

# Psychology 1011 Syllabus

September-December 2023

# **INSTRUCTORS**

Name	Office	e-mail	Office hours	
Dr. Kevin LeBlanc	LSC 5215	IntroPsych@dal.ca	TBD	
(Course & Lab Coordinator)	100 9219	<u>introl byen a duited</u>		
Dr. Jennifer Stamp	LSC 2533	Jennifer.stamp@dal.ca	TBD	
(Unit 1 & 3 Instructor)	L3C 2333	Jennier.stamp@uar.ca	IDD	
Dr. Kevin Duffy	LSC 2338	<u>kevin.duffy@dal.ca</u>	TBD	
(Unit 2 Instructor)	L3C 2338		IDD	

# **COURSE DESCRIPTION**

Material covered includes historical background, research methodology, neural mechanisms that underlie behaviour, sensory and perceptual processes, states of consciousness, learning, and memory. The course is taught by several different instructors with expertise in the topics covered. Biweekly labs add depth to the material covered in lectures.

# **REQUIRED READING**

Online open access textbook with embedded Tricky Topic videos FREE though link below: <u>https://caul-cbua.pressbooks.pub/intropsychneuro/</u>



# LECTURE DETAILS

This course follows a *flipped classroom approach*, in that the most-in class time with the instructor and TA(s) is devoted to *active learning*, with more passive learning (reading and watching lectures) done before class. Each class will focus on study strategies to prepare for exam questions. Activity format includes creating summary tables, critically evaluating research, drawing diagrams, etc.

#### When?

Tuesdays & Thursdays Sec 01: 10:05am-11:25am Sec 02: 11:35am-12:55pm

#### Where?

## Ondaatje Auditorium (Aud 2), McCain Building

# LAB DETAILS

Hands-on activities in smaller groups, designed to complement lecture material. Please see the *Lab Handbook* for more information, rules, and guidelines.

When?

Dates and times vary depending on the lab section you have signed up for – it is EXTREMELY important to <u>check the course Brightspace for the lab schedule</u>.

## You CANNOT rely on the schedule on DalOnline (or guess) your lab dates.

Where?

Psychology Department LSC 5207 All labs, will be in this room unless otherwise stated.

# **ASSESSMENTS & GRADING**

QUIZZES: 3% (0.75% each, best 4 out of 6)

**Quizzes are completed online through Brightspace**. Each quiz will contain 10 questions (multiple-choice and multi-select format) and you will have 30 minutes to complete it. There are no make-ups for missed quizzes (only the best 4 out of 6 will count!).

Quizzes will close on the dates listed below at 11:59pm Atlantic time:

Quiz 1: Sept.15<sup>th</sup>; Quiz 2: Sept.29<sup>th</sup> Quiz 3: Oct.13<sup>th</sup>; Quiz 4: Oct.27<sup>th</sup> Quiz 5: Nov.10<sup>th</sup>; Quiz 6: Dec.1<sup>st</sup>

EXAMS: 72% (24% for each unit exam)

**Exams are completed online through Brightspace**. Each exam will contain 36 questions (multiple-choice and multi-select questions) and you will have 80 minutes to complete it. Each exam covers materials for one unit only, they are NOT cumulative.

Exams will <u>open at 8am and close at 8pm Atlantic time on the dates listed below</u> *Exam 1: Oct.4<sup>th</sup>, Exam 2: Nov.1<sup>st</sup>, Exam 3: TBD (during exam period)* 

# LABS: 25% (5% for each lab)

Each lab consists of a pre-lab quiz (0.5%), attending/participating in a lab session (0.5%), and a postlab assignment (4%). See the Lab Handbook on Brightspace for more information, rules, guidelines, and submission dates.

#### **BONUS POINTS**

You may earn up to three "bonus" percentage points in PSYO 1011 by participating in designated research projects in the Psychology and Neuroscience Department. These points are added to your final mark at the end of the term.

Here's the link to register and sign up:

http://www.dal.ca/faculty/science/psychology\_neuroscience/research/credit-point-information.html

# LETTER GRADING

A+	90-100	<b>B</b> +	77-79	C+	65-69	D	50-54
Α	85-89	В	73-76	С	60-64		
A-	80-84	<u>B-</u>	70-72	<b>C-</b>	55-59	F	0-49

*Note:* To enroll in any higher-level psychology courses (2000 and above) you must receive a grade of *B*- or better in both PSYO 1011 and PSYO 1012 (or equivalent courses).

