport and Exercise Psychology*, 30 (suppl), S164. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Niagara Falls, ON.  
*Role: Lead Researcher*
37. Sullivan, P.J., & **Dithurbide, L.** (2007). The psychometric properties of the humor styles questionnaire with a sample of athletes. *Journal of Sport and Exercise Psychology*, 29 (suppl), S207. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. San Diego, CA.  
*Role: Co-author*
38. **Dithurbide, L.**, Sullivan, P.J., & Cameron, J.E. (2006). Impact of collective efficacy and group cohesion on team performance. *Journal of Sport and Exercise Psychology*, 28 (suppl), S58-S59. Presented at the Annual Conference of the North American Society for the Psychology of Sport and Physical Activity. Denver, CO.  
*Role: Lead Researcher*

*Non-Refereed Publications & Reports (N = 6)*

1. Dithurbide, L., (2023). Golf coaching wisdom: Practical lessons, insights and stories from the protégé of the legendary John Jacobs: A commentary. *International Journal of Sports Science & Coaching (Special Section on Golf Coaching)*. doi: 10.1177/17479541231187269
2. Heelis, W., Rittenberg, B., Taylor, S., **Dithurbide, L.** (June, 2022). MindFrame Connect: Mental Skills Report. Report submitted to MindFrame Connect leadership team.  
*Role: Senior Researcher and Project Supervisor*
3. Heelis, W., Rittenberg, B., Taylor, S., **Dithurbide, L.** (June, 2022). MindFrame Connect: Academic Research Review (Mentorship). Report submitted to MindFrame Connect leadership team.  
*Role: Senior Researcher and Project Supervisor*

4. \*DeWolfe, C. & **Dithurbide, L.** (June, 2021). Beware of the blues: Mental wellness of coaches and support staff throughout the Olympic Games. Report submitted in English and French to: Canadian Sport Centre Atlantic & Canadian Olympic and Paralympic Sport Institute Network (COPSIN) partners, Own The Podium, Game Plan/Plan de Match, Coaching Association of Canada, Canadian Olympic Committee, and Canadian Paralympic Committee.  
*Role: Senior Researcher and project supervisor of First Author*
5. \*DeRoo, C., **Dithurbide, L.**, & Steeves, D. (September, 2020). Evaluation of Q-Life: A Powerful University Companion. Final Report to Dalhousie University Student Affairs.  
*Role: Lead Researcher (DeRoo = Research Assistant; Steeves = Project Partner)*
6. \*Shaddock, J., & **Dithurbide, L.** (2017). Evaluation of Girls Rock: An intervention program for girls in grades 4, 5 and 6. Final report to Department of Communities, Culture, and Heritage, Province of Nova Scotia.  
*Role: Supervising Researcher; first author was graduate student*

*Manuscripts Submitted for Publication (N = 4)*

1. Heelis, W., Rittenberg, B., Taylor, S., McKibbin, S., & **Dithurbide, L.** (reviewed & resubmitted). Building a framework for mentorship: A multi-domain scoping review. *Organizational Psychology Review*.  
*Role: Senior Researcher & Project Supervisor*
2. O'Donnell, T., O'Brien, J., Neyedli, H., & **Dithurbide, L.** (submitted). What is different about trust in military teams? *Journal of Trust Research*.  
*Role: Lead Researcher & First Author Supervisor*

Presentations

*Invited Scholarly Conference Presentations (N = 5)*

1. Invited Speaker – Athletics and Entrepreneurship: The business of sport, the sport of business and the link between athletes and entrepreneurs. *Transferable Mental Performance Skills: From Athlete to Entrepreneur*. Martin Trust Center for Entrepreneurship, Massachusetts Institute of Technology, Boston, MA, September 12, 2022
2. Invited Speaker - Recreation, Sport, and Social Health: Local, International, and University Perspectives, *The Mental Side of Youth Sport*, Saint Mary's University, Halifax, NS, October 4, 2019
3. Invited Speaker - North American Society of Sport Management Annual Conference, *What's the Problem? Building an Interdisciplinary Research program on Youth Sport Concussion*, Halifax, NS, June 7, 2018.



