

CARDIOLOGY · CRITICAL CARE · CLINICAL DERMATOLOGY AND CUTANEOUS SCIENCES ·
ENDOCRINOLOGY AND METABOLISM · GASTROENTEROLOGY · GENERAL MEDICINE · GERIATRIC MEDICINE ·
HEMATOLOGY · INFECTIOUS DISEASES · MEDICAL ONCOLOGY · NEPHROLOGY · NEUROLOGY · PALLIATIVE MEDICINE ·
PHYSICAL MEDICINE AND REHABILITATION · RESPIROLOGY · RHEUMATOLOGY

THE DoM'S GREATEST RESOURCE

Recognition IS Important!

This edition of our newsletter was designed to recognize the significant and ongoing contributions of people across our large Department. It almost goes without saying that recognition is vital to our collective well being; and our lives, from time to time, are punctuated by recognition awards.

From my view, everyone in our DoM deserves to be recognized for what they do on a day-to-day basis; however, it never hurts to pause and reflect on accomplishments of several people and groups. So thanks to all of those who make a difference in our lives, and theirs, by just doing the things they do well and doing them regularly.

Our people are our greatest resource. I have no doubt in due course everyone will be "famous for 15 minutes", as the pop artist Andy Warhol said in 1968!

We also recognize the Division of Respiriology in this newsletter for their significant and broad contributions to our department and beyond. Well done!

As well, we would like to introduce and recognize the newest members of our Department – they are the future and in due course, I predict, will be recognized for doing great things!

Finally let me recognize and thank Kathryn Nelson for her excellent work in producing this newsletter for us to read and enjoy!



R. Allan Purdy, MD, FRCPC, FACP
Professor and Head, Department of Medicine, Dalhousie
District Chief, Department of Medicine, Capital Health

DOM SPRING PARTY

The Department recognized faculty and residents at the annual Spring Party on June 11th.

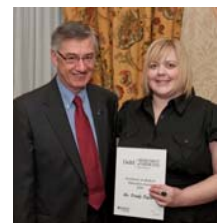
Faculty Excellence in Medical Education Awards:



Dana Farina
Gastroenterology



Steven Soroka
Nephrology



Trudy Taylor
Rheumatology



Darrell White
Haematology



Lori Wood
Medical Oncology

Drs. Dennis Bowie, Alan Cockeram, Eric Grant, David Haase, David Hirsch, and David Simpson received their 25-Year Service Awards.

Resident Awards:

Excellence in Resident Research: **Lisa Barrett**

Excellence in Undergraduate Teaching: **Carmen Hurd**

Special Resident Recognition (Journal Club): **Carmen Hurd**

Excellence in Summer Grand Rounds: **Evan Merrick**



Outstanding Resident PGY1
Ciorsti MacIntyre



Outstanding Resident PGY3
Lisa Barrett

Not pictured: Outstanding Resident PGY2: **Jeff Ratushny**

CHIEF RESIDENTS

The Internal Medicine Program is very fortunate to welcome **Drs. Samantha Gray** (on the right) and **Arleigh Robertson** as Chief Medicine Residents for the academic year 2009-2010.



Both Samantha and Arleigh have had experience as leaders within the resident group, and are already proving themselves to be very able and successful in their new roles. This year will be a busy one for our Chief Residents, in addition to the usual tasks of call scheduling, various committee participation and general organization for the program, Samantha and Arleigh will be active participants in our Internal Review process.

Arleigh is a University of Ottawa Medical School graduate originally from Kenora, Ontario. Samantha is a Dalhousie Medical School graduate, originally from Saint John, NB.

DoM 2009 ACHIEVEMENT AWARD



This year's Achievement Award winner is **Dr. Kenneth Rockwood**, Professor in the Division of Geriatric Medicine and the Kathryn Allen Weldon Professor of Alzheimer Research. He has been successful in receiving more than 60 research grants, 55% of which were peer-reviewed, with a career total of \$11.5 million in funding. Ken is a principal

Investigator of the Canadian Dementia Knowledge Translation Network, a 5-year/\$4million project involving 100 Canadian researchers, funded by the Canadian Institutes for Health Research.