# PSYO 1011 FALL 2023 TENTATIVE COURSE SCHEDULE

Unit	Lesson	Dates	Торіс	Activity	Reading
1	1	Sept.5	Welcome, Orientation	Course Components	
	2	Sept.7	What are Psychology & Neuroscience?	Fields of Study	<i>Chapter 1 &amp; 2</i> Sections 1,2,4 & 11
	3	Sept.12	Research Design Descriptive Research	IDing Variables; Descriptive Types	<i>Chapter 2</i> Section 12
	3	Sept.14	Correlational Research Experimental Research	Types of Correlations; Experiment Feasibility	<i>Chapter 2</i> Section 13
	3	Sept.19	Measuring Behaviour Statistical Measures	Types of Measures; Which Stat to Use	<i>Chapter 2</i> Sections 12-14
	4	Sept.21	Neuronal Structure	Art Battle	Chapter 3 Section 19-20
	4	Sept.26	Synaptic Transmission Action Potentials	Graded Potentials; Comparing Types of Signaling	<i>Chapter 3</i> Section 20
	5	Sept.28	Nervous System Cortical Anatomy Cortical Lateralization	IDing Components; IDing Cortical Lobes; IDing Lateralized Areas	<i>Chapter</i> 3 Sections 21-22
		Oct.3	UNIT 1 REVIEW		
		Oct.4	Exam 1		
2	6	Oct.5	Visual Transduction	Eyeball Dissection	Chapter 4

					Sections 27-30
	6	Oct.10	Visual Pathway & Perception, Binocular Vision	Visual Illusions	<i>Chapter 4</i> Sections 30 & 33
	7	Oct.12	Auditory Discrimination Auditory Transduction	Properties of Sound; Coding Sound	<i>Chapter 4</i> Sections 29 & 31
	7	Oct.17	Touch & Pain	Two-point Discrimination Somatosensory Receptors	<i>Chapter 4</i> Section 32
	8	Oct.19	Measuring Consciousness	Conscious States	Chapter 5 Sections 38-39
	8	Oct.24	The Rhythmic Nature of Sleep	Sleep Stages Sleep Disorders	Chapter 5 Sections 40-42
	9	Oct.26	Drug Mechanisms Hypnosis	Agonists & Antagonists; Effects & Causes	<i>Chapter 5</i> Sections 43-44
		Oct.31	UNIT 2 REVIEW		
		Nov.1	Exam 2		
	10	Nov.2	What is Memory?	Components of Memory	Chapter 6 Sections 49-50
	10	Nov.7	Atkinson-Shiffrin Model Baddeley & Hitch Working Memory Model	Components & Examples	<i>Chapter 6</i> Section 50
	11	Nov.9	Spatial Memory Forgetting	Studying Spatial Memory; Types of Forgetting	<i>Chapter 6</i> Sections 51-52
3	11	Nov.21	Biological Basis of Memory	Memory Areas	Chapter 6 Section 53
5	12	Nov.23	Classical Conditioning Conditioned Taste Aversion	IDing elements	Chapter 7 Sections 59-61
	13	Nov.28	Operant Conditioning Schedules of Reinforcement Observational Learning	Real Life Examples	<i>Chapter 7</i> Sections 62-63
		Nov.30	UNIT 3 REVIEW		
		TBD	Exam 3 (During exam period)		

# **IMPORTANT DETAILS**

 To pass this course you must obtain an overall grade of 50% (D) out of the combination of the 3 unit exams, 5 lab assignments, and 4 quizzes (best 4 out of 6). HOWEVER, to go on in Psychology or Neuroscience (enroll in 2<sup>nd</sup>-year courses or major in Psychology/Neuroscience) you must receive a grade of B- or better in both PSYO1011 (or PSYO 1031) and PSYO1012 (or PSYO 1032).

