Dr. Babar Haroon received PARI-MP's 2013 Excellence in Teaching Award at the November Department Meeting. The Excellence-in-Teaching Award is an annual award presented by PARI-MP and given to a team leader who has exemplified their skills in patient care, teaching and interactions with residents. Residents nominate a preceptor who they feel is deserving of this award.

Dr. TJ (Jock) Murray is a 2014 Canadian Medical Hall of Fame inductee. He and two other visionary leaders in medicine will join the Hall of Fame's 101 laureates when they are inducted in April 2015. Dr. Murray is a world leader in Multiple Sclerosis and neurological research, resulting in major advances in the understanding of the disease. He founded and directed the Dalhousie University Multiple Sclerosis Research Unit where for 20 years his thoughtful and compassionate care had a profound impact on patients and patients alike. Also recognized as an outstanding humanitarian and medical historian, Dr. Murray is an impassioned champion for the integration of the humanities into medical education, a concept that is now widely adopted by medical schools throughout North America. Born and raised in Pictou, Nova Scotia, Dr. Murray served as Dean of the medical school at Dalhousie University from 1985—92, where he also received most of his medical training.

Dr. Tom Marrie was inducted as a Fellow of the Royal Society of Canada in November. Dean Marrie joined an elite group of just over 2,000 scholars, artists and scientists who are peer-selected as having made remarkable contributions to their fields of learning. Throughout his decorated career he has received many awards for his leadership and research, including the Lifetime Achievement Award from the Association of Medical Microbiology and Infectious Diseases of Canada. He is well known across Canada as a leading infectious disease specialist who has built a distinguished career as a teacher, researcher and clinician.

Students supervised by Drs. Anthony Reiman and Sultan Darvesh were winners at the Integrated Health Research Training Day. Ethnib Thounmey, Med II, won the uniform presentation category for TRIP 6 expression in lung cancer and Maggie Moores, Med II, won in the poster presentation category for Association between butyrylcholinesterase and apolipoprotein E genetic polymorphism in dilution education in more than 30 years. If you missed this year's event, the planning committee is already preparing for next year to be sure to keep it in mind and plan to attend when the time comes. As the holidays fast approach and we look forward to 2014, I want to wish all department members and their families a wonderful holiday season. Be sure to take the time to make special memories.

Dr. James Michael, PGY-3, is a leading resident taskforce in the Department of Medicine charged with exploring duty call hours and fatigue management. The work is in anticipation of potential regulatory changes to duty call hours on a national or provincial level, resulting mainly from the Quebec ruling and national steering committee recommendations.

"Potential changes to duty hours have been on our radar for some time because of the Quebec ruling and national steering committee, but also because of the Royal College's push toward competency based education. The residency training committee felt it prudent to call on residents to review the duty hours and provide recommendations as a proactive step – not necessarily to make changes in the short term," says Dr. Ian Epstein, Director, Postgraduate Education, Department of Medicine.

"I recently completed a two-week rotation on the MTU and a three-day site visit in New Brunswick. Both were great opportunities. I am very pleased that the changes made on the MTU lead by Simon Jackson and David Simpson in collaboration with Capital Health have positively impacted teaching, learning and clinical experiences for residents and faculty alike. I am particularly impressed with our senior residents' abilities to manage large clinical teams and patients, and as a result, the clinical care delivery is exceptional. Of note, I saw the PATH and INSPIRE: programs in action and the benefits these programs provide patients and their families. The nursing and health professional staff on the MTU are first rate. We're getting there with the MTU but there are opportunities for improvement and Simon and David would value all input to help make this service even better.

While in New Brunswick, I visited the Departments of Medicine at the Saint John Regional, Dr. Everett Chalmers, and The Moncton City Hospitals. It is evident that the teaching and research activities in all teaching hospitals are supported by the medical school because of the great care these hospitals provide to the community. These are exciting times for academic medicine in New Brunswick. With the next CARMS Match, the number of Saint John based internal medicine residents will be up to 4. I would like to acknowledge the efforts of Dr. Eric Grant who leads the postgraduate program in New Brunswick and Dr. Tony Reiman, Associate Dean of Medicine, DMNB for their parts in building positive changes. There is also a strong leadership at the Department Head level at the three institutions with Dr. Angie Gibbon (Fredericton), Dr. Paul Sobi (Saint John) and Dr. Peter Docherty (Moncton) and my thanks to these individuals for their many contributions.

In November, I also attended the Department of Medicine Evening and Medicine Matters 2013. Working Together. Two events were exceptional and quite well attended. I would like to thank Dr. John Hanly and Kathryn Nelson for pulling together the research evening, and Dr. Des Leddin and the Medicine Matters planning committee for championing our first department-sanctioned, inter-
The taskforce was asked to first review the 24-hour call model at the HI Site and put forward recommendations for call models that employed fewer than 24 consecutive hours. “In taking a fatigue management approach, we started with tackling what many residents view as the most fatigue-inducing call schedule and responsibilities. And we took a broad view, looking at many issues, which is in keeping with national work in this area. It isn’t nor can it be only about reducing consecutive call hours,” says Dr. Michael.

The taskforce recently submitted recommendations for different call models for senior residents at the HI Site to chief residents, Drs. Andrew Moeller and Jordan Webber, for their consideration and potential implementation on a trial basis.

