



Department of Surgery Grand Rounds

“Surgical Prehabilitation”

Presented By:

Dr. Heather Gill, Division of Vascular Surgery

Wednesday – November 12, 2025

7:30 – 8:30a.m.

via Teams

Objectives:

- 1. Be able to define Surgical Prehabilitation*
- 2. Learn the different components of surgical Prehabilitation programs*
- 3. Delineate the current evidence behind Surgical Prehabilitation*
- 4. Discuss current limitations and controversies*
- 5. Learn what Surgical Prehabilitation is underway in the Dalhousie Department of Surgery*

This event is an accredited group learning activity as defined by the Maintenance of Certification Program of the Royal College of Physicians & Surgeons of Canada