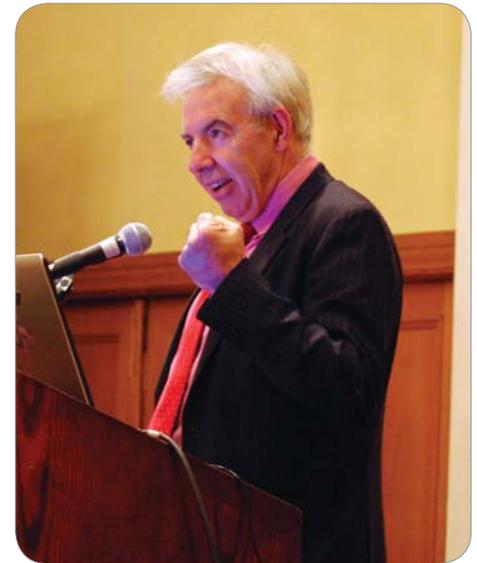


Department of Psychiatry HEADLINES

Research Day 2010

Submitted by: Janet Bardon
Research Administrator



Left: (L–R) Professor Robin Murray, **Dr. Ben Rusak**, **Dr. Ron Fraser**, Ms. Jennifer Vriend (Graduate Student winner), **Dr. Jason Morrison** (Jr. Faculty winner), Ms. Anna MacKinnon (Undergraduate Student winner), **Dr. Lukas Propper**, **Dr. Nick Delva**, and **Dr. Daniel Rasic** (Resident winner). Missing from photo: Ms. Shannon Sears (Psychiatry Staff winner). **Right:** Professor Murray offers his keynote address.

The 20th Annual Psychiatry Research Day was held October 14 at the Lord Nelson Hotel. The event was a success according to the many positive evaluations received from the 109 faculty, students, and staff who attended. This year's guest speaker was Professor Robin Murray, Professor of Psychiatry, Institute of Psychiatry at the Maudsley Kings College, University of London. His presentation was well received and a highlight of the event.

Thank you to the members of the Research Day Sub-committee:
Dr. Kim Good, **Ms. Janet Bardon**,
Ms. Julie Garnham, **Dr. Tomas Hajek**,
Ms. Jennifer MacDonnell,

Ms. Barb O'Neill, **Dr. Daniel Rasic**, and
Dr. Sherry Stewart.

This year's award winners were:

Jr. Faculty

Dr. Jason Morrison: "Empathy and theory of mind in schizophrenia and anxiety disorders"

Graduate Student

Ms. Jennifer Vriend: "Effects of sleep loss on daytime functioning in children"

Psychiatry Resident

Dr. Daniel Rasic: "Worship attendance, spirituality and risk of mental disorders and suicide attempts: a longitudinal community based study"

Undergraduate Student

Ms. Anna MacKinnon: "Perfectionistic attitudes, social disconnection, alcohol-related problems, and depressive symptoms: testing and extending the social disconnection model"

Psychiatry Staff

Ms. Shannon Sears: "Help seeking pathways in first episode psychosis"

Message from the Head

Dr. Nick Delva

Our annual Research Day reached an important birthday this year — its 20th! Always interesting and entertaining, this year’s event featured very positive opening remarks by our Minister of Health, the Honourable Maureen MacDonald, and an excellent keynote address by the prolific UK psychiatric researcher, Professor Robin Murray. Congratulations to the members of the organizing committee and congratulations also to **Dr. Kim Good** and the other organizers and participants in the Café Scientifique on concurrent disorders, which was held the evening before Research Day, and which was also a great success, with some 130 participants.

It’s great that all of our final-year residents have passed the long case examinations (AKA STACER — Standardized Assessment of a Clinical Encounter Report) and are now ready to sit the Royal college examinations — we wish them all “Good Luck”! We thank our residents for all of their excellent work, including their participation in the Career Fair. As noted by Postgraduate Program Director, **Dr. Margaret Rajda**, we plan to be very well prepared for the next review of our postgraduate program (an external review to be held in 2012).

