

# Integrated care for gender dysphoric, gender non-binary, & transgender children into adulthood

Date: Thursday, April 16 & Friday, April 17, 2020

Location: Room C170, Collaborative Health and Education Building, Dalhousie

## INTRODUCTION TO TRANS\*HEALTH BASICS

### DAY 1: Thursday, April 16, 2020

<b>9:00am-9:15am</b>	15 minutes	Welcome
<b>9:15am-10:00am</b>	45 minutes	Introduction: What is gender dysphoria? <i>Dr. Sue Zinck &amp; panel</i>
<b>10:00am-10:15am</b>	15 minutes	Q&A
<b>10:15am-10:30am</b>	15 minutes	Morning Break
<b>10:30am-11:15am</b>	45 minutes	Transvoices panel & video on health care <i>Youth &amp; parents</i>
<b>11:15am-11:30am</b>	15 minutes	Q&A
<b>11:30am-12:15pm</b>	45 minutes	Assessment and treatment of gender dysphoria 101 <i>Dr. Sue Zinck</i>
<b>12:15pm-12:30pm</b>	15 minutes	Q&A
<b>12:30pm-1:30pm</b>	60 minutes	LUNCH
<b>1:30pm-2:15pm</b>	45 minutes	Working with families of gender dysphoric or transgender youth with table case discussions <i>Dr. Sue Zinck &amp; all IWK C&amp;Y MH clinician faculty</i>
<b>2:15pm-2:30pm</b>	15 minutes	Q&A
<b>2:30pm-2:45pm</b>	15 minutes	Afternoon Break
<b>2:45pm-3:30pm</b>	45 minutes	Advocating for youth at schools, camps and community activities: resources and approaches <i>The Youth Project, Nancy Wright and Dr. Sue Zinck</i>
<b>3:30pm-3:45pm</b>	15 minutes	Q&A
<b>3:45pm-4:00pm</b>	15 minutes	Wrap up

## ADVANCED MENTAL HEALTH CONCEPTS

DAY 2: Friday, April 17, 2020

<b>9:00am-9:15am</b>	15 minutes	Welcome
<b>9:15am-10:00am</b>	45 minutes	Psychotherapeutic approaches for managing body dysphoria <i>Dr. Sue Zinck and IWK C&amp;Y MH clinicians</i>
<b>10:00am-10:15am</b>	15 minutes	Q&A
<b>10:15am-10:30am</b>	15 minutes	Morning Break
<b>10:30am-11:15am</b>	45 minutes	Working with co-morbid mental health diagnoses and gender dysphoria using sample cases <i>Dr. Sue Zinck and IWK C&amp;Y MH clinicians</i>
<b>11:15am-11:30am</b>	15 minutes	Q&A
<b>11:30am-12:15pm</b>	45 minutes	Gender identity and autism: common presentations and a guideline for providing treatments <i>Dr. Sue Zinck</i>
<b>12:15pm-12:30pm</b>	15 minutes	Q&A
<b>12:30pm-1:30pm</b>	60 minutes	LUNCH
<b>1:30pm-2:15pm</b>	45 minutes	Surgical assessment of transgender teens and adults: an update for psychologists, and psychiatrists <i>Dr. Shannon MacDonald</i>
<b>2:15pm-2:30pm</b>	15 minutes	Q&A
<b>2:30pm-2:45pm</b>	15 minutes	Afternoon Break
<b>2:45pm-3:30pm</b>	45 minutes	Clinician panel Q&A: How to write referral letters with samples <i>All</i>
<b>3:30pm-3:45pm</b>	15 minutes	Q&A
<b>3:45pm-4:15pm</b>	30 minutes	Peer supervision network: how it works and how and why to join <i>IWK &amp; NSHA clinicians &amp; TransHealth network colleagues</i>
<b>4:15pm-4:30pm</b>	15 minutes	Q&A
<b>4:30pm-4:45pm</b>	15 minutes	Wrap up