# Aristotle, Metaphysics XII

# Chapter 6

Since there were three kinds of substance, two of them natural and one unmovable, regarding the latter we must assert that it is necessary that there should be an eternal unmovable substance. For substances are the first of existing things, and if they are all destructible, all things are destructible. But it is impossible that movement should either come into being or cease to be; for it must always have existed. Nor can time come into being or cease to be; for there could not be a before and an after if time did not exist. Movement also is continuous, then, in the sense in which time is; for time is either the same thing as movement or an attribute of movement. And there is no continuous movement except movement in place, and of this only that which is circular is continuous.

But if there is something which is capable of moving things or acting on them, but is not actually doing so, there will not be movement; for that which has a capacity need not exercise it. Nothing, then, is gained even if we suppose eternal substances, as the believers in the Forms do, unless there is to be in them some principle which can cause movement; and even this is not enough, nor is another substance besides the Forms enough; for if it does not act, there will be no movement. Further, even if it acts, this will not be enough, if its substance is potentiality; for there will not be eternal movement; for that which is potentially may possibly not be. There must, then, be such a principle, whose very substance is actuality. Further, then, these substances must be without matter; for they must be eternal, at least if anything else is eternal. Therefore they must be actuality.

Yet there is a difficulty; for it is thought that everything that acts is able to act, but that not everything that is able to act acts, so that the potentiality is prior. But if this is so, nothing at all will exist; for it is possible for things to be capable of existing but not yet to exist. Yet if we follow the mythologists who generate the world from night, or the natural philosophers who say that all things were together, the same impossible result ensues. For how will there be movement, if there is no actual cause? Matter will surely not move itself—the carpenter's art must act on it; nor will the menstrual fluids nor the earth set themselves in motion, but the seeds and the semen must act on them.

This is why some suppose eternal actuality—e.g. Leucippus and Plato; for they say there is always movement. But why and what this movement is they do not say, nor, if the world moves in this way or that, do they tell us the cause of its doing so. Now nothing is moved at random, but there must always be something present, e.g. as a matter of fact a thing moves in one way by nature, and in another by force or through the influence of thought or something else. Further, what sort of movement is primary? This makes a vast difference. But again Plato, at least, cannot even say what it is that he sometimes supposes to be the source of movement—that which moves itself; for the soul is later, and simultaneous with the heavens, according to his account. To suppose potentiality prior to actuality, then, is in a sense right, and in a sense not; and we have specified these senses.

That actuality is prior is testified by Anaxagoras (for his thought is actuality) and by Empedocles in his doctrine of love and strife, and by those who say that there is always movement, e.g. Leucippus.

Therefore chaos or night did not exist for any infinite time, but the same things have always existed (either passing through a cycle of changes or in some other way), since actuality is prior to potentiality. If, then, there is a constant cycle, something must always remain, acting in the same way. And if there is to be generation and destruction, there must be something else which is always acting in different ways. This must, then, act in one way in virtue of itself, and in another in virtue of something else—either of a third agent, therefore, or of the first. But it must be in virtue of the first. For otherwise this again causes the motion both of the third agent and of the second. Therefore it is better to say the first. For it was the cause of eternal movement; and something else is the cause of variety, and evidently both together are the cause of eternal variety. This, accordingly, is the character which the motions actually exhibit. What need then is there to seek for other principles?

# Chapter 7

Since this is a possible account of the matter, and if it were not true, the world would have proceeded out of night and 'all things together' and out of nonbeing, these difficulties may be taken as solved. There is, then, something which is always moved with an unceasing motion, which is motion in a circle; and this is plain not in theory only but in fact. Therefore the first heavens must be eternal.