4. Invited Speaker - Crossroads Conference, *Performance Psychology: From Sport to the Everyday*, Halifax, NS, March 12, 2016.
5. Invited Speaker - Atlantic Coaching Conference, *Coach Burnout*, Halifax, NS, April 24-25, 2015

*Peer-Reviewed Scholarly Conference Presentations (N = 26)*  
*(not included in Published Conference Abstracts/Proceedings)*

1. Wynn, E., **Dithurbide, L.**, DeCoste, L., Wu, H., Coleman, M., & Breen, K. (2023). Developing mental skills for entrepreneurial resilience: Identifying best practices. Presented at the 11<sup>th</sup> International Conference on Industrial Ecology.  
*Role: Co-Author & Lead Project Researcher*
2. \*Hogan, K., Vieirmaa, M., & **Dithurbide, L.** (January 27, 2023). Mental health and well-being of community sport coaches. Presented virtually at the Coaching Association of Canada Research Insights Webinar.  
*Role: Lead Researcher & First Author Supervisor*
3. MacLeod, L., **Dithurbide, L.**, Durand-Bush, N., Boudreault, V., Gauthier, V. (December 9, 2022). The mental health and mental performance of Canadian national team athletes: Learning from global crisis. Presented at the Sport Innovation Summit (SPIN) hosted by Own The Podium. Richmond, BC.  
*Role: Lead Researcher (first listed author presented in my absence)*
4. **Dithurbide, L.**, Durand-Bush, N., Boudreault, V., MacLeod, L., Gauthier, V., & van Neutegem, A. (2021). Examining the impact of the COVID-19 pandemic on Canadian national team athletes' mental performance and mental health: The perspectives of Mental Performance Consultants and mental health practitioners. Presented at Association of Applied Sport Psychology (AASP). Las Vegas, NV & Virtual.  
*Role: Lead Researcher*
5. Thiessen, B., Sullivan, P., Gammage, K., & **Dithurbide, L.** (2021). Personality and Choking Susceptibility Using an Online Pressure Inducing Task. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Virtual conference.  
*Role: Thesis Committee member of First Author*
6. \*Rittenberg, B., **Dithurbide, L.**, & Neyedli, H. (2021). Experience-Related Variables That Affect Golf Coaches' Use and Trust in Technology. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Virtual conference.  
*Role: Honours Supervisor of First Author*

7. **Dithurbide, L.**, & Neyedli, H. (October, 2019). The psychology of human-technology interactions in sport. Presented at Own The Podium's Sport Innovation Summit, Toronto, ON.  
*Role: Lead Researcher*
8. MacKenzie, D., Neyedli, H., Westwood, D., Creaser, G., Sponagle, K., Hickey, E., Merritt, B., Miller, S., Gubitz, G., **Dithurbide, L.**, & Picketts, L. (August 19, 2019). Looking to Collaborate: Using mobile eye-trackers to explore interprofessional collaboration features in stroke care simulations. Presented at the European Conference on Eye Movements. Alicante, Spain.  
*Role: Co-investigator*
9. \*Tully, B., & **Dithurbide, L.** (2015). Exploring visually and hearing precluded free throw trials among elite basketball players: A practical training method? Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). Edmonton, AB.  
*Role: Graduate Supervisor of First Author*
10. \*McCallum, E., & **Dithurbide, L.** (2014). The effect of teammate trust on athletes satisfaction in varsity athletes: Additive and interdependent sports. Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). London, ON.  
*Role: Honours Supervisor of first author*
11. \*Tully, B., & **Dithurbide, L.** (2014). Examining the effects of isolating internal focus of attention using blind folded free throw training. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Toronto, ON.  
*Role: Graduate Supervisor of First Author*
12. \*Steele, J., **Dithurbide, L.**, & Keats, M. (2014). Trait anxiety and injury occurrence in varsity and club level athletes: A prospective study. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Toronto, ON.  
*Role: Honours Supervisor of First Author*
13. \*McCallum, E., & **Dithurbide, L.** (2014). The effect of teammate trust on athletes satisfaction in varsity athletes: Additive and interdependent sports. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Toronto, ON.  
*Role: Honours Supervisor of First Author*
14. \*Soucy, K., Keats, M., & **Dithurbide, L.** (2014). Perfectionism profiles and injury risk in varsity athletes. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Toronto, ON.  
*Role: Graduate Co-supervisor of First Author*
15. **Dithurbide, L.**, & Flett,, M.R., (2012). Teammate efficacy and teammate trust in

adolescent sport: A qualitative analysis. Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). Halifax, NS.  
*Role: Lead Researcher*

16. **Dithurbide, L.**, Feltz, D.L., & Chow, G.M. (2011). Teammate efficacy and teammate trust: An examination of teammate dynamics in volleyball defense. Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). Winnipeg, MB.

*Role: Lead Researcher*

17. Rimmer, S., **Dithurbide, L.**, & Sullivan, P.J. (2011). The effect of collective efficacy dispersion on a team task. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Waterloo, ON.

