

Department of Psychology & Neuroscience

PSYO 3082: Experimental Social Psychology

Instructor(s): Chris Moore moorec@dal.ca Office hours by appointment
TA: Sarah MacDonald sr751611@dal.ca
Classes: Winter 2024, Monday/Wednesday 10.05 – 11.25
Course delivery: In-person Killam Library 4106

Course Description

Social Psychology is the branch of Psychology that explores the organization of social behaviour. Humans spend much of their lives interacting with others and so social psychology touches almost everything we do. It covers perception, cognition, language, emotion, and of course behaviour. It is relevant to both child and adult psychology. It is relevant to individual interactions as well as to groups. You should have gained a good overview of social psychology in the prerequisite area course for this one - PSYO 2080 (Social Psychology). This third-year course builds upon that course as well as the general research methods course (PSYO 2000 – Experimental Psychology and Neuroscience Methods). We will take a deep dive into a particular topic that has ramifications for many areas of social behaviour and you will plan and design an experimental study that explores a research question related to the topic.

Our focus for this course will be ‘guilt.’ I am currently writing a book on guilt that will be published some time in 2025. It explains the psychology of guilt and explores all the different ways that guilt appears in our lives. The draft chapters of this book will form the core reading for the course. Additional readings will supplement this core text. We will discuss the many ways that guilt connects to aspects of social psychology. Guilt also has many far-reaching societal impacts, which we will also discuss.

In parallel with reading about and discussing guilt, we will also take a look at a variety of issues that have plagued social psychology research in the last 10-15 years. We will focus on the ‘reproducibility crisis’ in social psychology that led to the idea of ‘preregistration’ of research studies as best practice.

In the second half of the course you will home in on one aspect of guilt that you find particularly interesting and develop a research proposal for how our understanding of this aspect may be moved forward through experimental research. This proposal will be in the form of a ‘preregistration report.’

Prerequisites

PSYO 2000 or NESC 2000 (Experimental Methods)

PSYO 2501 (Statistical Methods I)

PSYO 2080 (Social Psychology)

Course Exclusions

None

Learning Objectives

- Broad understanding of the ways in which human social life is structured and the psychological mechanisms that organize social behaviour, with a particular focus on guilt.
- Describe and interpret research designs used in social psychology
- Skill at summarizing research articles.
- Use of primary literature in social psychology to develop research questions, generate formal hypotheses, and design studies to test them.
- Understand the importance of preregistration for social psychology research, and ability to prepare the components included in a preregistration plan.
- Effectively communicate your knowledge and research ideas through formal written work and informal discussions/workshops.

Course Materials

Course Brightspace page and the sources posted there.

Course Assessment**Summary**

| Assignment | Due date (end of day) | Value |
|--|---------------------------|-------|
| 1) Early reflection paper | January 26 th | 5% |
| 2) Take-home midterm exam | February 16 th | 30% |
| 3) Social media post | March 15 th | 5% |
| 4) Preregistration report | April 8 th | 40% |
| 5) Take-home final exam reflection paper | April 15th | 20% |

All assignments should be submitted as a MS Word document attachment to moorec@dal.ca or on Brightspace by the deadline. Please title your document using the following format: "Name/B00number-Assignment number". For example, I would name my file for the first assignment: Moore/B00129362-1.

Details

1) Early reflection paper

Write a short (no longer than 500 words) essay on “How guilt plays into my life.”

In this paper reflect on how you experience guilt in everyday life drawing connections to the ideas discussed in the first three weeks of class. You may focus on one particular guilt experience or write more generally about how guilt-prone you are.

2) Take-home midterm exam

Answer the following two questions (equally weighted)

Q1: In your opinion, what is the single most important reason why so many results in the experimental social psychology literature are not replicable? Justify your answer in detail.

Q2: According to the readings, what is guilt and what is it for? **OR**

Describe how according to the readings, guilt shows up in the relationships between children and their parents.

The word limit for **each** answer is 1000 words. This limit doesn't mean you have to write 1000 words. You will not be penalized for answers that are shorter if you write a full answer but text over the 1000 words will not be read.

3) Social media post

Produce a social media post (Instagram or X) on guilt. The post should highlight how guilt regulates social relationships. It can take any of the following forms:

- a. A comment on a research paper, news article, or article from a popular print or online magazine or blog.
- b. A meme illustrating an aspect of guilt
- c. An audience engagement post that invites feedback from followers, such as an X poll, request for embarrassing guilt moments, or favourite guilt-related books, songs, or movies.

For examples, see @mfwguilt on Instagram or @Dalman3958 on X. Submit the post **as well as** a one-page (≤ 300 word) statement of how the post content illustrates the relationship theory of guilt.

