Dal Urology Goes to China
Dr. Peter Anderson, Professor, Dept. of Urology

In February, three members of the Dal Urology Department were part of a Canadian delegation to China, representing the Norman Bethune Urological Friendship Society. Peter Anderson, Jerzy Gajewski and Sue Marsh joined former Dal urology resident Nick Power (Western University), Anil Kapoor (McMaster) and Joe Chin (Western). The purpose of the mission was to foster greater understanding by each side of the other country’s urology care, and to build relationships.

After landing in Hong Kong, we spent our first day in the nearby city of Shenzhen, population 12 million, where we toured one of the hospitals, met with administrative officials, and gave lectures to medical and nursing members of the urology department. Unfortunately, the day ended with Sue Marsh suffering a tumble on the way to dinner, fracturing her right arm. This accident would have slowed many people down for the remainder of the trip – not so for Sue. She did not miss a single activity (except for the cigar bar when she was getting her cast applied), and even found time to go to the hairdresser!

The next morning, we took the fast train (maximum speed 308 km/hr), to the city of Changsha in Hunan Province, population 7.5 million. This city is famous for some of its archeological findings, and also for its connection with Mao Zedong, who lived there before rising to prominence in the Chinese Communist Party. We were hosted admirably by Jeffrey Zhong and his team. We toured his facility, The Second Xiangya Hospital, and gave lectures during a day-long academic session. Each evening, we were treated to multiple course dinners featuring the best local cuisine. One night included a trip to the Karaoke bar, where Sue was able to demonstrate her true talents - for the rest of us, not so much, despite impressive enthusiasm.

At the end of the week, we had a day of sight-seeing in Hong Kong before boarding an evening flight back to Canada. All in all, we learned lots about the Chinese medical system, hopefully imparted some useful information in return, and definitely built further ties with our colleagues in The Middle Kingdom.
**Residents Corner**

**Meet Our New Residents!**

**Morgan MacDonald**

I spent the first 18 years of my life growing up in Antigonish N.S. where I could be found on the beaches during the summers and playing high school sports during the school months. I showed my rebellious side when I decided to go to Newfoundland for my undergraduate education. Because I grew up in Antigonish, I still get poked for not having an X-ring. I earned a Bachelor of Kinesiology from MUN and loved every minute I spent in Newfoundland. After a short break from school I traveled to Halifax where I attended Dalhousie for my medical training. When I am not studying, I love keeping active with outdoor recreational activities and pick up sports. In the summer, you may see me cycling the scenic highways of Nova Scotia and in the winter, I can be spotted skiing at Wentworth. I became interested in Urology during my electives with the Dal Urology department. After completing electives in Urology across the country it was clear that Dal Urology is second to none. During my electives at Dal I was impressed by the team mentality, surgical expertise and commitment to patients demonstrated by the entire faculty. I am excited and grateful for the opportunity to join the Dalhousie Urology team and to assist in providing top notch care to the people of Nova Scotia!

**Joshua White**

Josh was born and raised in Calgary where he grew up playing basketball. He began his college career with the Southern Alberta Institute of Technology (SAIT). Here, he helped lead his team to a silver medal in the CCAA National Tournament. After another year with SAIT, he then transferred to Mount Royal University where he won a Provincial championship and once again won a silver medal in the CCAA National Tournament. With the prices of gold plummeting, silver doesn’t look so bad. He attended medical school at the University of Calgary. He also helped co-found Ponos Apparel, a custom athletic sock with clients including major CIS programs across Canada. He loves Game of Thrones, fantasy football, his Labradoodle Alice and is excited to join the Dalhousie Urology program!

**Shreyas Gandhi**

“Hi everyone! My name is Shreyas. I spent my early years in the Middle East and lived in Ontario for most of my formative years. I finished high school in Mississauga and then moved to Hamilton to start my university career. I have had a fairly typical journey into medicine (a bit boring, I know!), completing my Bachelor of Health Sciences degree and now medical school training both at McMaster University. Outside of schooling, I like to play a variety of racquet sports (e.g. squash, badminton, tennis), travel, eat out, and watch probably too much Netflix. I am also a huge fan of the Toronto Raptors! Although I have spent most of my life in Ontario, I am really excited to start Urology residency at Dalhousie. Dal has a reputation for being one of the most collegial programs in the country and even just since Match Day, I have already received many warm welcomes to the program. Besides the supportive culture, the high volumes, surgical strength, and abundant research opportunities are some of the highlights that drew me to the program. I was ecstatic when I found out about my match results and I look forward to meeting and working with everyone beginning this July!”
The Department was pleased to host another successful Research Day on April 28th along with Guest Lecturer, Dr. Prokar Dasgupta, from King’s College in London, UK.