*Role: Co-investigator*

18. Guillen, F., Feltz, D., & **Dithurbide, L.**, (2010). The Refficacy Scale: A preliminary investigation to develop a referee efficacy scale. Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). Ottawa, ON.

*Role: Co-investigator*

19. **Dithurbide, L.**, Cameron, J.E., Paquette, K., & Scorniaenchi, J.A. (2009). Social identity beliefs in North-American student-athletes. Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). Toronto, ON.

*Role: Lead Researcher*

20. **Dithurbide, L.**, & Cameron, J.E. (2008). Predicting social identity through group cohesion in sport. Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). Canmore, AB.

*Role: Lead Researcher*

21. **Dithurbide, L.**, & Sullivan, P.J. (2007). Examining the mediating effects of team-referent causal attributions on the team performance and collective efficacy relationship. Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). Windsor, ON.

*Role: Lead Researcher*

22. **Dithurbide, L.**, & Sullivan, P.J. (2007). Examining the mediating effects of team-referent causal attributions on the team performance and collective efficacy relationship: A proposal. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Kingston, ON.

*Role: Lead Researcher*

23. **Dithurbide, L.**, & Sullivan, P.J. (2006). The effect of collective efficacy on the additive behavior of sport teams. Presented at Eastern Canadian Sport and Exercise Psychology Symposium (ECSEPS). Ottawa, ON.

*Role: Lead Researcher*

24. **Dithurbide, L.**, Cameron, J.E., & Sullivan, P.J. (2006). The Big-Five personality factors and level of competition in hockey. Presented at the Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS). Halifax, NS.  
*Role: Lead Researcher*
25. Cameron, J.E., Cameron, J.M., Lalonde, R., & **Dithurbide, L.** (2006). Two minutes for looking so neurotic: personality and hockey position. Presented at the Canadian Psychological Association. Calgary, AB.  
*Role: Co-investigator*
26. **Dithurbide, L.** & Cameron, J.E. (2005). Group Cohesion and Team Performance. Presented at the Saint Mary's University 10<sup>th</sup> Annual Psychology Conference. Halifax, NS.  
*Role: Lead Researcher*

*Professional Presentations & Workshops (N = 9)*

1. The Mental Aspects of Returning to Train: What to Expect in the Unexpected. Canadian Olympic and Paralympic Sport Institute Network (COPSIN) Advantage Series & Game Plan, June 3, 2020.
2. Psychological Considerations, Coaching Association of Canada, Return to Sport Plenary – Partners Congress, June 2, 2020.
3. Research in Sport Psychology, Mount Allison University, Department of Psychology Speaker Series, March 22, 2019.
4. Working with High Performance Athletes, Graduate seminar, Department of Psychology and Neuroscience, Dalhousie University, April 2015, November 2015, November 2016, January 2018
5. Planning for Mental Toughness, Podium Presentation for the Canadian Sport Centre Atlantic, October 14, 2014.
6. Social Dynamics in Sport & Physical Activity – Psychology Colloquium Series Department of Psychology and Neuroscience, Dalhousie University, November 22, 2013
7. Social Dynamics in Sport & Physical Activity – Graduate seminar School of Physiotherapy, Dalhousie University, October 30, 2013.
8. Goal setting and staying motivated. Running Room, April 2012.
9. Ethical consideration of Sport Psychology Consulting. KINE1106: Philosophy and Ethics for KINE. Dalhousie University, March 2012.

