

The Tinkler

Milestones in Canadian Urology with Reference to Nova Scotia – *Dr. Jerzy B. Gajewski, Professor Emeritus*

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Already in the early 1920's, a urology community in Canada was very dynamic and participated in activities for the Canadian medical establishment. Dr James C. McClelland came with the idea to form an association of 39 Canadian urologists. Initial activities of urologists were linked to the Canadian Medical Association (CMA) as a Section of the CMA. The first meeting of the Section of Urology within the Canadian Medical Association was in 1929. It was clear from the beginning that urology was recognized as a separate specialty with its own goals and aspirations. In 1945 a group of urologists, under the leadership of Dr Robin Pierce, decided to establish a Canadian Urological Association (CUA), and the first meeting was held in Montreal. Some urological associations were established earlier: French AFU (1896), American AUA (1902), German DGU (1906), International SIU (1907). British BAUS was formed in the same year -1945. However, some prestigious associations were established later: Scandinavian SAU (1956) and European EAU (1973).

Urologists from Nova Scotia were very active from the beginning in the development of academic urology in Canada. The Department of Urology in Halifax was established in 1919 by Dr. Frank Mack, Professor of Dermatology, who later in 1927, became the Department of Dermatology and Urology. Dr Gordon Abbott Windfield joined the department in 1932. In 1952, Dr. Clarence Lloyd Gosse was named Head of the Department of Urology at the Victoria General Hospital and Camp Hill Hospital. He also shared a medical practice with Dr. Gordon Mack (son of Dr. Frank Mack). Dr. Gosse was a Governor of Dalhousie University, as well as Chairman of the Nova Scotia Council of Health. In 1973 he was appointed Lieutenant Governor of Nova Scotia. Dr F. Gordon Mack (1971) was the next Head of the Department of Urology at Dalhousie University and Head of the Department of Urology at the Victoria General as well as President of the Canadian Urological Association. The following Heads of Department included Dr Said Awad (1980), Dr Richard Norman (1997), Dr David Bell (2008) and now Dr Greg Bailly (2018). Dr R. Brewer Auld was Head of Department of Urology (1980-87) in Camp Hill Hospital. Dr Oliver H Millard was Head of the Department of Urology (1964-94) at the Halifax Infirmary. In 1996, the IWK Hospital for Children and the adjacent Grace Maternity Hospital merged and were known as the IWK Grace Children's Hospital. Later, the institution shortened its name to the IWK Health Centre. Dr. W. Alan Ernst was Head of the Division of Urology at the IWK Hospital from 1970 to 1991 followed by Dr. Robert Schwarz and since 2012 by Dr Peter Anderson. For the first few years, meetings of the CUA were linked to the CME annual meeting. In 1949 the meeting was, for the first time, organized independently. Since then the CUA has held regular annual meetings with the last round being the 70th anniversary in Ottawa in 2015. Unfortunately, the 75th anniversary meeting in Victoria has been cancelled due to the COVID-19 pandemic. This is only the second time the meeting had to be cancelled. The first time was the Bermuda meeting in 1968. This was due to Revenue Canada not recognizing out of country meetings for tax refund purposes! The meetings initially had no particular schedule but later started to alternate between east, west and central Canada.