He has won twelve DoM Research Awards and received the Dalhousie Faculty of Medicine Max Forman Senior Research Award. He has published six books and more than 250 peer-reviewed scientific publications and 143 published abstracts. He has a total of 6,214 Web of Science Citations. He has given 286 invited papers. And founded the Internet-based company *DementiaGuide Inc.*

Ken was Residency Program Director for Geriatric Medicine (1991-98). He has three DoM Teaching Awards. He is a Past President of the Canadian Society of Geriatric Medicine. He was an inaugural member of the Institute Advisory Board, Canadian Institute on Aging; a founding program director of the Clinician Investigator Program at Dalhousie; and a member of the Advisory Committee on Health Services, Council of Deputy Ministers of Health of Canada.

International committee work includes the Medical Advisory Committee, Alzheimer's Disease International, London, England; External Advisory Board, Inter-disciplinary Frailty Initiative, Trinity College, Dublin; Johns Hopkins University Older Americans Independence Centre External Advisory Board; and Consultant to the English Longitudinal Study on Ageing, University College London, and the Institute for Fiscal Studies, England and Wales.

Ken is a Fellowship in the Royal College of Physicians, London. And is an Honorary Professor of Clinical Gerontology, University of Manchester, England. He was a Visiting Fellow, Geriatric Education Centre, Harvard Medical School, Boston. And is a Fellow of the Canadian Academy of Health Sciences.

BRIAN M. CHANDLER LIFETIME ACHIEVEMENT AWARD FOR EXCELLENCE IN MEDICAL EDUCATION



The recipient of the 2009 Department of Medicine Brian M. Chandler Lifetime Achievement Award for Excellence in Medical Education is **Dr. O. Elizabeth Mann**. And the DoM is not the only one impressed with Dr. Mann's achievements. Dr. Mann is receiving the 2009 Specialist of the Year Award (Atlantic Region) from the Royal College of Physicians and Surgeons.

Beth has been a steadfast and dedicated educator in the Department of Medicine since 1980 when she joined the Department as a Lecturer in the Division of General Internal Medicine. She has since been promoted three times, becoming a full Professor in our Department in 2002. She completed her medical school training as well as her internship and residency here at Dalhousie University. She was Chief Medicine Resident in 1978-79.

Among her many activities in the Department of Medicine, Dr. Mann was Program Director of the core Internal Medicine training program from 1987 to 1994. She was the head of the Division of General Internal Medicine from 1994 to 2007. Nationally she has been involved with the Canadian Society of Internal Medicine for many years and since 2000 been involved with the planning for the national meeting which has become a standard for Medicine trainees.

Beth has received numerous accolades, including DoM awards for postgraduate and undergraduate teaching no less than eight times. In 2004 she was the DoM Achievement Award winner. Dr. Mann consistently is one of our most highly regarded role models and attending staff on the Medical Teaching Units, praised by all levels of learners.



On June 2 the DoM held an Appreciation Tea for over 100 support staff in thanks for the great support provided over the past year.

DoM RESEARCH EVENING

Thursday, November 26, 2009

Atlantica Hotel 5:30-9:00pm

Guest Speaker: Dr. Thomas Marrie
Dean, Faculty of Medicine

Please visit the DoM website for a special newsletter celebrating the Department Members who received promotions in July 2009: **Drs. Stephen Beed, Stephen Couban, Sultan Darvesh, Richard Langley, Daniel Rayson, Neil Finkle, Michael Love, and Ratika Parkash.**



Congratulations to the 2008-09 DoM Grand Rounds Awards winners **Drs. Peter Daley**, Division of Infectious Diseases; **Martin Gardner**, Division of Cardiology; **Michael Love**, Division of Cardiology; and **Laurie Mallery & Paige Moorhouse**, Division of Geriatric Medicine.



The Team:

Front Row: Dr. Nancy Morrison; Dr. Debra Morrison; Ms. Evie Clarke, Secretary

Back Row: Dr. Paul Hernandez, Ms. Denise Buchanan, Secretary; Ms. Heidi Blois, Team Lead; Mr. Scott Fulton, Research Coordinator; Ms. Fran Gosse, CF Nurse; Dr. Dennis Bowie, Ms. Shelley Sani, secretary; Dr. Colm McParland, Dr. Graeme Rocker, Division Head

Missing: Ms. Michelle Baker, Manager; Dr. Graham Bishop, Saint John, NB; Ms. Vicki Christian, Booking Clerk; Ms. Andrea Dale, Research Coordinator; Dr. Gosia Klonowska-Phillips; Dr. Roger Michael; Ms. Joanne Young, Research Coordinator

photo by Anne Veinotte

The Division of Respiriology, located on the third floor of the Halifax Infirmiry, has five full-time physicians, two part-timers, and one community-based, as well as one joint appointment in New Brunswick. Support staff comprises three and one-half secretaries and one booking clerk. Respiriology has three full-time research coordinators and four part-time research staff.