*Documentaries and Media (N = 16)*

1. Coach-Athlete Communication. The Sport Nova Scotia Podcast (Athlete Mental Health, Episode #3). Released December 2022. <https://sportnovascotia.ca/podcasts/>
2. Mastering mentorship: National initiative leverages research to elevate mentoring relationships. By Caleb Freeman (SaltWire Network). Posted November 22, 2022. <https://www.saltwire.com/atlantic-canada/more/custom-content/mastering-mentorship-national-initiative-leverages-research-to-elevate-mentoring-relationships-100797768/>
3. Olympic Games Pressure and Mental Health. CTV Morning Live, August 5, 2021. <https://atlantic.ctvnews.ca/video?clipId=2253872>
4. Simone Biles at the Tokyo Olympic Games. Information Morning CBC Radio, July 30, 2021. <https://www.cbc.ca/listen/live-radio/1-27-information-morning-ns/clip/15857994-mental-performance-consultant-u.s.-olympian-simon-biles-decision>
5. How far away are professional golfers from accepting rangefinders in competition? June 7, 2021. Neyedli, H., Rittenberg, B., Young, B., & **Dithurbide, L.**, Frayne, R.. *The Conversation* (Science & Tech). <https://theconversation.com/how-far-away-are-professional-golfers-from-accepting-rangefinders-in-competition-161553>
6. Athlete Mental Health. Information Morning CBC Radio, June 4, 2021. <https://www.cbc.ca/listen/live-radio/1-27-information-morning-ns/clip/15847555-tennis-stars-refusal-media-scrums-raises-questions-athletes>
7. Lessons from Sports. Maritime Noon CBC Radio, May 6, 2021. <https://www.cbc.ca/listen/live-radio/1-38-maritime-noon/clip/15841579-pediatrician-dr-scott-halperin-explains-science-behind-pfizer>
8. The Psychological Implication of Returning to Sport Post-Isolation. SIRC Blog, July 8, 2020. <https://sirc.ca/blog/psychological-implications-of-returning-to-sport/>
9. Halifax Golfers Wanted for New University Study, Halifax Star, September 5, 2018. <https://www.thestar.com/halifax/2018/09/05/halifax-golfers-wanted-fore-new-university-study.html>
10. Sport and Mental Wellness, Global TV Halifax, Global News Morning, August 23, 2017, <https://globalnews.ca/video/3690052/sport-mental-wellness>
11. The Sheldon MacLeod Show, News 95.7 (Radio interview). Sport and physical activity participation in students. September 6, 2017.
12. You have more free time than you think, The Dalhousie Gazette, September 25, 2017, <http://dalgazette.com/opinions/dal/you-have-more-free-time-than-you-think/>

13. 2016 Rio Olympics Games Athletes Have Nova Scotia Sport Scientists Behind Them, by Colleen Jones, CBC News Nova Scotia, July 27, 2016, <https://www.cbc.ca/news/canada/nova-scotia/nova-scotia-rio-olympics-support-staff-1.3696410>
14. Dal Expertise Helps Canadian Athletes in Rio, Dal News, August 8, 2016, <https://www.dal.ca/news/2016/08/08/dal-expertise-helps-canadian-athletes-in-rio.html>
15. Alumni help Olympians go for the gold, Michigan State University News, August 3, 2016, <https://edwp.educ.msu.edu/news/2016/alumni-help-olympians-go-for-the-gold/>
16. Documentary by The Chronicle Herald & Bell Television – Sport Science Expert Sport Psychology – The Importance of Confidence in Elite Sport, February 2014.

### Research Grants/Contracts

#### *Research Grants/Contracts Received as Principal Investigator (N = 7)*

1. *The Impact of Technology of Learning, Training and Performance: Implications for Coach and Athlete Interactions*. Social Sciences and Humanities Research Council, Insight Development Grant (2022-2024): \$74,495.  
**L. Dithurbide**, H. Neyedli, B. Young, J. MacDonald
2. *MindFrame Connect: Using Sport Performance Psychology and Sport Coaching Research to Inform Programming for High Performance Entrepreneurs*. Future Skills Centre (Government of Canada) in partnership with Ryerson University, I-INC and Globalive (Dalhousie-led initiative): \$70,714 (2021-2022 year 1, Dalhousie University).  
**L. Dithurbide** (Lead Researcher)
3. *Examining the Impact of the COVID-19 pandemic on national team athletes' mental health and mental performance*. Social Sciences and Humanities Research Council, Partnership Engage Grant (COVID19 specific; 2020-2021): \$22,715.  
**L. Dithurbide**, N. Durand-Bush, V. Boudreault; Partner: Own The Podium, A. van Neutegem.
4. *Improving Human Performance in Sport through Physical, Psychological, and Social Sciences*, Mitacs Accelerate Cluster funding application (2019-2020 – extended due to COVID19): \$80,000.  
**L. Dithurbide** in Partnership with Canadian Sport Centre Atlantic
5. *A Qualitative Examination of Trust in the Military*. Social Sciences and Humanities Research Council, Explore Grant (2019): \$3630.  
**L. Dithurbide** & H. Neyedli

6. *Evaluation of the Q-Life Student Resiliency Research Project*. Dalhousie University Student Affairs (2017-2020): \$67,750.00 over 3 years.

**L. Dithurbide**

7. *Social Context of Care and its Impact on the Physical Activity Thoughts, and Behaviours of Adolescents with a Chronic Health Condition – Team Building*. Faculty of Health Professions Research Capacity Grant, Dalhousie University. (February-March, 2013): \$950.