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- 2. Numerical grades are converted to **letter grades** for your official transcript (*see above for conversions*).
- 3. If you are unable to write an exam, you must email Dr. LeBlanc on the DAY OF the exam. Make-up exams will only be considered in the case of medical or family emergencies and a STUDENT DECLARATION OF ABSENCE is required (submitted through the dropbox on Brightspace, one (1) week from date of absence). The Declaration of Absence can be downloaded from the dropbox space on Brightspace. If you miss an exam and do not submit a signed Declaration of Absence you will receive a mark of zero (0).
- 4. **There will be no make-up quizzes** for any reason. A missed quiz is worth zero (0). Out of the six (6) quizzes, your two lowest marks will automatically be dropped.
- 5. Accommodations: Students may request accommodation because of barriers related to disability, religious obligation, or any characteristic under the human rights legislation. Students who require academic accommodation for either classroom participation or the writing of tests and exams should make their request to the Student Accessibility Centre **prior to or at the outset of the regular academic year**. Please visit <u>www.dal.ca/access</u> for more information.
- Studying for success: A variety of study skill programs are available for everyone. Website: <u>http://dal.ca/sfs</u> | Email: <u>sfs@dal.ca</u> | Phone: 494-3077
- 7. Academic Integrity & Plagiarism: Cheating in PSYO 1011 will not be tolerated.
  - **a.** Dalhousie University defines plagiarism as the submission or presentation of the work of another as if it were one's own. It is considered a **serious academic offence** that may lead to the assignment of a **failing grade**, **suspension**, or **expulsion** from the University.
  - **b.** It is VERY IMPORTANT that you familiarize yourself with the policies surrounding plagiarism at Dalhousie. Please visit **plagiarism.dal.ca** and complete the **Academic Integrity Module**.

# LEARNING OUTCOMES

# By the end of this course, you should be able to:

- Define what is meant by **Psychology**
- Identify and recall the major components of a research study
- Compare and contrast different research designs
- Describe the organization of the nervous system
- Describe how communication occurs between neurons
- Describe how our sensory systems detect and code information from the outside world
- Identify the anatomical structures that allow basic sensation and perception of vision, hearing, touch, pain, taste, and smell

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- Define consciousness and explain how psychologists and neuroscientists measure it
- Describe changes in consciousness associated with coma, attention, sleep, hypnosis and drugs
- Identify types of memory and describe the processes of going from one type to the next
- Describe the factors that promote **remembering** and **forgetting**
- Relate types of memory to brain regions associated with them
- Explain how Psychologists define **learning**
- Describe different types of learning, including: **habituation**, **conditioning models**, **observational** learning and modelling, **imprinting**, and **conditioned taste aversion**
- Compare the difference between **reinforcement** and **punishment**
- Compare classical and operant conditioning
- Identify the role of particular brain areas in learning processes
- Find, read, and interpret scientific literature
- Gather and interpret data
- Conduct basic **statistical analyses** (descriptive)
- Read and create **graphs** from data
- Manage your time effectively and efficiently

## **Student Resources and Support**

#### Advising

General Advising https://www.dal.ca/campus\_life/academic-support/advising.html Science Program Advisors: https://www.dal.ca/faculty/science/current-students/undergradstudents/degree-planning.html

Indigenous Student Centre: <u>https://www.dal.ca/campus\_life/communities/indigenous.html</u> Black Students Advising Centre: <u>https://www.dal.ca/campus\_life/communities/black-student-advising.html</u> International Centre: <u>https://www.dal.ca/campus\_life/international-centre/current-students.html</u>

#### Academic supports

Library: https://libraries.dal.ca/ Writing Centre: https://www.dal.ca/campus\_life/academic-support/writing-and-study-skills.html Studying for Success: https://www.dal.ca/campus\_life/academic-support/study-skills-and-tutoring.html Copyright Office: https://libraries.dal.ca/services/copyright-office.html Fair Dealing Guidelines https://libraries.dal.ca/services/copyright-office/fair-dealing.html

#### Other supports and services

Student Health & Wellness Centre: <u>https://www.dal.ca/campus\_life/health-and-wellness.html</u> Student Advocacy: <u>https://dsu.ca/dsas</u> Ombudsperson: <u>https://www.dal.ca/campus\_life/safety-respect/student-rights-and-responsibilities/where-to-get-help/ombudsperson.html</u>

#### Safety

Biosafety: <u>https://www.dal.ca/dept/safety/programs-services/biosafety.html</u> Chemical Safety: <u>https://www.dal.ca/dept/safety/programs-services/chemical-safety.html</u> Radiation Safety: <u>https://www.dal.ca/dept/safety/programs-services/radiation-safety.html</u> Scent-Free Program: <u>https://www.dal.ca/dept/safety/programs-services/occupational-safety/scent-free.html</u>

# **University Policies and Statements**

# **Recognition of Mi'kmaq Territory**

Dalhousie University would like to acknowledge that the University is on Traditional Mi'kmaq Territory. The Elders in Residence program provides students with access to First Nations elders for guidance, counsel, and support. Visit or e-mail the Indigenous Student Centre at 1321 Edward St or <u>elders@dal.ca</u>. Additional information regarding the Indigenous Student Centre can be found at: <u>https://www.dal.ca/campus\_life/communities/indigenous.html</u>