There is therefore also something which moves them. And since that which is moved and moves is intermediate, there is a mover24 which moves without being moved, being eternal, substance, and actuality. And the object of desire and the object of thought move in this way; they move without being moved. The primary objects of desire and of thought are the same. For the apparent good is the object of appetite, and the real good is the primary object of wish. But desire is consequent on opinion rather than opinion on desire; for the thinking is the starting-point. And thought is moved by the object of thought, and one side of the list of opposites is in itself the object of thought; and in this, substance is first, and in substance, that which is simple and exists actually. (The one and the simple are not the same; for 'one' means a measure, but 'simple' means that the thing itself has a certain nature.) But the good, also, and that which is in itself desirable are on this same side of the list; and the first in any class is always best, or analogous to the best. That that for the sake of which is found among the unmovables is shown by making a distinction; for that for the sake of which is both that for which and that towards which, and of these the one is unmovable and the other is not. Thus it produces motion by being loved, and it moves the other moving things. Now if something is moved it is capable of being otherwise than as it is. Therefore if the actuality of the heavens is primary motion, then in so far as they are in motion, in this respect they are capable of being otherwise, in place, even if not in substance. But since there is something which moves while itself unmoved, existing actually, this can in no way be otherwise than as it is. For motion in space is the first of the kinds of change, and motion in a circle the first kind of spatial

motion; and this the first mover produces. The first mover, then, of necessity exists; and in so far as it is necessary, it is good, and in this sense a first principle. For the necessary has all these senses—that which is necessary perforce because it is contrary to impulse, that without which the good is impossible, and that which cannot be otherwise but is absolutely necessary.

On such a principle, then, depend the heavens and the world of nature. And its life is such as the best which we enjoy, and enjoy for but a short time. For it is ever in this state (which we cannot be), since its actuality is also pleasure. (And therefore waking, perception, and thinking are most pleasant, and hopes and memories are so because of their reference to these.) And thought in itself deals with that which is best in itself, and that which is thought in the fullest sense with that which is best in the fullest sense. And thought thinks itself because it shares the nature of the object of thought; for it becomes an object of thought in coming into contact with and thinking its objects, so that thought and object of thought are the same. For that which is capable of receiving the object of thought, i.e. the substance, is thought. And it is active when it possesses this object. Therefore the latter rather than the former is the divine element which thought seems to contain, and the act of contemplation is what is most pleasant and best. If, then, God is always in that good state in which we sometimes are, this compels our wonder; and if in a better this compels it yet more. And God is in a better state. And life also belongs to God; for the actuality of thought is life, and God is that actuality; and God's essential actuality is life most good and eternal. We say therefore that God is a living being, eternal, most good, so that life and duration continuous and eternal belong to God; for this is God.

Those who suppose, as the Pythagoreans and Speusippus do, that supreme beauty and goodness are not present in the beginning, because the beginnings both of plants and of animals are causes, but beauty and completeness are in the effects of these, are wrong in their opinion. For the seed comes from other individuals which are prior and complete, and the first thing is not seed but the complete being, e.g. we must say that before the seed there is a man,—not the man produced from the seed, but another from whom the seed comes.

It is clear then from what has been said that there is a substance which is eternal and unmovable and separate from sensible things. It has been shown also that this substance cannot have any magnitude, but is without parts and indivisible. For it produces movement through infinite time, but nothing finite has infinite power. And, while every magnitude is either infinite or finite, it cannot, for the above reason, have finite magnitude, and it cannot have infinite magnitude because there is no infinite magnitude at all. But it is also clear that it is impassive and unalterable; for all the other changes are posterior to change of place. It is clear, then, why the first mover has these attributes.

# Chapter 9

The nature of thought involves certain problems; for while thought is held to be the most divine of phenomena, the question what it must be in order to have that character involves difficulties. For if it thinks nothing, what is there here of dignity? It is just like

one who sleeps. And if it thinks, but this depends on something else, then (as that which is its substance is not the act of thinking, but a capacity) it cannot be the best substance; for it is through thinking that its value belongs to it. Further, whether its substance is the faculty of thought or the act of thinking, what does it think? Either itself or something else; and if something else, either the same always or something different. Does it matter. then, or not, whether it thinks the good or any chance thing? Are there not some things about which it is incredible that it should think? Evidently, then, it thinks that which is most divine and precious, and it does not change; for change would be change for the worse, and this would be already a movement. First, then, if it is not the act of thinking but a capacity, it would be reasonable to suppose that the continuity of its thinking is wearisome to it. Secondly, there would evidently be something else more precious than thought, viz. that which is thought. For both thinking and the act of thought will belong even to one who has the worst of thoughts. Therefore if this ought to be avoided (and it ought, for there are even some things which it is better not to see than to see), the act of thinking cannot be the best of things. Therefore it must be itself that thought thinks (since it is the most excellent of things), and its thinking is a thinking on thinking.