**L. Dithurbide**

*Research Grants/Contracts Received as Co-Investigator (N = 4)*

1. *Trust in Human and Automated Teammates*. Social Sciences and Humanities Research Council, Insight Development Grant (2017-2019): \$59,800.00.  
H. Neyedli & **L. Dithurbide**
2. *Trust in Human and Automated Teammates*. Additional supplement by Defence Research and Development Canada (Department of National Defence) (2017-2019): \$10,000.00.  
H. Neyedli & **L. Dithurbide**
3. *Trust in Human and Automated Teammates*. Faculty of Health Professions Research Development Grant, Dalhousie University, (January, 2017): \$4946.50.  
H. Neyedli & **L. Dithurbide**
4. *Sparks Fly: A Pilot Study of Exercise and Inhibitory Control*. Faculty of Health Professions Research Development Grant, Dalhousie University. (May 2014-April 2015): \$4560.  
D. Westwood, **L. Dithurbide**, M. Stone, & D. Kimmerly

*Research Grants/Contract Applied For (N = 13 + 2 resubmissions)*

1. *Human and Technology Interactions in Sport*. Social Sciences and Humanities Research Council, Insight Development Grant (2021-2023): \$74,595.  
**L. Dithurbide**, H. Neyedli, B. Young & J. MacDonald  
*Approved but not funded – Funded in 2022 resubmission*
2. *Trust in Military Teams*. Social Sciences and Humanities Research Council, Insight Grant (2019-2023): \$178,940.  
**L. Dithurbide**, H. Neyedli, & J. O'Brien.  
*Approved but not funded.*  
\*Resubmitted Fall 2020 (\$147,450). *Approved but not funded.*
3. *Interprofessional collaborative care in stroke: Investigating situational awareness and decision-making*. Nova Scotia Health Research Foundation – Establishment Grant (2017-2020): \$141,276.00.

D. MacKenzie, A. Kingstone, D. Westwood, H. Neyedli, B. Merritt, **L. Dithurbide**, & S. Miller.

*Approved but not funded.*

4. *Assessment of Coaching Efficacy Pre- and Post- Standardized Evaluation Process.* Coaching Association of Canada (2017-2018): \$10,000.00.  
**Dithurbide, L.** & Huybers, S.  
*Ranked as finalist but not funded.*
5. *An examination of group dynamics within Interprofessional Health Teams: A pilot study.* Nova Scotia Health Research Foundation, Development Grant (2016-2017): \$14,830.00.  
**Dithurbide, L.** & Hutchinson, S.  
*Not funded.*
6. *The examination of trust in sport.* Social Sciences and Humanities Research Council, Insight Development Grant (2016-2018): \$59,000.00.  
**Dithurbide, L.**, Eys, M., & Chow, G.  
*Approved but not funded.*
7. *An investigation of psychological skills development among high performance athletes.* Innovations for Gold, Own the Podium research funding program (2015-2017): \$14,800.  
**Dithurbide, L.** & Hoar, S.  
*Approved but not funded.*
8. *The measurement of trust in sport.* Social Sciences and Humanities Research Council, Insight Development Grant & Sport Participation Research Initiative (2014-2016): \$73,480.  
**Dithurbide, L.**, Chow, G., & Eys, M.  
*Approved but not funded.*  
*\*Re-submitted in 2015. Approved but not funded.*
9. *That's my kid; you've probably heard of him: Understanding the relationships between the development of child's physical capital and parents' social capital through youth sport.* Social Sciences and Humanities Research Council, Insight Grants (Sport Participation Research Initiative) (2014-2016): \$164,134.  
Shields, C.A., Pitter, R., Cousens, L., **Dithurbide, L.**, Andrews, D., Newman, J., & Swanson, L. (2014).  
*Not funded.*
10. *Mental imagery with real-time neurofeedback as a therapeutic tool for patients post-stroke.* Collaborative Health Research Projects CIHR/NSERC (2013-2016): \$604,446.17.  
Boe, S., Eskes, G., Bardouille, T., **Dithurbide, L.**, & Newman, A.  
*Approved but not funded.*



11. *Effects of cooperative conditions on children's activity enjoyment and motivation to adhere to an after school active video game play intervention.* Canadian Institutes of Health Research (2013-2015): \$99,315.  
Keats, M., **Dithurbide, L.**, Stone, M.R., & Rehman, L.,  
*Approved but not funded.*
12. *Real-time neuroimaging as a therapeutic tool in patients post-stroke: No patient left behind.* Heart and Stroke Foundation of Canada Grant-in-Aid (2013-2016): \$272,741.33  
Boe, S., Bardouille, T., Eskes, G., **Dithurbide, L.**, & Mountain, A.,  
*Approved but not funded.*
13. *Social context of care and its impact on the physical activity thoughts and behaviours of adolescents with a chronic health condition.* Nova Scotia Health Research Foundation (2013-2016): \$146,553.  
**Dithurbide, L.**, Keats, M., Shields, C., Rehman, L., & Bernstein, M.  
*Approved but not funded.*

