

Early Psychosis Family Information Sessions

presented by:

**Nova Scotia Early Psychosis Program
Capital Health, in affiliation with
Department of Psychiatry, Dalhousie University**

What is the Family Information Program?

The Family Information Program consists of nine self-contained, two hour sessions delivered one evening per week for nine consecutive weeks.

Who can attend?

Family members (including siblings) of persons who are registered with the Nova Scotia Early Psychosis Program. There will be a maximum of 15 participants in each program.

When will the program be held?

**Dates: Wednesdays
Time: 6:30 pm - 8:30 pm**

What information will be covered in the sessions?

Each session will have a specific theme:

Introduction to the Family Education Program
What is Psychosis?
Treatment: What works?
Recovery
Staying Well: Relapse Prevention
Some Challenging Problems (Part 1) Aggression and Suicidal Behaviour
Some Challenging Problems (Part 2) Substance Use
Getting on With Life
Care for the Health of the Family

Where will the program be held?

Nova Scotia Early Psychosis Program
3rd Floor
Abbie J. Lane Memorial Building
5909 Veteran's Memorial Lane
Halifax, NS

How can I register?

Register with your clinician or contact

Education Coordinator
Early Psychosis Program
Phone: 902-473-2210
Fax: 902-473-4097