

Gender Care Symposium 2026 Schedule *

February 03, 2026 | On Zoom

- 8:30-9:00 Symposium opens on Zoom
- 9:00-9:05 Trans*Health Basics Welcome
S Zinck
- 9:05-9:45 Gender Dysphoria Myths and Controversies: a look at the Cass Review
and McMaster Studies
S Zinck
- 9:45-10:00 Question and Answer Period
- 10:00-10:15 Break
- 10:15-11:00 Trans* voices panel & video on health care
Youth & Parents; R Bartlett
- 11:00-11:15 Question and Answer Period
- 11:15-11:30 Break
- 11:30-12:15 Advocating for youth at schools, camps and community activities:
resources and approaches
The Youth Project; C Sweeney and C Upton
- 12:15-12:30 Question and Answer Period

February 04, 2026 | On Zoom

- 8:30-8:45 Symposium opens on Zoom
- 8:45-9:30 Supporting families and partnership in gender affirming care
AM Joyce, J. Davis and A. Kroon- Canning
- 9:30-9:45 Question and Answer Period

9.45-10:00 Break

10:00-11:00 Gender dysphoria 101

S Zinck

11:00-11:15 Question and Answer Period

11:15-11:30 Break

11:30-12:15 Endocrinological/Hormones treatment update for MH clinicians, pediatricians and primary care physicians

A Mokashi

12:15-12:30 Question and Answer Period

February 05, 2026 | On Zoom

8:30-8:45 Symposium opens on Zoom // Advanced Mental Health Concepts Welcome

S Zinck

8.45-9:45 Psychotherapeutic approaches for managing body dysphoria, disordered eating and imposter syndrome

S Zinck, AM Joyce and R Bartlett

9.45-10:00 Question and Answer Period

10:00-10.15 Break

10:15-11:15 Indigenous Gender Concepts: Understanding Two Spirit Health care

M Denny

11:00 –11.15 Question and Answer Period

11:15-11:30 Break

11:30-12:15 Gender identity and autism: common presentations and a guideline for providing treatment

S Zinck and AM Joyce

12:15-12:30 Question and Answer Period

Friday February 06 | On Zoom

8:30-8:45 Symposium opens on Zoom

8:45-9:45 Surgical assessment of transgender teens and adults

M Lee

9:45-10:00 Question and Answer Period

10:00-10:15 Break

10:15-11:00 Clinician panel Q&A: How to write referral letters with samples

J Davis

11:15 -11:30 Question & Answer Period

11:30-11:45 Break

11:45-12:00 Peer supervision network: how it works and why to join

S Zinck and R Bartlett

12:00-12:30 Question and Answer Period // Thank you and Conference wrap up

S Zinck