RECREATION ORIENTATION 2013
Coordinators Biographies

Christina Paterson

Grant Proposal, Rec Society Representative, Program Recruitment and Website Coordinator



Hi everyone! My name is Christina Paterson, I'm from Pickering Ontario, and I will be a coordinator for the 2013/2014 Recreation Orientation. I am currently in my fourth year at Dalhousie University, going into my fifth year. I originally came to Dal for Kinesiology and did that for two years until transferring into Therapeutic Recreation – it was definitely the best decision of my life! Although it took me a little while to find the program that was right for me, it is evident throughout my lifestyle, my interest laid in recreation therapy all along. I played for the Varsity Women's Hockey team for my first two years of University, until I was forced to stop due to an injury. It was difficult for me to find ways to use up my time, however, when I transferred programs many opportunities came through the recreation program for volunteering and most importantly, to start thinking about my future and what I should consider for internships. I currently hold the position for Recreation Volunteer Assistant with Capital Health at the Abbie J. Lane Memorial Hospital and absolutely love it. All of my volunteering opportunities have undeniably helped guide me towards a direction of possible areas of interest that I would like to work with in for the future. After graduating from this program I plan on becoming a Certified Therapeutic Recreation Specialist and work with individuals with mental illnesses or spinal cord injuries.

Lauren Comeau

Facilitator Recruitment/PowerPoint, Inventory, and New student Organization Coordinator



Hi! My name is Lauren Comeau and I am going to be a coordinator for the upcoming Recreation Orientation. I'm originally from Bath, Maine, down in the states but moved to Halifax when my dad started a new job here in August of 2011. Before moving to Halifax, I spent the previous 5 years living and studying in Adelaide, South Australia, which I absolutely loved! Currently I am studying in the Recreation Management program at Dalhousie, and so far love everything about it and all it has to offer!

Before coming to Dalhousie, I had no idea what type of program I wanted to get into. I knew I loved sports and the outdoors but didn't want to limit myself to something with minimal job opportunities. The Recreation Management program provides me with two degrees in 5 years and opens the door to so many opportunities for the future. I'm really looking forward to the next 3 years, and hope you all enjoy your experience as much as I do here at Dalhousie!

In my spare time, my favourite activities to do are to play sports and enjoy the outdoors. In particular I like to play soccer and basketball, but I enjoy all sports! I find spending time with family and friends is my go-to way of relaxing and unwinding from school and work. More than

anything else I love to travel. Someday I plan on returning to Australia and visiting many countries along the way!

Nathan Hewitt

Transportation, Accommodations, Food and Evaluations Coordinator



Hey! I was born in Vancouver B.C. but have lived most of my life in the Annapolis Valley Nova Scotia. I graduated from Holland College with a diploma in sport and leisure management before deciding to transfer into the Recreation Management program here at Dalhousie; I will be in my 5th and final year of the program in 2013!!

I have played sports all of my life; in high school I was on the basketball, volleyball, soccer and track teams. When attending Holland College I was a member of the varsity volleyball team and captain in my final year. I am looking forward to the opportunity of welcoming you into the Recreation Management and Therapeutic Recreation programs!!

Hailey Roll

Risk Management, Secretary/Note Taker, Volunteer Task Delegation/Recruitment and Facilitator Representative Coordinator



Hi, my name is Hailey Roll, I am in my third year Recreation Management at Dalhousie University. I am originally from Mississauga, Ontario and graduated from Port Credit Secondary School in June 2008. After graduation I took two years off to help figure out what I wanted to do. In my first year after graduation I participated in the volunteer program Katimavik and in my second year I travelled and worked. I decided to apply for the Recreation Management program after a family friend had recommended it to me, they knew what my interests were and thought this program was a perfect fit. Thankfully their judgment was accurate; I love this program and I am happy with the direction it is taking me.

In my spare time I love to play sports, hang out with friends, and travel whenever I have the chance. I love playing team sports especially hockey, rugby, field hockey, and volleyball.

I am so thankful for all of the people I have met and the experiences I have had at Dalhousie in the Recreation Management program. I am really excited for the 2013 Recreation Orientation and I can't wait to meet everyone. See you in September!

Kuda Ndadzungira

Literature Review, Budget and T-Shirts Coordinator



Hi my name is Kudakwashe but you can call me Kuda. I am an international student from Zimbabwe and I am in my second year of Recreation Management. What attracted me to this program was the fact that I could graduate with two degrees and be able work in business, entrepreneurship and tourism. The Rec Man program is very broad and provides students with the opportunity to tailor it to what they want to do. In coming to Canada, I was definitely not prepared for the climate change and being away from home but getting familiar with my program and making friends through the orientation certainly reduced my anxiety. I also got to experience snow! I am passionate about travelling and would love to get involved with Tourism marketing. I enjoy socializing, volunteering, singing and learning new things. Sports are really not my forte but I am a green belt in taekwondo and I did a year of ballroom dancing. I am very excited to be a coordinator for the Rec Orientation camp and cannot wait to meet and have fun with everyone.

Kristen Clark

Program Recruitment and Guest Speakers Coordinator



Hey! My name is Kristen Clark and I am a 4th year transfer student in the Recreation Therapy program at Dalhousie. I am originally from Cole Harbour, NS but currently live in Halifax where I work and attend class full time. I transferred to Dalhousie after completing a two-year diploma program concentrating in recreation therapy at NSCC. I have had the pleasure of completing two work placements in mental health, an internship at Northwood and volunteering at the Nova Scotia Hospital. By doing so, I have developed a strong desire to work with individuals with mental illness in a clinical or community setting upon my completion from Dalhousie. After working as a counsellor assistant in a small option home I have developed a new appreciation for individuals with intellectual and physical disabilities. This has definitely become another area of interest for me!

