Course Instructor: Dr. Elaine Ply
Office: Life Science Centre Rm 2520
Phone: 902-494-976
E-Mail: elaine.ply@dal.ca
Office Hours: Wednesday 10 am – 12 pm, or by appointment

Course Description (from the Undergraduate Calendar):
This class involves the study of a broad range of manifestations of abnormal behaviour in adults (e.g., anxiety disorders, substance abuse/dependence, schizophrenia, affective disorders, personality disorders). Causes of and scientific techniques developed to better understand and intervene with various forms of behavioural dysfunction are appraised.

Course Objectives
1. Compare and contrast historical perspectives and current approaches to defining and treating abnormal behaviour.
2. Describe the multiple causes of psychopathology as viewed from a multidimensional model.
3. Describe the purpose of the DSM system for diagnosis and review DSM-5 diagnostic criteria.
4. Explain the purpose of clinical assessment in the diagnosis of psychopathology.
5. Identify the symptoms, causes, and evidence-based treatments for selected psychological disorders.

Course Prerequisites
PSYO 1011.03 or PSYO 1021.03 or PSYO 1031.03 and PSYO 1012.03 or PSYO 1022.03, or SCIE 1505X/Y.18, SCIE 1515X/Y.36, SCIE 1520X/Y.30 or SCIE 1540X/Y.27 (with a grade of B or better).

Required Text Book

Blackboard Online Learning System (https://dalhousie.blackboard.com/)
PowerPoint slides, relevant course documents, grades and important announcements will be posted on the course site.

Course Assessment
Component | Weight (% of final grade) | Date
--- | --- | ---
Midterm 1 | 25% | October 7, 2015
Midterm 2 | 25% | November 16, 2015
Pop Quizzes (3) | 10% | TBD
Final Exam (cumulative) | 40% | TBD

All exams/quizzes will cover material from assigned text readings and class lectures. Only the final exam is cumulative. Pop quizzes will be given 3 times during the term. Please note: Exams/quizzes may only be taken on the scheduled dates.

Grading:
Conversion of numerical grades to Final Letter Grades follows the Dalhousie Common Grade Scale as outlined below:

- A+: (90-100)
- A (85-89)
- A- (80-84)
- B+ (77-79)
- B (73-76)
- B- (70-72)
- C+ (65-69)
- C (60-64)
- C- (55-59)
- D (50-54)
- F (< 50)

Course Policies
A. * Make-Up Exams and Quizzes:
   If, for an exceptional reason, you are unable to write an exam/quizz on the scheduled date, you may make it up if you:
   1. inform me in advance if possible, but no later than one week following the exam/quizz;
   2. have a valid reason for missing the quiz/exam (e.g., illness, religious observance, university-sanctioned event); and
   3. supply appropriate documentation (e.g., physician’s note, letter from instructor); and
   4. make up the quiz/exam within 2 weeks following the original exam/quizz date (final exam: based on exam date and holiday closure schedule; deadline will be posted on BBlackboard along with final exam date).

Please note:
- you will be given a score of zero for a missed quiz or exam, if you fail to comply with the above policies
- no grades will be dropped

B. Missed Classes
   Students missing class are responsible for getting notes from a classmate, not from the instructor.

C. Opportunity to Earn Additional Points
   Students may earn up to a maximum of 2 extra points by: participating in Psychology department research. No other alternatives will be offered or entertained. Additional points will be added to the student’s final grade. To sign up, see: http://psychology.dal.ca/Research/For_Students.php
## PSYCHOLOGY 2220: Abnormal Behavior
### Fall 2015

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<tr>
<th>WEEK OF:</th>
<th>TOPICS:</th>
<th>TEXT READINGS</th>
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| September 14/16 | Course Introduction  
Abnormal Behaviour in Historical Context  
Integrative Approach to Psychopathology | Chapter 1  
Chapter 2 |
| September 21/23 | Integrative Approach to Psychopathology (continued)  
Clinical Assessment & Diagnosis | Chapter 2  
Chapter 3 |
| September 28/30 | Clinical Assessment & Diagnosis (continued)  
Anxiety, Trauma-Related & Obsessive-Compulsive Disorders | Chapter 3  
Chapter 5 |
| October 5 | Anxiety , Trauma-Related & Obsessive-Compulsive Disorders (continued) | Chapter 5 |
| OCTOBER 7 | Midterm Exam 1 (Chapters 1, 2, 3, 5) |
| October 12 | Thanksgiving Holiday - University closed |
| October 15/19 | Mood Disorders & Suicide | Chapter 7 |
| October 21 | Somatic Symptoms & Dissociative Disorders | Chapter 6 |
| October 26/28 | Somatic Symptoms & Dissociative Disorders (continued)  
Schizophrenia Spectrum & Other Psychotic Disorders | Chapter 6  
Chapter 13 |
| November 2/4 | Schizophrenia Spectrum & Other Psychotic Disorders (continued)  
Eating & Sleep-Wake Disorders | Chapter 13  
Chapter 8 |
| November 6 | Last day to drop fall term classes with a “W” |
| November 9 | Eating & Sleep-Wake Disorders (continued) | Chapter 8 |
| November 12 | Remembrance Day - University closed |
| NOVEMBER 16 | Midterm Exam 2: (Chapters 6, 7, 8, 13) |
| November 18 | Sexual Dysfunctions, Paraphilic Disorders & Gender Dysphoria | Chapter 10 |
| November 23/25 | Sexual Dysfunctions, Paraphilic Disorders & Gender Dysphoria (continued)  
Substance-Related, Addictive & Impulse-Control Disorders | Chapter 10  
Chapter 11 |
| November 30/ December 2 | Substance-Related, Addictive & Impulse-Control Disorders (continued)  
Personality Disorders | Chapter 11  
Chapter 12 |
| December 7 | Personality Disorders (continued) | Chapter 12 |
| DECEMBER 10-20 | Final Exam: (Chapters 3, 5-8,10-13)  
Time/Date/Location: TBD (announced Oct 1°) |

