

Integrated care for gender dysphoric, gender non-binary, & transgender children into adulthood

Date: Thursday, October 22, Friday, October 23, Monday, October 26 & Tuesday, October 27

Location: Online - Zoom

INTRODUCTION TO TRANS*HEALTH BASICS 1

DAY 1: Thursday, October 22, 2020

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| 1:00pm-1:15pm | 15 minutes | Welcome |
| 1:15pm-2:00pm | 45 minutes | Introduction: What is gender dysphoria? <i>Dr. Sue Zinck & panel</i> |
| 2:00pm-2:15pm | 15 minutes | Q&A |
| 2:15pm-2:30pm | 15 minutes | Break |
| 2:30pm-3:15pm | 45 minutes | Transvoices panel & video on health care <i>Youth & parents, Cynthia Sweeney, & Simply Good Form</i> |
| 3:15pm-3:30pm | 15 minutes | Q&A |
| 3:30pm-3:45pm | 15 minutes | Break |
| 3:45pm-4:30pm | 45 minutes | Assessment and treatment of gender dysphoria 101 <i>Dr. Sue Zinck & Dr. Arati Mokashi</i> |
| 4:30pm-4:45pm | 15 minutes | Q&A |

INTRODUCTION TO TRANS*HEALTH BASICS 2

DAY 2: Friday, October 23, 2020

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| 1:00pm-1:45pm | 45 minutes | Working with families of gender dysphoric or transgender youth with table case discussions <i>Dr. Sue Zinck & all IWK C&Y MH clinician faculty</i> |
| 1:45pm-2:00pm | 15 minutes | Q&A |
| 2:00pm-2:15pm | 15 minutes | Break |
| 2:15pm-3:00pm | 45 minutes | Advocating for youth at schools, camps and community activities: resources and approaches <i>The Youth Project, Nancy Wright and Dr. Sue Zinck</i> |
| 3:00pm-3:15pm | 15 minutes | Q&A |
| 3:15pm-3:30pm | 15 minutes | Break |
| 3:30pm-4:15pm | 45 minutes | Endocrinological/Hormone treatment update for MH clinicians, pediatricians and primary care physicians <i>Dr. Arati Mokashi</i> |
| 4:15pm-4:30pm | 15 minutes | Q&A |

ADVANCED MENTAL HEALTH CONCEPTS 1

DAY 3: Monday, October 26 2020

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| 1:00pm-1:15pm | 15 minutes | Welcome |
| 1:15pm-2:00pm | 45 minutes | Psychotherapeutic approaches for managing body dysphoria <i>Dr. Sue Zinck and IWK C&Y MH clinicians</i> |
| 2:00pm-2:15pm | 15 minutes | Q&A |
| 2:15pm-2:30pm | 15 minutes | Break |
| 2:30pm-3:15pm | 45 minutes | Working with co-morbid mental health diagnoses and gender dysphoria using sample cases <i>Dr. Sue Zinck and IWK C&Y MH clinicians</i> |
| 3:15pm-3:30pm | 15 minutes | Q&A |
| 3:30pm-3:45pm | 15 minutes | Break |
| 3:45pm-4:30pm | 45 minutes | Gender identity and autism: common presentations and a guideline for providing treatments <i>Dr. Sue Zinck & Dr. Ann Marie Joyce</i> |
| 4:30pm-4:45pm | 15 minutes | Q&A |

ADVANCED MENTAL HEALTH CONCEPTS 2

DAY 4: Tuesday, October 27, 2020

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| 1:00pm-1:45pm | 45 minutes | Surgical assessment of transgender teens and adults: an update for psychologists, and psychiatrists <i>Dr. Shannon MacDonald</i> |
| 1:45pm-2:00pm | 15 minutes | Q&A |
| 2:00pm-2:15pm | 15 minutes | Break |
| 2:15pm-3:00pm | 45 minutes | Clinician panel Q&A: How to write referral letters with samples <i>All</i> |
| 3:00pm-3:15pm | 15 minutes | Q&A |
| 3:15pm-3:30pm | 15 minutes | Break |
| 3:30pm-4:00pm | 30 minutes | Peer supervision network: how it works and how and why to join <i>IWK & NSHA clinicians & TransHealth network colleagues</i> |
| 4:00pm-4:15pm | 15 minutes | Q&A |
| 4:15pm-4:30pm | 15 minutes | Wrap up |