

FACULTY OF HEALTH

School of Health and Human Performance

Bachelor of Science (Recreation) – Therapeutic Recreation Course Planning Worksheet

2025-2026 Academic Year

The guide below can be used to assist you with your first-year course selection. Use the table below, the [academic timetable](#) and the [schedule worksheet](#) to build your schedule. Plan your required courses first, and then choose your electives based on your interests and future goals. For complete degree requirements, see the Academic Calendar at www.dal.ca/calendar.

Transfer students and any student with questions about Therapeutic Recreation course selection should contact one of the HAHF advisors: Heidi Tracey Baillie at htb@dal.ca or Lindsay Currie at lindsay.currie@dal.ca

Fall	Winter
Leisure Studies (LEIS) 1127: Foundations of Recreation Lecture only	Leisure Studies (LEIS) 1130: Foundations and Concepts of Therapeutic Recreation Lecture only
HSCE 1020: Human Anatomy and Physiology I Lecture only (online)	Leisure Studies (LEIS 2296): Leadership and Group Dynamics Lecture only
Open Elective *	HSCE 1030: Human Anatomy and Physiology II Lecture only (online)
Sociology & Social Anthropology (SOSA) 1002: People and Culture: Introduction to Anthropology ** Lecture only	Sociology & Social Anthropology (SOSA) 1003: Introduction to Sociology ** Lecture only
Psychology (PSYO) 1011 or 1031: Intro to Psych and Neuroscience 1 *** Lecture and Lab	Psychology (PSYO) 1012 or 1032: Intro to Psych and Neuroscience 2 *** Lecture and Lab
Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio **** Section 02	Interprofessional Health Education (IPHE) 4900: Interprofessional Health Education Portfolio **** Section 02

***Open Elective:** This can be any course of your choice for which you are permitted to register. Students should look through many subject areas in the timetable to find a subject of interest.

****** For the **SOSA** courses, it is also possible to do SOSA 1003 in the fall term and SOSA 1002 in the winter term.

*****PSYO 1011 or 1031 and 1012 or 1032:** The 1011/1012 courses are in-person while the 1031/1032 courses are online asynchronous. It is possible to do 1011 + 1032 or 1031 + 1012.

****** IPHE 4900:** Register for this like you would a course but when the semester begins, you will not actually attend a lecture each Tuesday/Thursday as noted in the timetable. Students must register in IPHE 4900 ([section 02](#)) every term during the degree program.

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Find Courses and Build your Schedule

1. Go to the [Academic Timetable](http://www.dal.ca/timetable) (www.dal.ca/timetable).
2. On the Academic Timetable, you can select the Term and Location; it is recommended to review course offerings one term at a time (so select Fall first and after Fall is completed, go back and select Winter). For Location, it is best to select All so you can see all course options (in-person, online, etc.)
3. Select the subject from the subject drop-down list; note that courses are listed by subject, not program or degree.
4. Find the course required (e.g. LEIS 1127) and write down the CRN number for one of the lecture (Lec) sections and write the course, at the time listed, onto the blank schedule sheet. You can click the arrow button next to the course title to see the course description. The CRN, right under the course title, is a unique five-digit code (e.g. 13789) and each section for a course has a unique CRN that you need to use to register.
5. If applicable, select a tutorial (Tut) and/or lab (Lab) section, record the CRN for each component and add the time to the blank schedule. You must register for one of each of the sections that appear for each course (Lec, Lab, and Tut). Each section is a different color in the timetable to help you see the differences. Not all courses will have a lab and/or tutorial but if one is listed for the course, you must register for one.
6. Check the first column for notes such as restrictions (R), or preferred sections for select programs, or any other important information. Also review any other notes that may show for lectures, tutorials, or labs.
7. Repeat the process to find the CRNs for all courses required for the given term. While recording CRNs in your schedule, be aware of time conflicts. If there is a conflict, you must find a different selection that does not conflict.
8. Once you have found all the CRNs for your courses in the Fall term, repeat the same process for the Winter term.

Register for Courses

1. Access [DalOnline](https://dalonline.dal.ca/) (<https://dalonline.dal.ca/>) and click Web for Students, then click Registration.
2. Select Register for Classes, twice.
3. From the drop-down menu, select your term, starting with 2025/2026 Fall and select Continue.
4. Select Enter CRNs from the option across the top of the screen - do not use the Class Search option.
 - a. Add as many CRN text boxes as needed for all lectures, labs, and/or tutorials.
 - b. Type one CRN into each text box
 - c. Once all CRNs have been added, select Add to Summary.
5. Your tentative schedule will be available in the panel in the bottom left and a summary of your courses can be seen in a panel in the bottom right of the screen.
 - a. In the bottom left panel, confirm your schedule is accurate and that there are no course conflicts.
 - b. In the bottom right panel, next to each pending course, confirm your intended action, generally Web Registered
 - c. Once you have checked everything looks good, select Submit in the bottom right corner to finalize your course registration.
6. After registering for the Fall term, select a new term and complete the process again for the 2025/2026 Winter term.

If errors occur after submitting CRNs please reach out to one of your advisors for assistance to resolve the issue.

Heidi Tracey Baillie – htb@dal.ca

Lindsay Currie – lindsay.currie@dal.ca

Please refer to dal.ca/registration for more support on how to read the Academic Timetable and register for courses.



dal.ca/newstudents

MY PLAN FOR FALL TERM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:35					
9:05					
9:35					
10:05					
10:35					
11:05					
11:35					
12:05					
12:35					
13:05					
13:35					
14:05					
14:35					
15:05					
15:35					
16:05					
16:35					
Evening Classes					

Course	Ex. Biology 2030					
Lecture CRN	10241					
Lab CRN	10245					
Tutorial CRN	10255					



Register
ON TRACK

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MY PLAN FOR WINTER TERM

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:35					
9:05					
9:35					
10:05					
10:35					
11:05					
11:35					
12:05					
12:35					
13:05					
13:35					
14:05					
14:35					
15:05					
15:35					
16:05					
16:35					
Evening Classes					

Course	Ex. Biology 2030					
Lecture CRN	10241					
Lab CRN	10245					
Tutorial CRN	10255					



**Register
ON TRACK**

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