4) Preregistration report

Details to be elaborated over the course of the first few weeks.

5) Take-home final exam reflection paper

Write an essay responding to this question: “What aspect of this course has most made you think differently about human social behaviour? Why?”

The word limit is 1500 words and any text over the limit will not be read.

Conversion of numerical grades to Final Letter Grades follows the Dalhousie Common Grade Scale

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|--------------------|-------------------|-------------------|------------------|
| A+ (90-100) | B+ (77-79) | C+ (65-69) | D (50-54) |
| A (85-89) | B (73-76) | C (60-64) | F (<50) |
| A- (80-84) | B- (70-72) | C- (55-59) | |

Course Policies on Missed or Late Academic Requirements

If, for some reason, you will not be able to make an assignment deadline, let me know the reason as far as possible in advance. Student declarations of absences (SDAs) are required for illness and will enable a two-day extension without penalty. Failure to submit an assignment on time without approval will be penalized 1% per day.

Course Policies related to Academic Integrity

You are responsible for preparing your own papers, but you are welcome to collaborate with other students on literature searches and identification of relevant work.

Schedule

For most weeks, the first class (Monday) will be on a guilt-related topic that delves into some area of social psychology and the second class (Wednesday) will be on a topic relating to experimental research in social psychology. The Wednesday classes will prepare you for the development of your research proposal in the form of a preregistration report.

This course will largely be run in ‘blended learning’ fashion. What this means is that there will be preparatory reading/listening/watching for each class and class time will be used largely for discussion of the topics covered in the readings. Each class I will go over the main points of the week’s topic(s) and then class members will be expected to contribute to discussion. To ensure everyone gets involved you will be assigned to discussion groups (different groups randomly assigned each week) and part of each class time will involve in-group discussion before presenting your ideas to the class.

| Date | Topic | Reading/listening/watching (more may be added as the semester progresses) |
|--------------------------|---|---|
| January 8 th | Introduction to the class | Syllabus |
| January 10 th | Guilt – a most universal experience | <i>Guilt</i> introduction |
| January 15 th | What is guilt? | <i>Guilt</i> chapter 1 Baumeister et al. (1994) |
| January 17 th | Introduction to the replication crisis. | Elementary primer: https://www.psychologytoday.com/us/basics/replication-crisis Psych podcast Chapter 10. The replication crisis: https://psych.fireside.fm/10 Open Science Collaboration (2015). |
| January 22 nd | What is guilt for? | <i>Guilt</i> chapter 2 Ostojic et al. (2015) |
| January 24 th | The culture and practice of scientific psychology | Doyen et al. (2012) |
| January 29 th | The development of guilt in childhood | <i>Guilt</i> chapter 3 Vaish et al. (2016) |



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|---------------------------|--|---|
| January 31 st | Questionable research practices | Kerr (1998) Simmons et al. (2011) |
| February 5 th | Guilt-proneness | <i>Guilt</i> chapter 4 Cleckley, H. <i>The Mask of Sanity</i> . Case history of Tom (pp.64-70) |
| February 7 th | Fraud | https://www.fourbeers.com/108 https://www.fourbeers.com/106 https://www.youtube.com/watch?v=KOc6xfEnHWg Shu et al. (2012) Krystal et al. (2020) |
| February 12 th | Parental guilt | <i>Guilt</i> chapter 5 Aarntzen et al. (2023) |
| February 14 th | Solutions to the replication crisis | Chambers (2017) Chapter 7 excerpt Simmons et al. (2021) van't Veer & Giner-Sorolla (2016) |
| February 26 th | Guilt in adult relationships | <i>Guilt</i> chapter 6 Mikulincer & Shaver (2005) |
| February 28 th | Group work - brainstorming guilt research questions | |
| March 4 th | Collective guilt | <i>Guilt</i> chapter 10 |
| March 6 th | Group work – finalizing your question(s) and hypotheses. | |
| March 11 th | Guilt gone awry | <i>Guilt</i> chapter 7 |
| March 13 th | Group work – developing methods | Sample size; Note limitations on design to (1) correlation and (2) simple experiment (t-test). |
| March 18 th | Guilt in religion | <i>Guilt</i> chapter 8 |



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|------------------------|--|-------------------------|
| March 20 th | Group work – finalizing methods | |
| March 25 th | Guilt in the law | <i>Guilt</i> chapter 9 |
| March 27 th | Group work – finalizing analyses | |
| April 1 st | Making friends with guilt | <i>Guilt</i> chapter 11 |
| April 3 rd | Group work – finalizing preregistered report | |
| April 8th | What have we learned? | |