

LEISURE STUDIES



MAKING AN IMPACT: PERSPECTIVES IN LEISURE

The [Master of Arts in Leisure Studies](#) is a thesis-based graduate program. We guide students in developing expertise in leisure related topics, theories, and research. We offer a welcoming and close-knit community situated within a large and diversified health science environment that offers multiple opportunities for cross-disciplinary collaboration and work.

dal.ca/hahp

FACULTY OF HEALTH PROFESSIONS
SCHOOL OF HEALTH AND HUMAN PERFORMANCE
Dalhousie University
6230 South Street | PO Box 15000
Halifax, NS B3H 4R2 Canada
902.494.2152

OUR STUDENTS

Undergraduate degrees in fields as diverse as the humanities, the social sciences, recreation and leisure studies, and human movement studies provide a strong background for the MA Leisure program. We guide our students towards becoming the leaders, health care professionals, and researchers in Leisure Studies that they aspire to be. Many applicants already have work experience in recreation, sport and fitness, or the arts, and they find they can easily apply their previous experience, while acquiring new research and analytical skills.

OUR STUDENTS LEARN

Our thesis-based program offers you the opportunity to study a research question you are passionate about, with guidance and support from Canadian leaders in the field of Leisure Studies. Welcoming faculty help our students research the role of leisure in such topics as aging, community, diversity, management, and health and wellness. Through Dalhousie and its links with many institutions and organizations within Halifax and beyond, students make important connections, resulting in valuable and meaningful collaborative learning and career opportunities.

MEET OUR GRADUATES



Cassandra Manuel, MA 2021
Thesis – Inclusion Policies in Municipal Recreation Departments across Canada
Currently – Regional Physical Activity Consultant



Christine Ausman, MA 2021
Thesis – Smartphones for Leisure Coping during COVID-19
Currently – PhD of Health student at Dalhousie University



Giana Tomas, MA 2021
Thesis – Role of leisure in newcomers' identity in times of un/underemployment
Currently – PhD in Recreation and Leisure Studies at University of Waterloo

FUNDING

You are eligible for funding if your GPA is at or over 3.7 and you apply by the deadline (earliest is December 1st for federal funding – ask your prospective supervisor for more information). We also offer research and teaching assistantships which provide funding and build interpersonal, critical thinking, and teaching skills. We encourage you to apply for external funding such as CIHR (www.cihr-irsc.gc.ca), SSHRC (www.sshrc-crsh.gc.ca), or NSHRF (www.nshrf.ca). Additional funding opportunities are listed on the Faculty of Graduate Studies website: www.dal.ca/faculty/gradstudies/funding.html

OUR PROGRAM

Students usually complete their coursework requirements in Year 1 (12 credit hours – minimum 4 courses). Courses are designed to guide students in creating a thesis proposal for research on the topic they want to study. Year 2 is devoted to completing the thesis (12 credit hours). It is also possible to complete our program on a part-time basis.

ADMISSION CHECKLIST

- Minimum 3.5 GPA and graduation from four-year undergraduate program
- A Dalhousie Leisure Studies faculty member with similar research interests who is willing to supervise you
- A grade of 'B' or higher in a research methods
- Honours thesis, equivalent research experience (e.g., research assistantship, independent study, etc.), or relevant professional experience

WE ARE HERE TO HELP YOU

Our faculty and staff welcome your questions and are always happy to hear from you. We offer many supports to our graduate students:

- help with funding applications
- dedicated graduate coordinator in our School
- writing support
- Dalhousie support services for diversity affirmative action policy

CONTACT

Email: hahpgrad@dal.ca