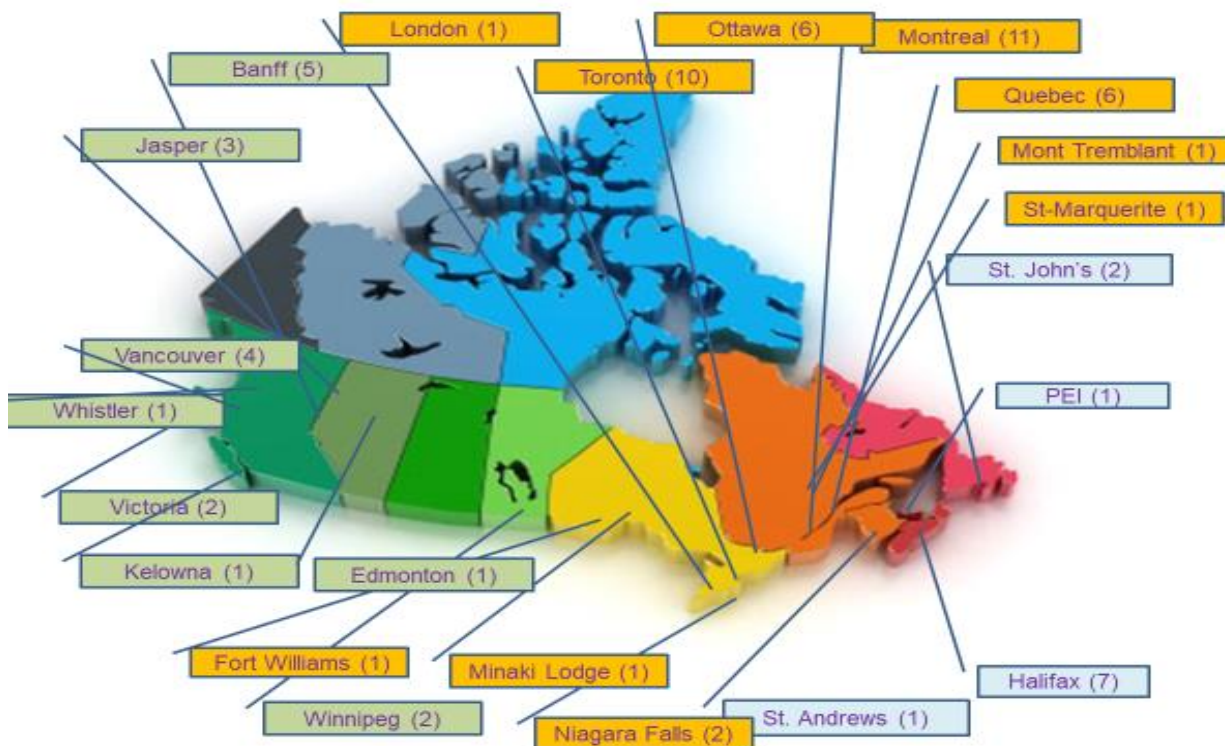


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There were 11 annual meetings held in Atlantic Canada including 7 in Halifax (1958, 1971, 1979, 1988, 1998, 2006 and 2018). Presidents of CUA from the Maritimes include Clarence L. Gosse, Halifax (1957-1958), J. Kenneth Sullivan, Saint John NB (1964-1965), Oliver H. Millard, Halifax (1987-1988), Said A. Awad, Halifax (1989-1990), Philip Belitsky, Halifax (1997-1998), Jerzy B. Gajewski, Halifax (2009-2010), and Peter A. Anderson, Halifax (2013-2014).

There was initially a close association with the British Association of Urological Surgeons (BAUS) with several joint meetings in Canada and UK. The CUA received a Gavel from BAUS in 1957 and reciprocated with the same in 1959. The CUA also has a long-standing friendly cooperation with the AUA. Dr. Robson was the only Canadian physician to hold the presidency of the CUA (1968-1969) and the American Urological Association (1974-1975). Dr David MacKenzie of Montreal was the president of the AUA in 1937-1938. Only one American has held the position of CUA president, it was Dr. W.J Staubitz of Buffalo 1973-1974. There were four AUA meetings in Canada: 1921-Montreal, 1932-Toronto, 1938-Quebec, and 1991-Toronto. In recent years, the CUA has established cooperation with other international urological societies. CUA also has had an academic exchange program with EAU since 2011. There is also a CUA - EUREP resident and CSUR with EAU exchange program. Norman Bethune Society was established in 2009 to further foster educational and scientific exchange with Chinese urologists.

There have been 75 presidents and the number of executives and officers has increased with the proliferation of activities of the association. The membership has increased to over 1100. The CUA was incorporated in 1998. Since conception, the CUA has awarded honorary memberships to 29 individuals. The CUA life achievement award was established in 1980 was presented to 32 CUA members. The CUA Award of Merit was given to 4 individuals since 2006. Canadian Urological Association Scholarship Foundation (CUASF) was incorporated in 1997 and provided thousands of dollars of scholarships for numerous early career urologists in Canada. Recently, collaboration with other funding institutions and bodies has expanded significantly.

CUA endorsed the Canadian Journal of Urology as the official journal of the association in 1994. In 2007 CUA created its own journal Canadian Urological Association Journal. CUA produced almost 60 patient information pamphlets serving both patients and members. CUA was run entirely by member volunteers until 2004 when Central Office was established in conjunction with Société Internationale d'Urologie (SIU). In 2010 CUA created its own Corporate Office in Montreal with several staff employed. There is also CUA History Room in that office. Since 1945 CUA logo has been modified 4 times to adapt to new reality in digital world. Please visit CUA website <https://www.cua.org/> for more information about CUA.

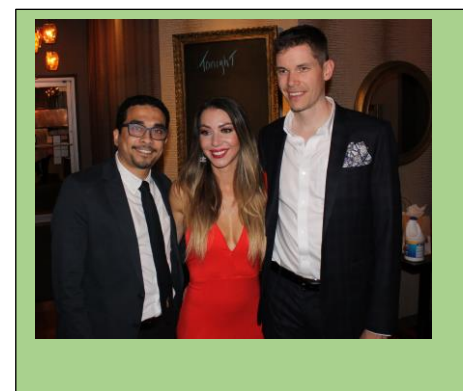
COVID has put a damper on everyone’s travel plans this year. For our hard working residents who couldn’t get home for Thanksgiving this year they were treated to a delicious home cooked meal from Education Coordinator, Paula Taylor and her family. Thanks for hosting this deserving bunch Paula!