But evidently knowledge and perception and opinion and understanding have always something else as their object, and themselves only by the way. Further, if thinking and being thought are different, in respect of which does goodness belong to thought? For being an act of thinking and being an object of thought are not the same. We answer that in some cases the knowledge is the object. In the productive sciences (if we abstract from the matter) the substance in the sense of essence, and in the theoretical sciences the formula or the act of thinking, is the object. As, then, thought and the object of thought are not different in the case of things that have not matter, they will be the same, i.e. the thinking will be one with the object of its thought.

A further question is left—whether the object of the thought is composite; for if it were, thought would change in passing from part to part of the whole. We answer that everything which has not matter is indivisible. As human thought, or rather the thought of composite objects, is in a certain period of time (for it does not possess the good at this moment or at that, but its best, being something different from it, is attained only in a whole period of time), so throughout eternity is the thought which has itself for its object.

#### Chapter 10

We must consider also in which of two ways the nature of the universe contains the good or the highest good, whether as something separate and by itself, or as the order of the parts. Probably in both ways, as an army does. For the good is found both in the order and in the leader, and more in the latter; for he does not depend on the order but it depends on him. And all things are ordered together somehow, but not all alike,—both fishes and fowls and plants; and the world is not such that one thing has nothing to do with another, but they are connected. For all are ordered together to one end. (But it is as in a house, where the freemen are least at liberty to act as they will, but all things or most things are already ordained for them, while the slaves and the beasts do little for the common good, and for the most part live at random; for this is the sort of principle that constitutes the nature of each.) I mean, for instance, that all must at least come to be

dissolved into their elements, and there are other functions similarly in which all share for the good of the whole.

#### Aristotle, NICOMACHEAN ETHICS Book X

# Chapter 7

If happiness is activity in accordance with excellence, it is reasonable that it should be in accordance with the highest excellence; and this will be that of the best thing in us. Whether it be intellect or something else that is this element which is thought to be our natural ruler and guide and to take thought of things noble and divine, whether it be itself also divine or only the most divine element in us, the activity of this in accordance with its proper excellence will be complete happiness. That this activity is contemplative we have already said.

Now this would seem to be in agreement both with what we said before and with the truth. For this activity is the best (since not only is intellect the best thing in us, but the objects of intellect are the best of knowable objects); and, secondly, it is the most continuous, since we can contemplate truth more continuously than we can do anything. And we think happiness has pleasure mingled with it, but the activity of wisdom is admittedly the pleasantest of excellent activities; at all events philosophy is thought to offer pleasures marvellous for their purity and their enduringness, and it is to be expected that those who know will pass their time more pleasantly than those who inquire. And the self-sufficiency that is spoken of must belong most to the contemplative activity. For while a wise man, as well as a just man and the rest, needs the necessaries of life, when they are sufficiently equipped with things of that sort the just man needs people towards whom and with whom he shall act justly, and the temperate man, the brave man, and each of the others is in the same case, but the wise man, even when by himself, can contemplate truth, and the better the wiser he is; he can perhaps do so better if he has fellow-workers, but still he is the most self-sufficient. And this activity alone would seem to be loved for its own sake; for nothing arises from it apart from the contemplating, while from practical activities we gain more or less apart from the action. And happiness is thought to depend on leisure; for we are busy that we may have leisure, and make war that we may live in peace. Now the activity of the practical excellences is exhibited in political or military affairs, but the actions concerned with these seem to be unleisurely. Warlike actions are completely so (for no one chooses to be at war, or provokes war, for the sake of being at war; any one would seem absolutely murderous if he were to make enemies of his friends in order to bring about battle and slaughter); but the action of the statesman is also unleisurely, and—apart from the political action itself— aims at despotic power and honours, or at all events happiness, for him and his fellow citizens—a happiness different from political action, and evidently sought as being different. So if among excellent actions political and military actions are distinguished by nobility and greatness, and these are unleisurely and aim at an end and are not desirable for their own sake, but the activity of intellect, which is contemplative, seems both to be superior in worth and to aim at no end beyond itself, and to have its pleasure proper to itself (and this augments the activity), and the self-sufficiency, leisureliness, unweariedness (so far as this is possible for man), and all the other attributes ascribed to the blessed man are evidently those connected with this activity, it follows that this will be the complete happiness of man, if it be allowed a complete term of life (for none of the attributes of happiness is incomplete).