*Grants/Contracts Received for Non-Research Activities (N = 3)*

1. **Dithurbide, L.**, Faculty of Health Additional DFA travel funds (October, 2018). *Funds to attend Association for Applied Sport Psychology annual meeting.* \$1534.33
2. **Dithurbide, L.**, SSHRC travel funds (June 2017). *Funds to attend North American Society for the Psychology of Sport and Physical Activity annual meeting,* \$750
3. **Dithurbide, L.**, (Supervisor), & Bailey, B. (Student), Faculty of Health Professions SSHRC Graduate Research Fund (2017). \$3400.

*Grant Review Activities*

2019 - 2023	Innovations 4 Gold Grant – Own The Podium/Sport Canada
2021	Social Sciences and Humanities Research Council of Canada - Partnership Engage Grant program
2019	Social Sciences and Humanities Research Council – Insight Program
2017 - present	Mitacs Accelerate Program
2015 - 2016	Swiss National Science Foundation

### *Editorial Board Member*

2014 - present            International Journal of Kinesiology and Sports Science  
2012 - present            Frontiers in Movement Science and Sport Psychology  
2012 - 2020                Journal of Sport and Exercise Psychology (Digest Compiler)

### *Journal Review Activities (year= year of first review; (#)=total number of reviews)*

2022    International Sport Coaching Journal (1)  
2021    Journal of Social Psychology (1)  
2020    Journal of Trust Research (1)  
2020    Frontiers in Psychology (3)  
2020    European Review of Applied Psychology (1)  
2018    The Sport Psychologist (2)  
2018    Small Group Research (1)  
2015    International Journal of Kinesiology and Sport Science (1)  
2014    Sport, Exercise, and Performance Psychology (5)  
2014    Psychology of Sport and Exercise (2)  
2013    Journal of Applied Psychology (2)  
2012    Research Quarterly for Exercise and Sport (2)  
2009    Journal of Sport Sciences (3)

### *Conference/Award/Scholarship Review Activities*

2018    Franklin Henry Young Scientist Award, Canadian Society for Psychomotor Learning and Sport Psychology  
  
2016    Franklin Henry Young Scientist Award, Canadian Society for Psychomotor Learning and Sport Psychology  
  
2012    Abstract Reviewer, Annual Conference, Canadian Society for Psychomotor Learning and Sport Psychology

## **VIII. Administrative/Service Responsibilities**

### School-Level Service

2019 - present            Academic Search Committee, School of Health and Human Performance, Kinesiology Representative , Dalhousie University  
  \* 9 completed searches & searches in progress  
  Chair of 2 searches  
  
2014 - present            Research Ethics Committee, School of Health and Human Performance, Dalhousie University

- 2012 - present      Committee of the Whole, School of Health and Human Performance, Dalhousie University
- 2012 - present      Division of Kinesiology Faculty Committee, Dalhousie University
- 2015 - 2020        Student Awards Committee member, School of Health and Human Performance, Dalhousie University
- 2015                Kinesiology Discovery Days Planning Committee member, School of Health and Human Performance, Dalhousie University
- 2013                Search Committee, One Year Appointments, School of Health and Human Performance, Dalhousie University.
- 2013                Search Committee, LTP (3 years), Recreation and Leisure Studies, Dalhousie University

Faculty-Level Service

- 2024                Faculty Council Alternate – Faculty of Health, Dalhousie University
- 2023                Faculty Council – Faculty of Health, Dalhousie University
- 2022                Faculty Council Alternate – Faculty of Health, Dalhousie University
- 2018 - 2023      Indigenous Health Working Group, Dalhousie University
- 2016 - 2017        Member, Interprofessional Education Coordination Committee Subcommittee Research and Evaluation
- 2015 - 2017        Academic Review Committee, Faculty of Health Professions, Dalhousie University
- 2014                Search Committee, Ph.D. in Health Program Coordinator, Faculty of Health Professions, Dalhousie University.
- 2014                STAT1060 Working group, Faculty of Health Professions, Dalhousie University.
- 2012 - 2014        PhD Program Proposal Committee, Faculty of Health Professions, Dalhousie University

University-Level Service

- 2023 - present      Employee Benefits Advisory Committee, Dalhousie Faculty Association Representative, Dalhousie University