We welcome a number of new members to the Department:
Dr. Sherry James (Bedford/Sackville Clinic and SCOTeam); **Dr. Sjoerd Borst** (Psychotherapy); **Dr. Christine Chambers** (Cross-Appointment with Psychology), **Dr. Kazue Semba** (Cross-Appointment

with Anatomy & Neurobiology); **Dr. Christopher Bryniak** (Saint John), **Dr. John Doucet** (Fredericton), **Dr. Malgorzata Relja** (Fredericton), **Dr. Monique Sholten** (Fredericton), and **Dr. Raheel Shahid** (Fredericton). **Dr. Birgitte Norrie** returned to Denmark after spending six months as a visiting Lecturer with **Dr. Allan Abbass** in the Centre for Emotions and Health. **Dr. Tom Payette**, former Director of the CDHA Addictions Program, moved away to the Province of Quebec. We report with sadness the death of **Dr. Kersti Covert**, Assistant Professor and Staff Psychiatrist in Saint John.

We congratulate **Dr. Aidan Stokes** and **Dr. Simon Brooks** on being honoured with Fellowships by the Canadian Psychiatric Association.

The Nova Scotia Hospital’s 21st Academic Day focused on the important contribution of the family in the provision of care to our patients — the theme of “Triangles of Care, Consumers-Families-Providers Working Together” is now being generally adopted in the CDHA Mental Health Program.

Under the guidance of **Dr. Lara Hazelton**, our Department of Psychiatry Humanities Coordinator, greater attention is being focused on the Humanities. On reading the three reviews of “Stonewall Uprising” one can ask not only what some of our predecessors can have been thinking, but also how our successors will view our current views. It’s great that **Dr. Hazelton** is able to note that



Dalhousie Psychiatry was able to contribute nearly a quarter of the essays to the Canadian Psychiatric Association’s “Day in the Life” essay contest!

I hope to see many of you at our Christmas party on December 10 and wish all a happy and restorative festive season.

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Research Section

Submitted by: Janet Bardon
Research Administrator

Congratulations

Dr. Penny Corkum, PI plus 14 co-investigators from across the country, including **Drs. Christine Chambers, Patrick McGrath, and Ben Rusak**, will receive funding in the amount of \$2 million over five years. This funding is from CIHR's "Sleep and Circadian Rhythms: Team Grant" Request for Applications. The title is: "Better Nights/Better Days: Improving Psychosocial Health Outcomes in Children with Behavioural Insomnia".

Café Scientifique Held in Conjunction with Department of Psychiatry Research Day

On October 13 the Department of Psychiatry, in conjunction with the Centre for Addictions Research at Dalhousie (CARD), presented a very successful Café Scientifique entitled: "The Vicious Cycle: The Link Between Substance Misuse and Mental Health Disorders". Our three keynote speakers, Professor Robin Murray, **Dr. Sherry Stewart**, and **Dr. Ron Fraser** thoroughly engaged the audience during their short presentations. Dr. Stewart led the evening with a discussion of substance use in patients with anxiety and depression and proposed a number of reasons for this co-occurrence. Dr. Fraser took the stage next, discussing substance use in individuals with impulsive disorders. Finally, Professor Murray discussed the significant link between substance use and psychotic disorders. After a short break, members of CARD, along with the keynote speakers, entertained questions from the audience. **Dr. Phil Tibbo** seamlessly moderated the event.

Over 130 people attended and Alderney Landing Theatre looked more like a lecture hall than a Café; however, this did not seem to deter the audience from asking probing questions of the speakers and panel. Although each panel member had their own particular emphasis, the consensus around the table was that significant changes are needed to the system. An integration of services is required in order for patients with co-morbid diagnoses to be optimally treated.



Drs. Kim Good, Sherry Stewart, Ron Fraser, Catrina Brown, Alissa Pencer, Robin Murray, and Lois Jackson share the spotlight in the panel discussion. Photo courtesy of Ms. Pamela Collins, Dalhousie Psychology.

Child and Adolescent Psychiatry Division

Submitted by: Michelle Patenaude
Administrator, Child and Adolescent Psychiatry

22nd Annual Conference of the Schizophrenia Society of Nova Scotia

Dr. Stan Kutcher presented at this year's Conference of the Schizophrenia Society of Nova Scotia in Halifax on November 26. His presentation, "Changing how we provide health care to meet the needs of people with mental disorders", was one of three by Department of Psychiatry faculty, along with **Drs. Tomas Hajek**: "My parent has bipolar disorder; am I at risk? Brain imaging and clinical studies of bipolar offspring" and **Sherry Stewart**: "Mental Illness and Addictions".