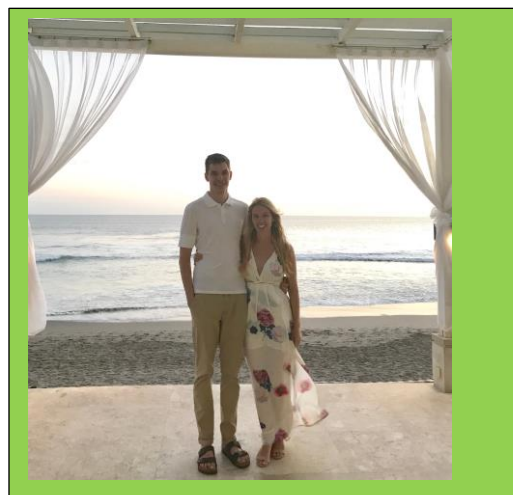
Urology Residents – Where are they now?



Recent graduate, **Jesse Ory (2020)**, is now in Miami, Florida for a one-year fellowship in Sexual and Reproductive Medicine. He is training at the Miller School of Medicine under Dr Ranjith Ramasamy. He and his wife, Lizzie are expecting their first child in January.



Another **2019 graduate, Andrea Kokorovic (center)**, is training in uro-oncology at the MD Anderson Cancer Centre in Houston, Texas. She is also in her second year of a two-year program



2019 graduate Jon Moore, is in his second year of his fellowship at The Mayo Clinic in Phoenix, Arizona. Jon is training in stone disease and he and his wife Lindsey are expecting their first child in December.

Abdulrahman Alsabban is our third graduate of the 2019 program. He is currently at Sick Kids Toronto Hospital training in Paedatric Urology for two years before he returns to Saudi Arabia with his wife and two sons.

Meet our new Research Coordinator Andrea Titterness

Hello! I am originally from just outside of Seattle, WA and moved to Vancouver, BC to study neuroscience at the University of British Columbia. After finishing my doctorate, I worked as a postdoc but, for a variety of reasons, transitioned out of basic research into Grants Facilitation. I eventually found my way to Halifax and plan to stay here as long as possible. While in Halifax, I worked as a Research Manager in the Department of Ophthalmology and have recently joined the team in the Department of Urology as the Research Coordinator to help residents and new faculty with their research goals.

Outside of work, I am busy with three little kids but try to find time for tennis, hiking, biking, and playing the piano, guitar and (saving the best for last) drums.



Recent Resident Publications

Anderson KH, Romao RLP. Testicular tumors in children and adolescents: long-term endocrine and fertility issues. *Transl Androl Urol*. 2020 Oct; 9(5):2393-2399. doi: 10.21037/tau-19-923. PMID: 33209712; PMCID: PMC7658154.

Lobo AM, Doucette S, Lantz Powers AG. Stakeholder perspectives and status of surgical simulation and skills training in urology residency programs in Canada. *Can Urol Assoc J*. 2020 May 12. doi: 10.5489/cuaj.6286. Epub ahead of print. PMID: 32432533.

White J, Ory J, Lantz Powers AG, Ordon M, Kroft J, Cox A. Urological issues in pregnancy: A review for urologists. *Can Urol Assoc J*. 2020 May 12. doi: 10.5489/cuaj.6526. Epub ahead of print. PMID: 32432535.

Kim SS, Rendon RA, Thana M, Wood L, Wang C, Mason RJ. Rare case of upper urinary tract squamous cell carcinoma presenting with significant paraneoplastic syndrome. *Urol Ann* 2020; 12:388-91.

Kim S, Kokorovic A, Sharma V, Boorjian S, Rendon RA, Bell D, Mason R. Factors predicting early mortality after radical cystectomy for urothelial carcinoma in a contemporary cohort of patients. *Can Urol Assoc J*. 2020 Jun 16. doi: 10.5489/cuaj.6400. Epub ahead of print. PMID: 32569561.

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Bitcon C, Anderson K, Cox A. Treatment of interstitial cystitis/bladder pain syndrome: A contemporary review. *EMJ*. 2020 Sept 17; *EMJ*. 2020; 5[3]:91-100. <https://doi.org/10.33590/emj/20-00029>.

MacDonald L, Ory J, Rendon RA, Bailly G, Skinner T, Cox A, Langille G, Bell D. Using GoPro to create an educational database of open urological procedures for residents. *Can Urol Assoc J*. 2020 Nov 17. doi: 10.5489/cuaj.6768. Epub ahead of print. PMID: 33212004.

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MacDonald LP, Armstrong ML, Lehmann KJ, Acker MR, Langille GM. Outcome analysis of patients with Peyronie's disease who elect for vacuum erection device therapy. *Can Urol Assoc J*. 2020 Sep; 14(9):E428-E431. doi: 10.5489/cuaj.6205. PMID: 32223874; PMCID: PMC7492030.

Gillis CJ, Rendon R, MacDonald LP, Jewett MAS, French C, Ajzenberg H, Almatar A, Abdoell M, Organ M. Identification of tumor size as the only factor associated with nondiagnostic biopsies in patients with small renal masses. *Can Urol Assoc J*. 2020 May; 14(5):E220-E223. doi: 10.5489/cuaj.6103. Epub 2019 Nov 29. PMID: 31793862; PMCID: PMC7197968.