# Internationalization

At Dalhousie, 'thinking and acting globally' enhances the quality and impact of education, supporting learning that is "interdisciplinary, cross-cultural, global in reach, and orientated toward solving problems that extend across national borders." Additional internationalization information can be found at: <a href="https://www.dal.ca/about-dal/internationalization.html">https://www.dal.ca/about-dal/internationalization.html</a>

# **Academic Integrity**

At Dalhousie University, we are guided in all our work by the values of academic integrity: honesty, trust, fairness, responsibility, and respect. As a student, you are required to demonstrate these values in all the work you do. The University provides policies and procedures that every member of the university community is required to follow to ensure academic integrity. Additional academic integrity information can be found at: <a href="https://www.dal.ca/dept/university\_secretariat/academic-integrity.html">https://www.dal.ca/dept/university\_secretariat/academic-integrity.html</a>

## Accessibility

The Student Accessibility Centre is Dalhousie's centre of expertise for matters related to student accessibility and accommodation. If there are aspects of the design, instruction, and/or experiences within this course (online or in-person) that result in barriers to your inclusion, please contact the Student Accessibility Centre (https://www.dal.ca/campus\_life/academic-support/accessibility.html) for all courses offered by Dalhousie with the exception of Truro. For courses offered by the Faculty of Agriculture, please contact the Student Success Centre in Truro (https://www.dal.ca/about-dal/agricultural-campus/student-success-centre.html)

# Conduct in the Classroom – Culture of Respect

Substantial and constructive dialogue on challenging issues is an important part of academic inquiry and exchange. It requires willingness to listen and tolerance of opposing points of view. Consideration of individual differences and alternative viewpoints is required of all class members, towards each other, towards instructors, and towards guest speakers. While expressions of differing perspectives are welcome and encouraged, the words and language used should remain within acceptable bounds of civility and respect.

# **Diversity and Inclusion – Culture of Respect**

Every person at Dalhousie has a right to be respected and safe. We believe inclusiveness is fundamental to education. We stand for equality. Dalhousie is strengthened in our diversity. We are a respectful and inclusive community. We are committed to being a place where everyone feels welcome and supported, which is why our Strategic Direction prioritizes fostering a culture of diversity and inclusiveness (Strategic Priority 5.2). Additional diversity and inclusion information can be found at: <u>http://www.dal.ca/cultureofrespect.html</u>

# **Student Code of Conduct**

Everyone at Dalhousie is expected to treat others with dignity and respect. The Code of Student Conduct allows Dalhousie to take disciplinary action if students don't follow this community expectation. When appropriate, violations of the code can be resolved in a reasonable and informal manner - perhaps through a restorative justice process. If an informal resolution can't be reached, or would be inappropriate, procedures exist for formal dispute resolution. The full Code of Student Conduct can be found at: <a href="https://www.dal.ca/dept/university\_secretariat/policies/student-life/code-of-student-conduct.html">https://www.dal.ca/dept/university\_secretariat/policies/student-life/code-of-student-conduct.html</a>

# **Fair Dealing Policy**

The Dalhousie University Fair Dealing Policy provides guidance for the limited use of copyright protected material without the risk of infringement and without having to seek the permission of copyright owners. It is intended to provide a balance between the rights of creators and the rights of users at Dalhousie. Additional information regarding the Fair Dealing Policy can be found at:

https://www.dal.ca/dept/university\_secretariat/policies/academic/fair-dealing-policy-.html

# **Originality Checking Software**

The course instructor may use Dalhousie's approved originality checking software and Google to check the originality of any work submitted for credit, in accordance with the Student Submission of Assignments and Use of Originality Checking Software Policy. Students are free, without penalty of grade, to choose an alternative method of attesting to the authenticity of their work and must inform the instructor no later than the last day to add/drop classes of their intent to choose an alternate method. Additional information regarding Originality Checking Software can be found at:

https://www.dal.ca/dept/university\_secretariat/policies/academic/student-submission-of-assignments-and-use-of-originality-checking-software-policy-.html

# **Student Use of Course Materials**

Course materials are designed for use as part of this course at Dalhousie University and are the property of the instructor unless otherwise stated. Third party copyrighted materials (such as books, journal articles, music, videos, etc.) have either been licensed for use in this course or fall under an exception or limitation in Canadian Copyright law. Copying this course material for distribution (e.g. uploading to a commercial third-party website) may lead to a violation of Copyright law.