But such a life would be too high for man; for it is not in so far as he is man that he will live so, but in so far as something divine is present in him; and by so much as this is superior to our composite nature is its activity superior to that which is the exercise of the other kind of excellence. If intellect is divine, then, in comparison with man, the life according to it is divine in comparison with human life. But we must not follow those who advise us, being men, to think of human things, and, being mortal, of mortal things, but must, so far as we can, make ourselves immortal, and strain every nerve to live in accordance with the best thing in us; for even if it be small in bulk, much more does it in power and worth surpass everything. This would seem, too, to be each man himself, since it is the authoritative and better part of him. It would be strange, then, if he were to choose not the life of himself but that of something else. And what we said before will apply now; that which is proper to each thing is by nature best and most pleasant for each thing; for man, therefore, the life according to intellect is best and pleasantest, since intellect more than anything else is man. This life therefore is also the happiest.

## Chapter 8

But in a secondary degree the life in accordance with the other kind of excellence is happy; for the activities in accordance with this befit our human estate. Just and brave acts, and other excellent acts, we do in relation to each other, observing what is proper to each with regard to contracts and services and all manner of actions and with regard to passions; and all of these seem to be human. Some of them seem even to arise from the body, and excellence of character to be in many ways bound up with the passions. Practical wisdom, too, is linked to excellence of character, and this to practical wisdom, since the principles of practical wisdom are in accordance with the moral excellences and rightness in the moral excellences is in accordance with practical wisdom. Being connected with the passions also, the moral excellences must belong to our composite nature; and the excellences of our composite nature are human; so, therefore, are the life and the happiness which correspond to these. The excellence of the intellect is a thing apart; we must be content to say this much about it, for to describe it precisely is a task greater than our purpose requires. It would seem, however, also to need external equipment but little, or less than moral excellence does. Grant that both need the necessaries, and do so equally, even if the statesman's work is the more concerned with the body and things of that sort; for there will be little difference there; but in what they need for the exercise of their activities there will be much difference. The liberal man will need money for the doing of his liberal deeds, and the just man too will need it for the returning of services (for wishes are hard to discern, and even people who are not just pretend to wish to act justly); and the brave man will need power if he is to accomplish any of the acts that correspond to his excellence, and the temperate man will need opportunity; for how else is either he or any of the others to be recognized? It is debated, too, whether the choice or the deed is more essential to excellence, which is assumed to involve both; it is surely clear that its completion involves both; but for deeds many things are needed, and more, the greater and nobler the deeds are. But the man who is contemplating the truth needs no such thing, at least with a view to the exercise of his activity; indeed they are, one may say, even hindrances, at all events to his

contemplation; but in so far as he is a man and lives with a number of people, he chooses to do excellent acts; he will therefore need such aids to living a human life.

But that complete happiness is a contemplative activity will appear from the following consideration as well. We assume the gods to be above all other beings blessed and happy; but what sort of actions must we assign to them? Acts of justice? Will not the gods seem absurd if they make contracts and return deposits, and so on? Acts of a brave man, then, confronting dangers and running risks because it is noble to do so? Or liberal acts? To whom will they give? It will be strange if they are really to have money or anything of the kind. And what would their temperate acts be? Is not such praise tasteless, since they have no bad appetites? If we were to run through them all, the circumstances of action would be found trivial and unworthy of gods. Still, every one supposes that they live and therefore that they are active; we cannot suppose them to sleep like Endymion. Now if you take away from a living being action, and still more production, what is left but contemplation? Therefore the activity of God, which surpasses all others in blessedness, must be contemplative; and of human activities, therefore, that which is most akin to this must be most of the nature of happiness.

This is indicated, too, by the fact that the other animals have no share in happiness, being completely deprived of such activity. For while the whole life of the gods is blessed, and that of men too in so far as some likeness of such activity belongs to them, none of the other animals is happy, since they in no way share in contemplation. Happiness extends, then, just so far as contemplation does, and those to whom contemplation more fully belongs are more truly happy, not accidentally, but in virtue of the contemplation; for this is in itself precious. Happiness, therefore, must be some form of contemplation.