Education Section

Submitted by: Annette Cossar
Education Administrator

Undergraduate News

This fall brought the introduction of the renewed undergraduate curriculum in Med I. The previous curriculum included Patient Doctor Psychiatry tutorial sessions in Med I: these have been omitted in the new curriculum, although there is a Clinical Skills I Unit which may include a discussion of how to assess the mental state of a patient. **Dr. Allan Abbass** is the Clinical Skills Coordinator for our committee, and he is working with the Unit Head, Dr. Christine Dipchand, to finalize the psychiatry content for Clinical Skills I and Clinical Skills II, which will replace

Med II Patient Doctor next year. Dr. Abbass is also the Unit Head for the new Foundations II Unit, starting next year, which will include a week of Emotions and Health/How Doctors Think.

Also new this fall in the Med I curriculum is the Professional Competencies Unit. A number of Department members are tutoring in this Unit, which includes topics such as ethics, epidemiology, and evidence based medicine. Several faculty members have contributed to Pro Comp case development in the

areas of pharmacology and behavioural medicine.

The final year for the old Brain and Behaviour Unit in Med II is just finishing. Over the next year, the focus will be on completing the new Neurosciences curriculum which will be replacing Brain and Behaviour in the fall of 2011.

Dr. Jason Morrison has agreed to act as Electives Coordinator for our Department. This will involve responding to student queries about pre-clinical electives in psychiatry, and liaising with the UGME Electives Office.

Postgraduate News

We are happy to announce that all of our senior residents, **Drs. Ava Muir, Deborah Parker, Svitlana Rusalovs'ka, Lee Simpson, Michael Stubbs, Adriana Wilson,** and **Randy Zbuk,** have successfully completed their STACER (aka, long case) Exams and are now eligible to sit their RCPSC fellowship exams in the spring of 2011. For our training program, this is proof positive of our residents' hard work and the strength of our faculty's supervision.

Preparations for the 2011 CaRMS season are underway. We anticipate a busy interview period again this recruitment campaign. The interview dates have been set for Saturday, January 22, Thursday, February 3, and Monday, February 7. We will have six positions open for Canadian graduates and two IMG positions for a total of eight entry positions. This represents an increase of two positions since 2005. IMG positions are Department of Health funded and come with return-of-service contract expectations. It will be a highly competitive recruitment because there are more residency positions in Canada than graduating students and, of course, we want to attract the best. Plans are underway to organize the interviews and

showcase our Department and Program as an excellent choice for psychiatric education.

The Curriculum Review was completed and the implementation of the recommendations are in progress. Over the next couple of years we will see significant changes in the delivery of teaching. **Dr. Malgorzata Rajda** will be meeting with teaching leaders responsible for each topic and discussing how to meet the learners' needs/wishes and maintain a high education standard at the same time. Some people have told Dr. Rajda it is an ambitious project!

We continue to have Provisional Accreditation status with recommendation of an External Review in the winter 2012 from the Royal College Accreditation. It is time to start preparation for the surveyors' visit, which will be most likely in February 2012. By then we should have addressed all the weaknesses identified at the last review and have made sure that the program is in tip-top shape.

This is the third year since the new Royal College objectives and standards of training were rolled out. Despite initial trepidation, things are going well and

we all had to adjust to the new ways. Accommodating a mandatory six-month rotation in Geriatric Psychiatry was a challenge, but with the strong commitment from the Seniors Mental Health Program staff, it became a reality. **Dr. Marla Davidson,** Geriatric Psychiatry Fellow helped to develop an excellent teaching module which includes ECT training.

Another challenge was faced by the supervisors in the outpatient clinics who had to adjust to having junior PGY-2 residents on their services. We are grateful for their commitment to the PGY-2 education and mindful of the increased workload associated with this change. In the months to come, a major task will be to coordinate and standardize the general adult outpatient rotation.

The senior residents did an excellent job presenting their work at our recent Departmental Research Day. We are proud of their high quality work, productivity, and brilliant ideas. Clearly the research training is paying off. The winner, **Dr. Daniel Rasic,** will present his project at the Faculty of Medicine Residents' Research Day on May 26, 2011.



The Dalhousie PGME Career Evening for Medical Students was held on November 23. This expo was for all specialties, subspecialties, and fellowships, with an audience of primarily Med I and Med IIs with the purpose to get them thinking about electives/career choices.

Drs. Michael Stubbs, Jacob Coockey, and Deborah Parker were seen sporting “Peanuts” t-shirts to go along with the “Psychiatric Help 5¢” booth, which included Snoopy, Woodstock, and a wig that looked remarkably like Lucy.

Thanks to **Drs. Liisa Johnston, Jacob Coockey** and **Ms. Carrie Wipp** for their creativity with the display.