The group provides specialized respiratory care to patients within the Capital Health District, to tertiary care Province wide, and to CF patients from across the Maritime Provinces. **Dr. Debra Morrison** provides leadership for the Sleep Disorders Clinic and Lab, **Dr. Colm McParland** is the Pulmonary Function Laboratory Director, **Dr. Roger Michael** is the Adult Cystic Fibrosis Program Director, and **Dr. Paul Hernandez** is the Pulmonary Rehabilitation Program Director.

Division members take great pride in their highly rated contributions to clinical care and educational programs for undergraduate and post graduate medicine. **Dr. Nancy Morrison** is the Program Director for Undergraduate Education for the Department of Medicine. **Dr. Debra Morrison** is head of the COPS II Respiriology/Cardiovascular Unit.

Research remains an active and vital component of the Division. They have enjoyed tremendous success in recent research grant competitions held by the Canadian Institute of Health Research (CIHR). **Dr. Graeme Rocker** has been awarded a second research grant as principal investigator with **Dr. Paul Hernandez** as co-applicant to further work to improve end-of-life care and dyspnea palliation for individuals with advanced COPD, a major research focus of the Division. Dr. Rocker is also co-applicant in a CIHR study of intensive care outcomes of the very elderly. **Dr. Paul Hernandez** has successfully collaborated with researchers from across the country as co-applicant in three additional multicentre, CIHR-funded studies in the research areas of COPD and pulmonary hypertension. **Dr. Debra Morrison** will collaborate again with a multicentre Canadian research group in a CIHR-funded study examining the role of treatment of sleep apnea in heart failure.

The Respiriology Subspecialty Resident Training Program (developed under the direction of **Dr. Colm McParland**) accepted its first trainee in July 2008, **Dr. Meredith Chiasson**. This has been greeted with enthusiasm within the local extended Respiratory community. The hope is to train specialists to boost the under-served Respiratory resources in the Maritimes.

The Cystic Fibrosis program continues to grow and more patients attend the QEII Adult Clinic than the IWK Paediatric Clinic! However, due to more intensive outpatient therapy and support, the number of patients admitted to hospital has remained stable. The CF dietician is now a certified diabetic educator, improving the care of CF related diabetes. To provide additional support for the large number of patients with sinus disease and for those with CF related diabetes due to the increasing average age of the CF clinic population, the Division will start joint clinics with ENT (**Dr. E. Massoud**) and the Division of Endocrinology/Metabolism (**Dr. Dale Clayton**). The CF clinic also follows six post lung transplant CF patients. The CF clinic is actively involved in many clinical research trials.

The Sleep Program welcomed back **Dr. Gosia Klonowska-Phillips** to a part time position. She is a Neurologist with fellowship training in sleep disorders. She joins a multidisciplinary team of physicians including **Dr. Malgorzata Rajda**, Psychiatrist; **Dr. Maria Angelopoulos**, Psychologist; **Drs. Chris Childs** and **Tarvinder Kukreja**, Mental Health Services General Practitioners; and **Dr. Debra Morrison**. The Sleep Clinic continues to see an increase in referrals from around the Maritimes. The Sleep Team recently held a very productive retreat.

Congratulations are in order to...

Dr. Graeme Rocker will receive the *Roger C Bone Award* for recognition in Leadership in End of Life Care from the American College of Chest Physicians in October. The purpose is to recognize a physician whose project/service has shown improved communication, compassion and effective listening between themselves and their patients and families, support of palliative and hospice care and/or teaching other physicians.

Members of the Division continue to participate nationally in the development of respirology practice guidelines. **Dr. Paul Hernandez** has done a stellar job in COPD guideline implementation work for the Canadian Thoracic Society. **Dr. Debra Morrison** is contributing to two CTS guideline committees, one for the update of the Adult Sleep Disordered Breathing Guidelines and the other in Home Mechanical Ventilation.

Dr. Dennis Bowie was recognized by the Royal College of Physicians and Surgeons with the 2008 Award of Excellence/Prix Excellence (Atlantic Provinces).

Dr. Roger Michael was installed as Governor for the American College of Chest Physicians, Atlantic Region in October.

