

HEALTH PROMOTION



Master of Arts (MA)

Health Promotion is an academic area of study and a professional field in Canada. Its goal is to promote individual, family and community health. In the graduate program, global meets local. This department develops scholars who combine theory, practice and research in health to address issues related to diversity and social justice. The degree is research-based, requiring the completion of a thesis. Students develop competency in both quantitative and qualitative research methods.



DAL.CA

Why study Health Promotion at Dalhousie?

RESEARCH STRENGTHS

- Health policy (gender-based analyses; inequities in health)
- Sexual health (e.g. HIV/AIDS)
- Health and well-being of marginalized populations (e.g. aboriginal health)
- Nutrition, physical activity, energy balance and obesity
- Psychosocial issues in cancer
- Gerontology

POTENTIAL CAREERS

- Health Promotion Program Managers in practice and research settings (e.g. addiction services, district health boards, Health Canada)
- Consultant for health organizations
- Researcher and/or educator in the fields of health, public policy, and health promotion (e.g. non-governmental organizations, provincial and federal government agencies)
- Policy advisor for provincial and federal governmental agencies
- Faculty member at university or college
- Graduates of our program work all over Canada and the world

OUR PROGRAM

Students usually complete their coursework requirements in year 1 (18 credit hours). Courses are designed to guide students in creating an achievable proposal for research on the topic they want to study. Year 2 is devoted to completing the thesis (12 credit hours). It is possible to complete our program on a part-time basis. Our students take Program Planning & Evaluation, Research Methods, Statistics, and a choice of Current Frameworks in Health Promotion or Theoretical and Scientific Bases of Health Promotion. They select their electives from a wide range of courses including courses from other allied Departments at Dalhousie.

OUR STUDENTS

Our students are interested in important issues such as diversity and social justice. They want to make a difference locally, globally or both. Undergraduate degrees in fields as diverse as psychology, sociology, nursing, and nutrition give our students the specialized skills that they can quickly apply in our program while acquiring new research and analytical skills. Our students research topics such as: obesity, physical activity, mental health and mental illness, chronic illness, sexuality, First Nation Health, drug use, and housing.

ADMISSION

- Minimum 3.5 GPA and graduation from four-year undergraduate program
- Relevant background
- A Dalhousie Health Promotion faculty member who agrees to supervise you
- A grade of 'B' or higher in both a research methods and a statistics course
- Policy advisor for provincial and federal governmental agencies
- Some experience with research (e.g. Honours degree, research assistantship, etc.)

LENGTH OF PROGRAM

MA: typical time to complete is 2 years

APPLICATION DEADLINE

Application deadline: January 15 is the deadline to be considered for Internal funding, however we will review applications received until June 1. The majority of students start this program in the September (Fall) term

CONTACT INFORMATION

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FACULTY OF GRAD STUDIES

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