But, being a man, one will also need external prosperity; for our nature is not selfsufficient for the purpose of contemplation, but our body also must be healthy and must have food and other attention. Still, we must not think that the man who is to be happy will need many things or great things, merely because he cannot be blessed without external goods; for self-sufficiency and action do not depend on excess, and we can do noble acts without ruling earth and sea; for even with moderate advantages one can act excellently (this is manifest enough; for private persons are thought to do worthy acts no less than despots—indeed even more); and it is enough that we should have so much as that; for the life of the man who is active in accordance with excellence will be happy. Solon, too, was perhaps sketching well the happy man when he described him as moderately furnished with externals but as having done (as Solon thought) the noblest acts, and lived temperately; for one can with but moderate possessions do what one ought. Anaxagoras also seems to have supposed the happy man not to be rich nor a despot, when he said that he would not be surprised if the happy man were to seem to most people a strange person; for they judge by externals, since these are all they perceive. The opinions of the wise seem, then, to harmonize with our arguments. But while even such things carry some conviction, the truth in practical matters is discerned from the facts of life; for these are the decisive factor. We must therefore survey what we have already said, bringing it to the test of the facts of life, and if it harmonizes with the facts we must accept it, but if it clashes with them we must suppose it to be mere theory.

Now he who exercises his intellect and cultivates it seems to be both in the best state and most dear to the gods. For if the gods have any care for human affairs, as they are thought to have, it would be reasonable both that they should delight in that which was best and most akin to them (i.e. intellect) and that they should reward those who love and honour this most, as caring for the things that are dear to them and acting both rightly and nobly. And that all these attributes belong most of all to the wise man is manifest. He, therefore, is the dearest to the gods. And he who is that will presumably be also the happiest; so that in this way too the wise man will more than any other be happy.

# Aristotle, Parts of Animals, I.5

Of substances constituted by nature some are ungenerated, imperishable, and eternal, while others are subject to generation and decay. The former are excellent and divine, but less accessible to knowledge. The evidence that might throw light on them, and on the problems which we long to solve respecting them, is furnished but scantily by sensation; whereas respecting perishable plants and animals we have abundant information, living as we do in their midst, and ample data may be collected concerning all their various kinds, if only we are willing to take sufficient pains. Both departments, however, have their special charm. The scanty conceptions to which we can attain of celestial things give us, from their excellence, more pleasure than all our knowledge of the world in which we live; just as a half glimpse of persons that we love is more delightful than an accurate view of other things, whatever their number and dimensions. On the other hand, in certitude and in completeness our knowledge of terrestrial things has the advantage. Moreover, their greater nearness and affinity to us balances somewhat the loftier interest of the heavenly things that are the objects of the higher philosophy.

Having already treated of the celestial world, as far as our conjectures could reach, we proceed to treat of animals, without omitting, to the best of our ability, any member of the kingdom, however ignoble. For if some have no graces to charm the sense, yet nature, which fashioned them, gives amazing pleasure in their study to all who can trace links of causation, and are inclined to philosophy. Indeed, it would be strange if mimic representations of them were attractive, because they disclose the mimetic skill of the painter or sculptor, and the original realities themselves were not more interesting, to all at any rate who have eyes to discern the causes. We therefore must not recoil with childish aversion from the examination of the humbler animals. Every realm of nature is marvellous: and as Heraclitus, when the strangers who came to visit him found him warming himself at the furnace in the kitchen and hesitated to go in, is reported to have bidden them not to be afraid to enter, as even in that kitchen divinities were present, so we should venture on the study of every kind of animal without distaste; for each and all will reveal to us something natural and something beautiful. Absence of haphazard and conduciveness of everything to an end are to be found in nature's works in the highest degree, and the end for which those works are put together and produced is a form of the beautiful.

If any person thinks the examination of the rest of the animal kingdom an unworthy task, he must hold in like disesteem the study of man. For no one can look at the elements of the human frame—blood, flesh, bones, vessels, and the like—without much repugnance. Moreover, when any one of the parts or structures, be it which it may, is under discussion, it must not be supposed that it is its material composition to which attention is being directed or which is the object of the discussion, but rather the total form. Similarly, the true object of architecture is not bricks, mortar, or timber, but the house; and so the principal object of natural philosophy is not the material elements, but their composition, and the totality of the substance, independently of which they have no existence.