WELCOME TO THE DoM



Melissa Andrew did her MD and Internal Medicine at Dalhousie. While a resident, she pursued her interest in research through the Clinician Investigator Program and completed a MSc Public Health, London School of Hygiene and Tropical Medicine. While completing her fellowship in Geriatric Medicine, she started a PhD program, which is near completion. She and her husband Lukas Pearse both play the double bass and have a daughter Zella, nearly 3 years old.



Ian Davis took his MD at the University of Toronto, Family Medicine at North York General, Internal Medicine at Dalhousie and Infectious Diseases/Medical Microbiology at Dal. He was an Infection Control/Medical Microbiology Specialist in Ontario from 2004–2009. Ian holds an appointment in the Division of Infectious Diseases with a cross appointment to the Department of Pathology.



Osama Elkhateeb graduated from Sana'a University in Yemen (1999). He came to the Division of Cardiology as a Clinical Associate (2001-02). He then did his Internal Medicine (2002-05) and Cardiology (2005-08) residency at Dalhousie. He completed one year of interventional cardiology fellowship at Dal (2008-09). Osama joined the Division of Cardiology in July.



Ian Epstein completed his Doctor of Medicine, Internal Medicine and Gastroenterology residency training at Dalhousie. He also holds a Diploma of Public Administration and BA from Dal, and has one year of journalism at the University of Kings College. Ian joined the Division of Gastroenterology in July.



Chris Gray, a cardiac electrophysiologist, received his MD, Internal Medicine and Cardiology from Dalhousie. He did fellowship training in Electrophysiology/ Cardiac Pacing at the University of Western Ontario. Clinical interests include invasive management of cardiac arrhythmias and inherited heart disease. Academic interests are medical ed & research in inherited heart disease and device based cardiac rhythm management.



Katalin Koller received her Doctor of Medicine, Internal Medicine and Geriatrics Fellowship training at Dalhousie. She has just completed a one-year Palliative Care Fellowship at McMaster University. The Division of Geriatric Medicine welcomes Kata and will utilize her unique training in a new palliative care service focusing on older adults who receive long-term care.



Paul Mears recently joined the Division of Cardiology and has opened a practice with Dr. Yung in Dartmouth. He received his MD from McMaster University before pursuing Internal Medicine and Cardiology at Dalhousie University. Before returning East, he completed a Cardiac Imaging Fellowship at McMaster University in Cardiac CT Angiography and Echo-cardiography.



Sara MacDonald received her BSc, MD, Internal Medicine, and Nephrology Fellowship training at Dalhousie. She also took Urban and Rural Planning at the Dalhousie School of Architecture and has her Master of Science in Soil Science from the University of Guelph. Sara has joined the Division of Nephrology for a one-year locum ending June 2010.



Geoffrey Williams returns to the DoM following an Advanced GI Therapeutics Fellowship at the University of Calgary (2008-09). Geoff completed his residency and GI fellowship training at Dalhousie, and he did a six-month locum in the Division of Gastroenterology before heading to Calgary.



The DoM is pleased to welcome **Ms. Kathryn McIlrath** as the DoM Physician Resource Officer. She has a Master of Arts degree with Honours in Psychology, University of St. Andrews; and a post-graduate diploma in Human Resources Management, University of Ulster. Kathryn has valuable work experience within Northern Ireland's Health Service.

Other News...

Dr. Marie Laryea, Hepatologist, has joined the Department of Surgery. Welcome back!

Dr. Carl Abbott has been reappointed in the Division of Endocrinology and Metabolism.

Dr. Walter Schlech, Division of Infectious Diseases, has moved to a part-time position.

Dr. Eammon Eeles has left the Division of General Medicine.

Drs. Stephen Fort and **Lawrence Sterns** have left the Division of Cardiology.

Dr. Dianne Mosher has left the Division of Rheumatology. She is the new Head, Division of Rheumatology, Calgary.

Drs. Kate Shields and **Trevor Topp** have left the Division of Critical Care but remain at Capital Health.

Dr. John Jensen, Medical Oncology, Cape Breton, retired.

Ms. Mary Blandin, **Ms. Elizabeth Burlton**, and **Mr. Graham MacIntyre** retired from the DoM Administrative Office, with a combined total of over 80 years in the DoM!

Dr. Robert (Bob) Anderson received a well deserved honorary degree from Dalhousie University at the spring convocation.