

Pediatric Residency Program Monthly Newsletter



UPCOMING EVENTS

MARCH 28, 2018

Dr. Andrew Warren
Pediatric Grand Rounds,
Cineplex
"CBD"

TIPS FOR COACHING IN CBD

- Plan for frequent work-based observations
- Many will be brief observations of milestones (parts of an EPA)
 - E.g. For EPA Managing episodic/longitudinal care you may observe only communication of the plan to patient/family
- Complete EPA form as soon as possible after observation
- Provide real-time **coaching** not just feedback

What is coaching?

A coach is defined as a person **guiding** another through a process, **leading to performance enhancement**. Applications can vary; helping an individual to do some task better, developing a skill they don't yet possess, or providing guidance to achieve a specific project. (RCPSC)

THE DREADED
F-WORD

FEEDBACK

IMPROVING YOUR COACHING/FEEDBACK

Be specific when coaching or giving feedback.

INSTEAD OF:	TRY:
Read more.	Read more about pathophysiology of cyanotic heart disease.
Avoid use of medical jargon.	When you used the words xx and yy, I saw their eyes glaze over and you lost their attention.

ONLINE LEARNING

To learn more about coaching please visit <http://www.royalcollege.ca/rcsite/documents/cbd/full-meantime-guide-e#teachers> for a short article.