Continuing Education Activities

Clinical Academic Rounds at the QEII

December 1: Dr. Michael Flynn, Joint Rounds with Geriatrics
December 8: Dr. Lukas Propper, Child and Adolescent Psychiatry Division

Clinical Academic Rounds at the NSH:

December 3: Professional Practice Council
December 10: Cole Harbour Team
December 17: JEOPARDY!

University Rounds at the QEII

December 15: Dr. Benjamin Goldstein, PhD, FRCPC, Scientist at the Sunnybrook Research Institute in Toronto

International Psychiatry Section

Submitted by: Julie O’Grady
International Administrator

2nd World Health Summit

Dr. Sonia Chehil attended the 2nd World Health Summit in Berlin from October 10–13. This high-level international meeting brought together policy-makers, researchers, and health industry experts to discuss problems and challenges facing health care and medical research in a globalized world.

Canadian Psychiatric Association Annual Conference

The International Psychiatry Section hosted a reception at the Canadian Psychiatry Association Annual Conference this year. The event was to promote the resident elective program in Guyana. The reception was well attended and was successful in attracting interest in this unique opportunity. A special thank you to **Dr. Deborah Parker** for hosting this event.

News & Announcements

Staff / Faculty Changes

Dr. Birgitte Norrie's term as a visiting Lecturer with **Dr. Allan Abbass** in the Centre for Emotions and Health ended, effective October 31.

Dr. Sherry James has joined the faculty as Assistant Professor and Staff Psychiatrist, effective November 1. Dr. James will be splitting her time between Bedford-Sackville Community Mental Health and the SCOT Team at Cole Harbour / Eastern HRM Community Mental Health.

Dr. Kersti Covert, Assistant Professor and Staff Psychiatrist in Saint John, passed away on November 18 following a battle with cancer. The Department of Psychiatry in Saint John will be investigating the possibility of establishing a prize in psychiatry for clinical clerks in her memory.

Congratulations

CACAP Poster Award Goes to Dalhousie Faculty for Second Year in a Row

Congratulations to **Dr. Normand Carrey** for winning the Best Poster by a full member at the 30th Annual Canadian Academy of Child and Adolescent Psychiatry Conference held in Toronto from September 26–28. Dr. Carrey's poster was entitled "Chronic Low Dose Adderall XR Downregulates CFOS Expression in Infantile and Prepubertal Rat Striatum and Cortex". **Dr. Wade Juneke** won the same award at last year's CACAP Conference.

Well Represented at the Races

Congratulations to **Dr. Kim Good** on completing her first half marathon at the rainy Prince Edward Island Marathon in October. Two weeks later **Ms. Christy MacDonald** completed her first full marathon at the hilly Athens Classic Marathon in Greece as a fundraiser for The Arthritis Society's Joints In Motion program. Dr. Good looks forward to running more half marathons (preferably dry ones) while Christy would like to try a full marathon on a flat course. Congratulations to both!



CPA Fellow

Congratulations to **Dr. Aidan Stokes** on the honour of being named a Canadian Psychiatric Association Fellow at the 60th Annual CPA Conference held in Toronto from September 23–26.

The honour of Fellow of the CPA was bestowed upon four CPA member psychiatrists this year in recognition of their exemplary contributions towards excellence in psychiatry. The honorees were (L–R) Drs. Paul Links, Raymond Tempier, **Simon Brooks**, and Aidan Stokes.

Congratulations Dr. Stokes!

Announcements

Reminder: Annual Christmas Holiday Celebration, December 10, 2010

Invitations were sent out towards the end of November for the Department's Annual Christmas Holiday Celebration on December 10. Please remember to RSVP!

News

Eighth Atlantic Canada Psychosis Conference

Submitted by Margie Crown, Education Coordinator, NSEPP

On November 5, the Nova Scotia Early Psychosis Program, in collaboration with the Capital District Mental Health Program and the Dalhousie University Department of Psychiatry, hosted the 8th Atlantic Canada Psychosis Conference. This year's conference was entitled "Recovery: From Theory to Practice" and was held at the Halifax Marriott Harbourfront Hotel.

More than 200 participants from across Atlantic Canada, and as far as Ontario attended this one day event. The participants included psychiatrists, general practitioners, nurses, mental health and allied professionals, community service providers, family members, and consumers. The conference format included plenary presentations in the morning and interactive workshops in the afternoon.

