

Pediatric Residency Program Newsletter

WINTER 2023

FEATURED EPA

COD 5 PROVIDING ONGOING MANAGEMENT FOR PATIENTS WITH CHRONIC CONDITIONS

Key Features:

COMPREHENSIVE management that includes implementing **screening or monitoring** strategies, assessing **medication adherence and effects**, addressing patient/family concerns; providing **education** and appropriate follow-up for children with a chronic condition.

Anticipatory guidance for overall health and **advocating** for the patient's needs.

- 48 observations by faculty since July 1 2022, half as direct observation; >90% in outpatient or community settings
- **47/48 were entrusted**; only 6 milestones were below "I needed to be there just in case"

DO YOU THINK THIS IS VALID?

This is a high level EPA.

QUESTION TO CONSIDER WHEN COMPLETING EPA COD5

- 1. Is this the best situation to assess this skill?**
 - Probably Yes if – involves information gathering and comprehensive assessment and planning for chronic disease management
 - Maybe no if – a simple problem, a new undifferentiated presenting problem
- 2. What would I expect of myself or a general pediatrician (if a subspecialty encounter) in this situation?** Did the resident meet that expectation?
- 3. How much direction or supervision did I provide?** Did I talk them through, or prompt them on important aspects like assessing adherence or side effects, what education to provide or monitoring investigations required? If you provided this direction, consider scoring as 2 or 3.
- 4. Could the resident have managed the patient independently in the community safely and effectively?** Consider asking probing questions to assess their understanding and readiness to adapt to variations in presentation or course of disease.

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SOME EXAMPLES OF SPECIFIC AND ACTIONABLE NARRATIVE FEEDBACK

To Keep doing

...a child with asthma, requiring in-person interpreter. Excellent communicator with the patient, parent and interpreter. Continue to gather a well detailed, organized history on asthma symptoms, triggers, treatment and adherence. Continue to look at the patient and caregiver when communicating through interpreter. Continue to demonstrate empathy by using phrases such as, "that must be very stressful". Continue to counsel caregiver on when to return to care for patients with asthma.

You are organized in your approach to an adolescent interview and included a good explanation of limits of confidentiality prior to proceeding. You are sensitive and put the patient at ease, explaining reasons why we ask about certain sensitive questions EG. Sexuality

To work on

Consider side effects and toxicities of therapy and be sure to ask about and look for them in your assessment

We discussed how to encourage behaviour change in a teen (EG. discussing vaping - starting with assessment of readiness to change behaviour before discussing harms of vaping)

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