“They are likely to be significant short- and long-term implications to whatever changes are made to call schedules. We are proposing that new models be trialed and evaluated,” notes Dr. Michael. The group will next review the call model at the VG site, to which Dr. Michael does not see making significant, if any, changes in the near future because most residents don’t feel the call schedule induces the degree of fatigue that warrants changes.

The longer term goal is to also review call models for junior residents, a process that is likely to be more intensive. In the meantime, the task force will make a presentation to the residency training committees in March on its work to date.

You can find more information about work underway nationally on resident duty hours and fatigue management at http://www.residentdutyhours.ca.

### 2014–2015 SUBSPECIALTY CaRMS MATCH RESULTS (FOR JULY 1, 2014 ENTRY)

The subspecialty CaRMS match yielded excellent recruits for each of the Department’s fourteen positions that were part of the match. Two of those positions were earmarked for general internal medicine.

Here are the results:

#### Cardiology
- Drs. Adam Howes (MUN), Andrew Moeller (Dal) and Jordan Webber (Dal)

#### Endocrinology & Metabolism
- Dr. Vicki Xu (Dal)

#### Digestive Care & Endoscopy
- Dr. Arman Khorasani-zadeh (SUNY Upstate Medical)

#### General Internal Medicine
- Drs. Wendy House (Dal), Joffre Munro (Dal) and Nahha Sherry (Western)
- Drs. Islam Eissa and Magnus McLeod will also join the program in the 2014-2015 academic year.

#### Geriatric Medicine
- Dr. Kim Bahb (Dal)

#### Hematology
- Dr. Katherine MacIntres (Queeni’s)

#### Infectious Diseases
- Dr. Paul Bonnar (Dal)

#### Medical Oncology
- Drs. Amy Groom (Dal) and James Michael (Dal)

#### Nephrology
- Dr. Amanda Miller (Dal)

#### Respiratory
- Dr. Alexander Nelson (Sask)

#### Critical Care
- Drs. Amy Groom (Dal) and James Michael (Dal)

#### Cardiology
- Dr. John Melvin (Dal)

#### Neurology
- Drs. Amy Groom (Dal) and James Michael (Dal)

#### Nephrology
- Dr. Mitra Nikpour (Dal)

#### Respiratory
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### Medicine Matters 2013

With a successful Medicine Matters 2013: Working Together, we are on our way to establishing the CMI event as an annual, must-be-missing event for all clinical members of the Department of Medicine.

Here’s a rundown of this year’s event:

- Registrants: 72
- Attendees: 62
- Speakers: 16
- Case discussions: 18

Cases:
- Chest pain in a 45 year old male with diabetes and hyperlipidemia
- Evisceration of duodenum in a 60 year old with COPD
- Abdominal pain and anemia in a 30 year old male
- A 40 year old male with obesity, hypertension, diabetes hyperlipidemia and an elevated creatinine
- A 45 year old male with bony metastases of unknown primary

### Resident Research Projects

The Department of Medicine Resident Research Committee, chaired by Dr. David Macdonald, has developed a platform to encourage and support resident research. Dr. Macdonald and resident Dr. Marta Carmichael are leading the Resident Research Olympics program.

The Olympics is a team-building vehicle with the goal of inspiring and nurturing an interest in research through sharing ideas and providing mentorship within a collaborative, longitudinal group dynamic.

And to make research fun! There will be a presentation of medals and a trophy, and, hopefully, a social event during those “other” Olympics for the first medal awards ceremony.

All of the core internal medicine residents have been recruited to one of six teams, which will live on from year-to-year with the new PGY1s replacing those residents leaving the program each year. Each team has a faculty coach. The teams are given research challenges to complete. Each challenge has points assigned to it and the team with the most points at the end of the academic year will be awarded the resident research trophy pictured.

One of the expected outcomes is to have the challenges develop into research projects suitable for presentation at the DoM Research Day.

The first assignment was for each team to meet to decide on a name. The winner of that assignment was Team 6, our Saint John based residents, with a play on the acronym for the distributed education link between Halifax and Saint John.

#### Team 1
- **The Mycology**
  - T. Young
  - S. Darvesh
  - D. Macdonald

#### Team 2
- **The Epitopes**
  - T. Young
  - S. Darvesh
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#### Team 3
- **Dermisinan**
  - T. Young
  - S. Darvesh
  - D. Macdonald

#### Team 4
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#### Team 5
- **Research SWAT**
  - T. Young
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### Mission: We are a diverse group of highly trained professionals dedicated to improving health through education, research and providing exemplary clinical care to our community
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<thead>
<tr>
<th>Specialty</th>
<th>Residents Declared</th>
<th>Matched Positions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiology</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Endocrinology &amp; Metabolism</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>Digestive Care &amp; Endoscopy</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>General Internal Medicine</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
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<td>5</td>
<td>5</td>
</tr>
<tr>
<td>Hematology</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
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<td>6</td>
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</tr>
<tr>
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- **Infectious Diseases**
  - Residents: 6
  - Matched Positions: 6
- **Medical Oncology**
  - Residents: 4
  - Matched Positions: 4
- **Nephrology**
  - Residents: 5
  - Matched Positions: 5

**ANNUAL REPORT AVAILABLE**

The Department of Medicine 2013 Progress & Profiles is now available.

This year’s report features the department’s strategic plan, its implementation to date, and those leading the change. The report also has a new look. Copies will be distributed to all department members but you can also take a peek at:

https://do.medicine.dal.ca/publications/annualreports.htm

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