The conference keynote speakers included world renowned clinicians and researchers Dr. Gary Remington and Dr. Douglas Noordsy. Dr. Remington presented on the pharmacotherapy of schizophrenia, and Dr. Noordsy addressed the biology and treatment of co-occurring psychosis and substance use. In addition, Mr. Peter Duke, a program supervisor at Laing House and a member talked about their "Youth Speak" program which aims to reduce stigma through first person voices. A number of local clinicians and community service providers delivered workshops.

Dr. Heather Milliken presented on "Physical Co-morbidity: Prevention; Monitoring; Management". **Dr. David Gardner** offered a session entitled "Medications: Information for Patients and Families". Dr. David Whitehorn and Ms. Mary Campbell discussed the use of Mindfulness in Early Psychosis. The Laing House team: Mr. Ron Patterson, Ms. Adrienne Power, and Mr. Michael Smith described how Laing House fosters resilience through creation of a peer support community.

Preliminary review of feedback from the conference evaluations indicates that the participants were very pleased with both the plenary and workshop sessions.

Poster sessions were offered again at this year's conference to provide an opportunity for clinicians, researchers, program planners, and educators to share their work in early psychosis. Posters were judged by Dr. Glen Berry, Annapolis Valley District Health Authority and **Dr. Douglas**

Maynes, Bayers Road Community Team, Capital Health. Prizes were awarded as follows:

1st prize

"Help Seeking Pathways in First Episode Psychosis": **Philip G. Tibbo**, Shannon R. Sears, Denise Bernier, Kim Dillen, Margie Crown

2nd prize

"Youth with a Voice: Generation Y on Recovery & Services": Garry Wilson, Jill Mailhiot

3rd prize

"Development and Implementation of an integrated Prodrome/First Episode Psychosis Youth Clinic in Nova Scotia, Canada: 1st year outcomes and revelations": **Sabina Abidi**, **Alissa Pencer**, Cathie Keeler.



L–R: **Drs. Phil Tibbo**, Gary Remington, Douglas Noordsy, and Ms. Margie Crown.

The Nova Scotia Hospital's Academic Day XXI

On October 1, more than 200 people gathered at the Sea King Club on the Shearwater Base for Academic Day XXI. This year's theme was "Triangles of Care, Consumers-Families-Providers Working Together". A number of speakers including Mr. Vince Daigle, Ms. Pam Flight, and Ms. Sheila Morrison shared first voice experiences. Individuals from the Meriden Family Programme, UK, presented their recommendations on how to improve the client, family, and caregiver relationship. They spent September 28–30 visiting the Mental Health Program and meeting with a variety of service teams and other groups.

Other presentations included "Working with Families of Early Psychosis Consumers" by Ms. Margie Crown and "Collaborating with Families of Senior Consumers" by **Dr. Lara Hazelton**.

The presentations were designed to invite discussion and reflection in three key areas: the developments currently underway which support more active and collaborative work with consumers and their families; the evidence supporting the efficacy of consumer and family centered mental health services; and how such approaches might be increasingly developed in services in the Maritimes.



Dr. Grainne Fadden, Mr. Peter Woodhams, and Dr. Ruth Sheen from the Meriden Family Programme presented at Academic Day XXI.

Humanities Corner

This year, the Dalhousie Medical Humanities Program, the Atlantic Film Festival, and the Department of Psychiatry collaborated on a couple of initiatives aimed at promoting awareness of how mental illness and psychiatry are portrayed in film. A limited number of complimentary tickets were available for medical students, residents, and faculty to see AFF films which had psychiatric themes. In return, these people agreed to act as “reviewers” for the films they saw. In this issue of *Headlines*, we feature three reviews of the film “Stonewall Uprising”, one written by psychiatry resident **Dr. Ava Muir**, one by psychiatry resident **Dr. Sabina Nagpal**, and the other by staff psychiatrist **Dr. Paul Reynolds**. Additional reviews of 2010 Atlantic Film Festival Films will appear in future issues of *Headlines*. Anyone who has a review they have not yet submitted is encouraged to forward it to **Dr. Lara Hazelton**.

Stonewall Uprising (2010)

Synopsis: “It was the Rosa Parks moment,” says one man. June 28, 1969: NYC police raid a Greenwich Village Mafia-run gay bar, The Stonewall Inn. For the first time, patrons refuse to be led into paddy wagons, setting off a three-day riot that launches the gay rights movement.