**NOTE:** Topic schedule is tentative; depending on time, topics covered may change and/or the timeline may be adjusted.

### ACCOMMODATION POLICY FOR STUDENTS
Students may request accommodation as a result of barriers related to disability, religious obligation, or any characteristic protected under Canadian Human Rights legislation. The full text of Dalhousie’s Student Accommodation Policy can be accessed here: [http://www.dal.ca/dept/university_secretariat/policies/academic/student-accommodation-policy-wef-sep-1-2014.html](http://www.dal.ca/dept/university_secretariat/policies/academic/student-accommodation-policy-wef-sep-1-2014.html). Students who require accommodation for classroom participation or the writing of tests and exams should make their request to the Advising and Access Services Centre (AASC) prior to or at the outset of the regular academic year. More information and the Request for Accommodation form are available at: [www.dal.ca/access](http://www.dal.ca/access).

### ACADEMIC INTEGRITY
Academic integrity, with its embodied values, is seen as a foundation of Dalhousie University. It is the responsibility of all students to be familiar with behaviours and practices associated with academic integrity. Instructors are required to forward any suspected cases of plagiarism or other forms of academic cheating to the Academic Integrity Officer for their Faculty.
The Academic Integrity website ([http://academicintegrity.dal.ca](http://academicintegrity.dal.ca)) provides students and faculty with information on plagiarism and other forms of academic dishonesty, and has resources to help students succeed honestly. The full text of Dalhousie’s Policy on Intellectual Honesty and Faculty Discipline Procedures is available here: [http://www.dal.ca/dept/university_secretariat/academic-integrity/academic-policies.html](http://www.dal.ca/dept/university_secretariat/academic-integrity/academic-policies.html).

**STUDENT CODE OF CONDUCT**

Dalhousie University has a student code of conduct, and it is expected that students will adhere to the code during their participation in lectures and other activities associated with this course. In general:

- the integrity and proper functioning of the academic and non-academic programs and activities of the University or its faculties, schools or departments;
- the peaceful and safe enjoyment of University facilities by other members of the University and the public;
- the freedom of members of the University to participate reasonably in the programs of the University and in activities on the University's premises;
- the property of the University or its members.


**SERVICES AVAILABLE TO STUDENTS**

**Student Counselling Service:**

Students are encouraged to contact Dalhousie Counselling Centre if course material or other stressors trouble them. Services are free for students. Please see [https://counsellingservices.dal.ca/](https://counsellingservices.dal.ca/) for more information.

**Library research, scientific writing, study habits:**

The following campus services are available to help students develop skills in library research, scientific writing, and effective study habits. The services are available to all Dalhousie students and, unless noted otherwise, are free.

<table>
<thead>
<tr>
<th>Service</th>
<th>Support Provided</th>
<th>Location</th>
<th>Contact</th>
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<tbody>
<tr>
<td><strong>General Academic Advising</strong></td>
<td>Help with: - understanding degree requirements and academic regulations - choosing your major - achieving your educational or career goals - dealing with academic or other difficulties</td>
<td>Killam Library Ground floor Rm G28  Bissett Centre for Academic Success</td>
<td>In person: Killam Library Rm G28  By appointment:  - e-mail: <a href="mailto:advising@dal.ca">advising@dal.ca</a>  - Phone: (902) 494-3077  - Book online through MyDal</td>
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<tr>
<td><strong>Dalhousie Libraries</strong></td>
<td>Help to find books and articles for assignments  Help with citing sources in the text of your paper and preparation of bibliography</td>
<td>Killam Library Ground floor Librarian offices</td>
<td>In person: Service Point (Ground floor)  By appointment:  -Identify your subject librarian (URL below) and contact by email/phone to arrange a time: <a href="http://dal.beta.libguides.com/sb.php?subject_id=34328">http://dal.beta.libguides.com/sb.php?subject_id=34328</a>  -Visit main office (Killam Library main floor, Rm G28)  -Phone: (902) 494-3077  -email Coordinator at: <a href="mailto:sfs@dal.ca">sfs@dal.ca</a>  -Drop in during posted office hours  For information see <a href="http://www.dal.ca/sfs">www.dal.ca/sfs</a></td>
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<td><strong>Studying for Success (SFS)</strong></td>
<td>Help to develop essential study skills through small group workshops or one-on-one coaching sessions  Match to a tutor for help in course-specific content (for a reasonable fee)</td>
<td>Killam Library 3rd floor Coordinator: Rm 3104 Study Coaches: Rm 3103</td>
<td>To make an appointment:  -Visit main office (Killam Library main floor, Rm G28)  -Phone: (902) 494-3077  -email Coordinator at: <a href="mailto:sfs@dal.ca">sfs@dal.ca</a> or  -Drop in during posted office hours  For information see <a href="http://www.dal.ca/sfs">www.dal.ca/sfs</a></td>
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<td><strong>Writing Centre</strong></td>
<td>Meet with coach/tutor to discuss writing assignments (e.g., lab report, research paper, thesis, poster)  -Learn to integrate source material into your own work appropriately  -Learn about disciplinary writing from a peer or staff member in your field</td>
<td>Killam Library Ground floor Learning Commons &amp; Rm G25</td>
<td>To make an appointment:  -In person: visit the Centre (Rm G25)  -Phone: (902) 494-1963  -email <a href="mailto:writingcentre@dal.ca">writingcentre@dal.ca</a>  -Book online through MyDal  -Open six days a week  For information see: writingcentre.dal.ca</td>
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