In my spare time I enjoy relaxing! I love spending time with friends and family, working out and taking advantage of the summer sunshine on the waterfront of downtown Halifax. I also enjoy playing soccer, yoga, and going for walks. My favourite thing is to travel, and if I had enough money I'd travel all over the world. I really enjoy the Recreation Therapy program at Dalhousie and am eager to finish and begin working as a professional in the field!! I look forward to meeting you all as a coordinator at the 2013/2014 Recreation Orientation! See you in September!

FACILITATORS BIOGRAPHIES

Nicole Yuill

Grant Proposal, Rec Society Representative, Program Recruitment and Website Facilitator



Hello, My name is Nicole Yuill and I am a recreation facilitator this year! I grew up outside of Halifax, on the Eastern Shore. This is my third year in the recreation management program, here at Dalhousie University.

I have been involved in recreation for pretty much my whole life. I started out in the youth leadership program, which turned into a job as a day camp leader. I then moved up to a management position, this past summer. I really enjoy being in the rec program and I am looking forward to graduation!

I'm super excited to have been chosen as a recreation facilitator. I am looking forward to getting my hands dirty and diving into the orientation. I think next years orientation is going to be a blast!

Sarah Tremblay

Facilitator Recruitment/PowerPoint, Inventory, and New student Organization Facilitator



Hi everyone, my name is Sarah Tremblay and I come from a small reservation in northern New Brunswick called Eel River Bar. I am a first year student at Dalhousie University and I am currently in the Recreation and Management program. *To love that well, which thou must leave ere long.*I became interested in this program because of the unlimited opportunities it provides me and so far I am very happy with my decision.

In high school I was very passionate about sports, I joined the varsity soccer and track and field team in grade nine and the varsity basketball team in grade 10 and have recently found an overwhelming interest in horseback riding. I was also very involved in student council and the yearbook committee and in my spare time I loved going to the local animal shelter and volunteering to walk the dogs. I have no idea what my future entails but my main priority is to always have fun.

Natalie Baglole

Transportation, Accommodations, Food and Evaluations Facilitator



Hi! My name is Natalie Baglole and I will be a facilitator for the 2013 Recreation Orientation. I am a second year student studying Therapeutic Recreation. Living in the Halifax area for my entire life allowed the decision to attend Dalhousie University to be quite easy however, deciding which program of study to enter was not. I spent my first year of university in a Bachelor of Science degree but I soon realized that it was not what I was truly interested in. I came across the TR program while looking into Kinesiology and knew it was exactly what I wanted.

As long as I can remember I have been interested and involved in sports and recreation. Growing up I played many sports but basketball has always been my favourite. I feel that being able to participate in activities that you enjoy is very important in order to lead a happy life. I love that I am in a program that can help others to spend their free time doing things that they enjoy, no matter their limitations. I cannot wait to welcome everyone into their Recreation programs!

Melanie Fingold

Risk Management, Secretary/Note Taker, Volunteer Task Delegation/Recruitment and Facilitator Representative Facilitator



Hi! My name is Melanie and I am in my first year of the Therapeutic Recreation program at Dalhousie. I'm from Toronto, ON which is pretty far away, but being apart of this incredible program made the distance seem less important. The opportunities this program provides and the tight-night network you create is like nothing I have seen at any other University. I am hoping to one day be working with either children with disabilities or mental illness, and this program gives me the reassurance that this dream is more attainable than I once thought! In my free time I love to dance, play guitar, cook, read, play baseball, or travel if I get the chance! During the summer I work at a day camp with staff and campers ages 2-16 and sometimes campers with physical disabilities. Having a sister with special needs and being surrounded by the day camp environment during the summer, I believe that I have developed skills that can apply to my career down the road. I am so excited to be apart of this program at Dal, and even more excited to be a facilitator for the 2013/2014 school year! Looking forward to meeting you all, and welcome to the Rec Management and Therapeutic Rec program!

Lea Fulton

Literature Review, Budget and T-Shirts Facilitator



Hi there, my names Lea! I'm nineteen years old and first year therapeutic recreation student at Dalhousie. I've lived in Halifax all my life and I'm currently working at a retirement home and love it! I hope to keep working in geriatrics in the future! Welcome to Dalhousie and I look forward to meeting you!

Brett Bartlett

Program Recruitment and Guest Speakers Facilitator



My name is Brett Bartlett and I'm currently in my 5th year. I began in science and transferred to the Recreation Management Program in my second year. I'm now 2.5 years into the program and am so glad that I found it because it is a perfect fit. This program offers great opportunity with a broad range of career options and I'm very eager to graduate and work in the sport and recreation sector.

I have been working at Recreation Nova Scotia for the past 2 years as their Programs Assistant and Provincial Coordinator for the SOGO Active Program. My experience at RNS has been great because I've been able to practice what I'm learning in school and build a network of recreation professionals from around the province.

I like to spend my free time being active and playing sports. My favourite sports are soccer, tennis, and bowling; yes, bowling is a sport. I also really enjoy the outdoors and have been able to go on so many amazing hikes since I've been in Nova Scotia.

I'm very excited to be a part of the Recreation Orientation and look forward to seeing you all there!