

At the QEII Health Sciences Centre, clinicians and researchers are working to better understand the quality of life patients and their partners experience through their cancer journey and beyond. A first of its kind in the world, this Maritimes study is an opportunity to improve the quality of life for prostate cancer patients, during and following treatment. **If you or a loved one have been diagnosed with prostate cancer, join this quality of life online research study today. Visit <https://is.qd/PC1101>**

Prostate cancer is the most commonly diagnosed cancer among Canadian men (21% of all new male cases). In Canada, 1 in 7 men will be diagnosed with Prostate Cancer in their lifetime (2017, Prostate Cancer Canada statistics). In Nova Scotia, approximately 740 men are diagnosed with the disease each year. As the region's specialized cancer care centre, the QEII Health Sciences Centre provides the best care possible to these men. *But what impact does their diagnosis and treatment have on their quality of life and that of their partners?*

Dr. Gabriela Ilie, QEII research scientist and Dalhousie University's Endowed Soillse Research Scientist in Prostate Cancer Quality of Life Research, and faculty in the Department of Urology is taking a unique approach to prostate cancer research. The first of its kind in the world, the research is focused on patient-reported quality of life treatment options and general health, including symptoms related to stress, sleep, pain, fatigue and psychological distress. Dr. Ilie is working with QEII urologists and radiation oncologists to better understand the quality of life patients and their partners experience through their cancer journey and how the short- and long-term side effects — from urinary incontinence and erectile dysfunction to depression and anxiety — impact their lives as a whole.

We encourage prostate cancer patients, and their partners, from across the Maritimes to participate in this study. Participants are asked to complete a 15-minute online survey every three months. By doing so, they are given the opportunity to provide feedback to clinicians and researchers that can improve the quality of care and services provided to prostate cancer patients and with it the quality of information provided during treatment decision appointments and quality of life of patients, during and following treatment through the services offered by QEII and our communities.

Participants can join the study by visiting

<https://is.qd/PC1101>