2019 - present	Women in Research Caucus, Dalhousie University
2020	Dalhousie University Women's Varsity Hockey Coach Search Committee
2017 - 2020	Employee Benefits Advisory Committee, Dalhousie Faculty Association Representative, Dalhousie University
2016 - 2020	Member-at-Large, Executive Committee, Dalhousie Faculty Association, Dalhousie University <ul style="list-style-type: none"> <li>• Includes Contract Review Committee Member for 2017-2020 Collective Bargaining Agreement Negotiations</li> </ul>
2018 - 2019	North American Indigenous Games Dalhousie University working Group

#### Professional Community Service

2022 – present	Graduate Program Accreditation Committee, Association of Applied Sport Psychology (Canadian Sport Psychology Association Representative)
2018 - present	Research and Innovation Council (National), Own The Podium
2018	College of Peer Reviewers, Canadian Institute of Military and Veterans Health Research
2016 - present	Research Action Team – Canadian Sport Centre Atlantic
2019 - 2021	Hockey Conference 2020 (postponed to 2021), Organizing Committee member, hosted by The Centre for the Study of Sport, Saint Mary's University, Halifax, NS
2016 - 2019	Atlantic Regional Representative & Professional Development Chair – Canadian Sport Psychology Association Managing Council
2014 - 2019	National Sport Science, Medicine Advisory Council (NSSMAC) Discipline – Psychology Member
2016 - 2017	Sport Psychology program chair, Canadian Society for Psychomotor Learning and Sport Psychology Annual conference, 2017.
2014	B2Ten Sport Psychology Think Tank Member

- 2014 Franklin Henry Young Scientist Award adjudicator, Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS).
- 2011 - 2012 Co-chair Conference Organizing Committee, The Hockey Conference, Constructing the Hockey Family: Home, Community, Bureaucracy and Marketplace. Hosted by the Center for the Study of Sport and Health.
- 2011 - 2012 Conference Organizing Committee member, Canadian Society of Psychomotor Learning and Sport Psychology (SCAPPS 2012).
- 2011 Co-chair, North American Society for the Psychology of Sport and Physical Activity Futures Committee.

## **IX. Professional Activities**

### Certified Mental Performance Consultant

- 2014 – present Professional Member, Canadian Sport Psychology Association  
 2022 – present High Performance designation – Sport Scientist Canada  
 2023 – present CMPC Association of Applied Sport Psychology

As an applied mental performance consultant (CMPC), I am a Professional Member of the Canadian Sport Psychology Association (CSPA) and Certified through the Association of Applied Sport Psychology. The CSPA is the governing body of MPCs in Canada. In order to become a Professional Member, an MPC must receive approval through an extensive review process which includes: degree requirements, course requirements (equivalent of 10 undergraduate and graduate university courses across sport psychology, exercise sciences, counseling, ethics, and research/measurement), a minimum of 400 supervised hours of practice, and favourable reviews from both supervisor(s) and clients (athletes and coaches).

### *Roles*

2013 – 2022 Canadian Sport Centre Atlantic – Lead Mental Performance Consultant

Consult with developmental, elite, and National Team athletes from various sports including (not limited to): Canoe/Kayak, Ice Hockey, Gymnastics, Sailing, Volleyball, Curling, Athletics, Para-athletics, Figure Skating, Cycling, Rowing, Soccer.

### Recent Highlights

- Current Lead MPC for Women’s National Artistic Team – Gymnastics Canada; including attendance at 2016 Olympic Games (Rio de Janeiro, Brazil), and 2017 World Championships (Montreal, Canada). Duties include attendance at National Team Camps (2-3 each year), conduct both team and individual presentations,

workshops, and consulting with and supporting athletes, coaches, and Gymnastics Canada staff.

- MPC for Women's National Development team (2015-2016) – Hockey Canada; including attendance at Canada-USA Summer Series and 2016 Nations Cup (Germany).

2020 – present                      Canadian Centre for Mental Health and Sport –  
Mental Performance Consultant Practitioner

Work in collaborative and interdisciplinary care teams with Registered Psychologists, Certified Counsellors, and medical practitioners in providing mental health and mental performance support to athletes, coaches, and performing artists.

2012 – present                      Private Practice - Mental Performance Consultant

Consult with various athletes/teams ranging from recreational to elite/professional athletes participating in various sports and performance activities including (and in addition to the above list): Golf, Basketball, Competitive Dance, Performance artists, Debate teams, etc..

\*\*\*Note: Consultations include mental skills training in areas such as mental preparation, goal setting, productive group functioning, communication, imagery, energy regulation, emotion regulation, confidence building. Consultations are with athletes, coaches, and sport organization staff members.