Told by Stonewall patrons, reporters and the cop who led the raid, *Stonewall Uprising* recalls the bad old days when psychoanalysts equated homosexuality with mental illness and advised aversion therapy, and even lobotomies; public service announcements warned youngsters against predatory homosexuals; and police entrapment was rampant. At the height of this oppression, the cops raid Stonewall, triggering nights of pandemonium with tear gas, billy clubs and a small army of tactical police. The rest is history. *Synopsis and photo provided by the Atlantic Film Festival.*



Review #1: *Stonewall Uprising* (2010) is a documentary film by Kate Davis and David Heilbroner about a pivotal event in the gay rights movement. In June 1969, New York City police raided the Stonewall Inn, a popular gay nightclub in Greenwich Village. This is the story of how the gay community fought back against the police in this government-sponsored act of oppression. Told by actual witnesses, the film evokes empathy and inspires hope for equality across gender and sexual identities. It also exposes how psychiatry stigmatized non-heterosexuals. DSM-I actually classified homosexuality as a “sociopathic personality disturbance”. My profession made hurtful mistakes. However, this film vilifies psychiatry when it implies that aversive electroshock conditioning and lobotomies were routinely performed on non-consenting homosexual

patients. This documentary needs an informed psychiatrist to accurately describe the frequency and types of historical practices. A police officer appears in the film as a sympathetic character who regrets his role in the raid. Psychiatry deserves a similar voice to lend balance to this otherwise excellent film. I recommend it to you, because it serves as a sobering reminder of our fallibility as a profession. It also reflects how changing cultural values will continue to challenge assumptions about what and who defines a “mental illness”.

Dr. Ava Muir
Psychiatry Resident

Review #2: This extremely well created documentary describes far more than the police raid on the Stonewall Inn in 1969. Using a light and inviting approach, it provokes viewers to ask questions about why the views and laws prohibiting homosexuality existed not so long ago. Personal accounts of the Stonewall and movement it set in motion are revealed through humorous interviews. These are effectively contrasted with recreated images of the times, such that I left the movie feeling encouraged by some of the successes of the gay movement as opposed to angry at the obvious injustices. Perhaps this unique approach fuels a more collaborative energy to propel the movement's momentum.

While most of the documentary focused on the criminal aspects of homosexuality prior to the 1970s, considering the impact of classifying homosexuality as an illness (as it was

Review #3: This was a documentary, and was very well done. Although it was dealing with issues stemming back to the 1960s, each piece was introduced by an individual of perhaps 65-80 years of age today and they were telling the story. Included were ordinary gay people, civil rights activists, members of the police at the time, and political leaders at the time. It is telling how far things have changed when some of the old film footage demonstrating punitive attitudes and beliefs caused the theatre to erupt in gales of laughter.

The movie depicted the societal views of homosexuality in the 1960s and prior. Society was extremely unaccepting of

until the APA's declassification of homosexuality in 1973) was of particular interest to me. The initial scenes depict inpatients "suffering from homosexuality" receiving treatments such as: lobotomy, ECT, and "aversion therapy" — involving male patients being presented with pictures of naked men and then enduring a painful shock stimulus. It brings to question, the manner in which psychiatry as a field can pathologize individual choice and arguably can perpetuate societal discrimination. How do you think these inpatients' "judgement" would be described on their MSE? How about their treating psychiatrists'?

Dr. Sabina Nagpal
Psychiatry Resident

homosexuality which it viewed as unnatural or as "a crime against nature". It was also viewed as a disorder categorized within the American Psychiatric Association list of Disorders. The gay rights movement succeeded in making inroads and establishing the rights of gay people to live in society.

Dr. Paul Reynolds
Staff Psychiatrist

Another event that took place in association with the Atlantic Film Festival was a panel discussion that followed the screening of the film "Journey's End" on September 18. "Journey's End" is a documentary set in a retirement home in rural Quebec, and it raises interesting questions about age, meaning, and community. Following the screening of the film, a panel was held upstairs in Park Lane at the Festival Headquarters. Panel members were Drs. Kata Koller and Melissa Andrew of Geriatric Medicine, and Heather Rea, MSW and Sarah Krieger-Frost, RN.

On a final note, Dalhousie Psychiatry had an excellent showing in the Canadian Psychiatric Association's "Day in the Life" essay contest. Of the 36 essays to be featured in an upcoming anthology of contest entries, eight are by members of our Department, a truly impressive accomplishment considering the contest was open to psychiatrists across Canada. Essayists include **Drs. Shabbir Amanullah, Lara Hazelton, Stan Kutcher, Kara MacNeil, Rachel Morehouse, Phillipa Moss, Daniel Rasic, and Michael Teehan.**

In the next issue of *Headlines*, we will announce the winners of the 2010 Department of Psychiatry Student Writing Competition.