

Integrated care for gender dysphoric, gender non-binary, & transgender children into adulthood

Date: Thursday, March 28 & Friday, March 29, 2019

Location: Weather Watch Room, 5th floor Dixon Building, NSHA QEII HSC-VG site

DAY 1: Thursday, March 28, 2019

9:00am-9:15am	15 minutes	Welcome
9:15am-10:00am	45 minutes	Introduction: What is gender dysphoria? <i>Dr. Sue Zinck & panel</i>
10:00am-10:15am	15 minutes	Q&A
10:15am-10:30am	15 minutes	Morning Break
10:30am-11:15am	45 minutes	Transvoices panel & video on health care <i>Youth & parents</i>
11:15am-11:30am	15 minutes	Q&A
11:30am-12:15pm	45 minutes	Assessment and treatment of gender dysphoria 101 <i>Dr. Sue Zinck & Dr. Arati Mokashi</i>
12:15pm-12:30pm	15 minutes	Q&A
12:30pm-1:30pm	60 minutes	LUNCH
1:30pm-2:15pm	45 minutes	Gender journey I & Working with families of gender dysphoric or transgender youth with table case discussions <i>Dr. Sue Zinck & all IWK C&Y MH clinician faculty</i>
2:15pm-2:30pm	15 minutes	Q&A
2:30pm-2:45pm	15 minutes	Afternoon Break
2:45pm-3:15pm	30 minutes	Recommendations for Creating Trans-Inclusive, Safe and Welcoming Healthcare Services <i>Becka Hartling, MSW</i>
3:15pm-3:30pm	15 minutes	Q&A
3:30pm-4:15pm	45 minutes	Advocating for youth at schools, camps and community activities: resources and approaches <i>The Youth Project, Nancy Wright and Dr. Sue Zinck</i>
4:15pm-4:30pm	15 minutes	Q&A
4:30pm-4:45pm	15 minutes	Wrap up

DAY 2: Friday, March 29, 2019

9:00am-9:15am	15 minutes	Welcome
9:15am-10:00am	45 minutes	Gender journey II: Working with co-morbid mental health diagnoses and gender dysphoria using sample cases <i>Dr. Sue Zinck and IWK C&Y MH clinicians</i>
10:00am-10:15am	15 minutes	Q&A
10:15am-10:30am	15 minutes	Morning Break
10:30am-11:15am	45 minutes	Endocrinological/Hormone treatment update for MH clinicians, pediatricians and primary care physicians <i>Dr. Arati Mokashi</i>
11:15am-11:30am	15 minutes	Q&A
11:30am-12:15pm	45 minutes	Case examples of hormone assessment and treatment of children, youth & collaborating with local physicians <i>Dr. Arati Mokashi</i>
12:15pm-12:30pm	15 minutes	Q&A
12:30pm-1:30pm	60 minutes	LUNCH
1:30pm-2:15pm	45 minutes	Surgical assessment of transgender teens and adults: an update for psychologists, and psychiatrists <i>Dr. Shannon MacDonald</i>
2:15pm-2:30pm	15 minutes	Q&A
2:30pm-2:45pm	15 minutes	Afternoon Break
2:45pm-3:30pm	45 minutes	Clinician panel Q&A: How to write referral letters <i>All</i>
3:30pm-3:45pm	15 minutes	Q&A
3:45pm-4:15pm	30 minutes	Peer supervision options <i>IWK TransHealth Team</i>
4:15pm-4:30pm	15 minutes	Q&A
4:30pm-4:45pm	15 minutes	Wrap up