UPCOMING EVENTS

MARCH 28, 2018
Dr. Andrew Warren
Pediatric Grand Rounds,
Cineplex
“CBD”

TIPS FOR COACHING IN CBD

- Plan for frequent work-based observations
- Many will be brief observations of milestones (parts of an EPA)
  - E.g. For EPA Managing episodic/longitudinal care you may observe only communication of the plan to patient/family
- Complete EPA form as soon as possible after observation
- Provide real-time coaching not just feedback

What is coaching?
A coach is defined as a person guiding another through a process, leading to performance enhancement. Applications can vary; helping an individual to do some task better, developing a skill they don’t yet possess, or providing guidance to achieve a specific project. (RCPSC)

IMPROVING YOUR COACHING/FEEDBACK

Be specific when coaching or giving feedback.

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<thead>
<tr>
<th>INSTEAD OF:</th>
<th>TRY:</th>
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<tbody>
<tr>
<td>Read more.</td>
<td>Read more about pathophysiology of cyanotic heart disease.</td>
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<tr>
<td>Avoid use of medical jargon.</td>
<td>When you used the words xx and yy, I saw their eyes glaze over and you lost their attention.</td>
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ONLINE LEARNING

To learn more about coaching please visit http://www.royalcollege.ca/rcsite/documents/cbd/full-meantime-guide-e#teachers for a short article.