**Agenda Topics**

**Guest Lecture, Dr Prokar Dasgupta** - “Surgical Simulation and Competency Based Education”

**Dr Jeff Himmelman** - “Accuracy of Kidney Cancer Diagnosis and Histological Subtype within Canadian Cancer Registry Data”

**Dr Andrea Kokorovic** - “A Novel Cadaver Prep for Use in Urologic Skills Training”

**Emily Whelan (Med 4)** - “Long-term Follow-Up of Small Renal Masses: A Prospective Cohort Study”

**Dr Jonathan Moore** - “The Use of Penile Prostheses in the Management of Priapism”

**Dr Abdulrahman al-Sabban** - “Establishing Methods to Screen Novel Small Molecules Targeting Insulin-like Growth Factor / Insulin-like Growth Factor Binding Protein Interaction”

**Dr Ebrahim Abdal** “Number of Lymph Nodes Removed during Radical Prostatectomy for Early Prostate Cancer as it Relates to Outcome: A Systematic Review”

**Dr. Jesse Ory** - “Who Gets Palliative Care? Patient and System Factors that Influence Palliative Care Utilization Following Surgery for Malignancy”

**Dr. Jonathan Moore** - “Trends in Androgen Replacement Therapy in Nova Scotia”

**Dr. Kate Anderson** - “Testicular Torsion in Minors: Does Point of Care Influence Testicular Salvage Rates? A Population-based Study”

**Dr. Anjali Lobo** - “Stakeholder Perspectives on Surgical Simulation and Skills Training in Urology Residency Programs in Canada”

**Dr. Kyle Lehmann** - “Outcome Analysis of Patients with Peyronie’s Disease Who Elect for Non-Invasive Management”

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I have just joined Dr. Gabriela Ilie’s, Soillse Research Lab in Prostate Cancer Quality of Life Research, and I am excited to work with her, staff and clinicians in Urology! My main goal among other things is to help launch the survey for prostate cancer in PEI (currently running in NS and NB), and assure accrual rates among the Maritimes remain high. I have a love for the outdoors and when I am not busy I enjoy surfing, cycling, and climbing. A Halifax native, I have pursued studies at Dalhousie University in kinesiology and biochemistry and a Master of exercise and sport science from the University of New Brunswick. I have a passion for exercise as preventative medicine as well as mediating post cancer diagnosis. My research interests include exercise and its effect on stress and cardiovascular health and their underlying relationship with cancer and quality of life.

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**BIG Congrats to our graduating PGY5’s Jon Duplisea and Jeff McKay! Jon will be entering a Fellowship at the MD Anderson University in Texas and Jeff will be starting practice in Red Deer, Alberta. All the best Jon and Jeff - we will miss you!**
Upcoming Events!

- CUA Annual Meeting, June 24-27, 2017, Toronto, ON
- Northeastern Section AUA Annual Meeting, October 12-14, 2017, Savannah, GA
- Dept. of Urology Resident Research Day, April 13, 2018, Halifax, NS
- AUA Annual Meeting, May 18-22, 2018, San Francisco, CA

Nurses’ Notes

Urology Clinic
- Emmi continues to speak about urinary control Thursday afternoons at the Life after Prostate Cancer treatment groups
- Emmi won the Short Paper at last year’s UNC Meeting for her paper entitled “Our Eight Week Biofeedback Program Where Nursing Skills and Innovative Technology Come Together.” Plans are being made for nurses to attend the joint UNC/CUA Meeting in Toronto in June.
- New Staff - Kelsie Ayer, Booking Clerk, Faye Dauphinee, Booking Clerk & Kim Wigginton, Casual SPD Tech
- Emmi recently spent one week in Bermuda in March helping Mike Czerwinski and his team set up his Urodynamic Program 😊

5B Nursing Unit
- Welcome to new staff - Jessica, Laura, Niki, and Donna. Also welcome back to Amanda
- Congratulations to Destiny Edwards on the birth of her baby girl
- Justina is starting the nurse practitioner program
- Shirley has joined the Reserves and starts boot camp July 1st

Cobequid Clinic
- Cobequid Clinic recently acquired a new bladder scanner along with a new uroflow system “Gynebed” donated by the Cobequid Foundation

Congratulations to Drs. Jeff McKay and Nikita Hickey on their recent marriage in Mexico in May!

Congratulations to Dr. Fahad Alyami and his wife Sarah on the birth of their daughter Aljawharah (diamond in English)