### Supervision

I am also eligible through the Canadian Sport Psychology Association to supervise students and trainees in their pursuit in becoming a Professional Member.

### *Current and former CSPA Supervisees*

Bryce Tully – Founder & CEO Innerlogic

Tina DeRoo – Former MPC contractor at Canadian Sport Centre Atlantic

Chris DeWolfe – CMPC contractor at Canadian Sport Centre Atlantic & Registered Psychologist (Candidate)

Brad Yetman – Masters in Counseling graduate at Memorial University of Newfoundland

Briden Cohen – Registered Psychologist, Chignecto-Central School Regional Centre for Education

Simon Taylor – CMPC – Taylored Mindset, Canadian Sport Institute Atlantic

Sebastian Harenberg – Assistant Professor, Human Kinetics, St. Francis Xavier University

Maggie Nieto – Doctoral student - St. Francis Xavier University/Memorial University of Newfoundland & Labrador

### Research and Innovation Lead – Canadian Sport Institute Atlantic

Lead the CSIA's strategy plan in research and innovation.

## Coaching Education

### *Certifications*

2019 – present      Curling – NCCP Competition Coach certification

2013 – present      Hockey – NCCP Development 1 certification

### *Additional Courses*

2018      Making Head Way in Sport (concussion recognition)

2019      Making Ethical Decisions

2020      Safe Sport Training

2023      True Sport Clean (Canadian Centre for Ethics in Sport) Updated Annually

### *Facilitation*

2015 - present      Psychology of Performance, Competition Development  
Multi-Sport, NCCP

2013 - present      Advanced Coaching Diploma, Multi-Sport, NCCP

## **X. Community Service**

2023 – present      Board of Directors, Member-at-Large – Golf Nova Scotia

2022 – present      National Team Selection Committee Member – Golf Canada

2022 – present      Sport Committee Member – Golf Canada

2020 – present      Greens Committee Member, Ashburn Golf Club

2018 – present      Sport Committee Member, Nova Scotia Golf Association

2019      Dalhousie University Women's Curling Coach  
*USport Bronze Medalist – Varsity National Championship*

2011 - 2013      Hockey Coach – Cole Harbour Minor Hockey Association

## **XI. Continuing Education & Conferences Attended**

### Continuing Education

2020 - 2021      Certificate in Mental Health in Elite Sport  
*International Olympic Committee (IOC)*

2020 (December)      Mental Health First Aid (Standard)

2020      Indigenous Canada, *University of Alberta*

- 2018 (January)      Respect in Sport, *Respect Group*
- 2018 (October)      Mentorship and Supervision in Applied Sport Psychology Training:  
Strategies to Promote Student Competence  
*Association of Applied Sport Psychology*
- 2018 (October)      Commit 2 Kids, *Canadian Centre for Child Protection*
- 2017 (September)      Acceptance and Commitment Therapy for Clinicians  
*Martin Counseling and Consulting*

Conferences Attended (since 2011)

<b>Conference</b>	<b>Location</b>	<b>Year</b>
North American Society for the Psychology of Sport and Physical Activity (NASPSPA)	Toronto, ON	2023
	Virtual	2021
	San Diego, CA	2017
	New Orleans, LA	2013
	Burlington, VT	2011
Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)	Kingston, ON	2023
	Montreal, QC	2022
	Virtual	2021
		2020* no conference due to COVID-19
	Vancouver, BC	2019
	Toronto, ON	2018
	St. John's, NL	2017
	Waterloo, ON	2016
	Edmonton, AB	2015
	London, ON	2014
Kelowna, BC	2013	
Halifax, NS	2012	
Winnipeg, MB	2011	
Association of Applied Sport Psychology (AASP)	Toronto, ON	2018
Canadian Psychological Association	Halifax, NS	2012
Eastern Canadian Sport and Exercise Psychology Symposium	Virtual	2021
	Toronto, ON	2014
	Waterloo, ON	2011
Atlantic Provinces Exercise Scientists and Socio-Culturalists (APES+)	Moncton, NB	2023
	Wolfville, NS	2019
	Halifax, NS	2018
Crossroads Conference	Halifax, NS	2016
	Halifax, NS	2012



Sport Innovation Summit (SPIN Summit)	Virtual	2020
	Toronto, ON	2019
	Montreal, QC	2018
	Calgary, AB	2016
	Toronto, ON	2015
	Montreal, QC	2014
	Calgary, AB	2013
North American Society for Sport Management (NASSM)	Halifax, NS	2018
Atlantic Coaches Conference	Halifax, NS	2015
The Hockey Conference	Halifax, NS	2012